

Digging Deeper: The Way to Go

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THE MAIN THEME

Life is a journey filled with choices, turns, and moments of decision. God does not leave us to figure out the way on our own. Through confession, prayer, and focused trust in Jesus, He offers forgiveness, direction, and guidance. Moving forward spiritually requires honesty about where we've gone wrong, willingness to follow God's path, and commitment to keep Christ as our focus. When we trust Him, God faithfully leads us in the way we should go.

VERSE OF THE WEEK

1 Psalm 32:8

"I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."

WHAT NOT TO MISS

1. Everyone Needs Direction

Life is a journey, and every journey requires guidance. Left to ourselves, we easily lose our way.

2. Confession Is the First Step Forward

Unconfessed sin weighs us down and keeps us stuck. Freedom begins when we honestly admit our missteps before God.

3. Forgiveness Brings Relief and Protection

When we confess, God forgives fully and becomes our refuge, strength, and hiding place.

4. The Right Path Is Chosen Daily

Following God's way requires prayer, trust, and intentional alignment with His will.

5. Jesus Must Remain Our Focus

Staying in the right direction means keeping our eyes fixed on Jesus, trusting His instruction rather than resisting His guidance.

LIFE APPLICATION

Ask yourself this week:

Where am I right now in my journey with God?

God is not asking for perfection, but for honesty, humility, and trust. Rather than hiding our mistakes or choosing our own shortcuts, we are invited to confess, follow, and focus. True spiritual growth happens when we allow God to guide our steps daily.

DAILY DEVOTIONAL

MONDAY — Confession Opens the Way

Read: Psalm 32:1–4

Reflect: Silence about sin leads to spiritual heaviness.

Pray: “Lord, help me be honest with You.”

TUESDAY — We All Fall Short

Read: Romans 3:23

Reflect: Everyone needs grace; no one walks perfectly.

Pray: “Thank You for meeting me with mercy, not condemnation.”

WEDNESDAY — Forgiven and Protected

Read: Psalm 32:5–7

Reflect: God responds to confession with forgiveness and protection.

Pray: “You are my hiding place, Lord.”

THURSDAY — Choosing the Right Path

Read: Matthew 7:13

Reflect: God’s way is not always the easiest, but it leads to life.

Pray: “Give me courage to choose Your path.”

FRIDAY — Guided by God’s Loving Eye

Read: Psalm 32:8–11

Reflect: God delights in guiding those who trust Him.

Pray: “Jesus, help me follow You fully.”

FACILITATOR TIPS

- Ask: *“What does it look like to confess honestly in real life?”*
- Encourage reflection on how prayer shapes direction.
- Emphasize that guidance requires trust, not control.
- Create space for quiet reflection and prayer.

THIS WEEK’S CHALLENGE

Identify one intentional step you can take to follow God’s direction this week:

- Confess something you’ve been avoiding
- Set aside daily prayer time
- Seek God before making a decision
- Choose obedience over comfort

Then follow through.

SMALL GROUP DISCUSSION QUESTIONS

1. Why is confession so difficult, yet so freeing?
2. How does unconfessed sin affect our spiritual direction?
3. What helps you stay focused on Jesus during busy seasons?
4. How does prayer guide us back onto the right path?
5. Where do you feel God inviting you to trust Him more?
6. What does it mean to let God lead rather than resist Him?
7. How can our group help one another stay on the right path?

PRAYER POINTS

CONNECT

Thank God for His forgiveness and guidance.

CARE

Pray for hearts willing to confess and receive grace.

CULTIVATE

Ask God to deepen trust and consistency in prayer.

COMMISSION

Pray that God would lead us clearly as we follow Jesus daily.

CLOSING PRAYER

Lord, thank You for forgiving our sins and guiding our steps. Help us to confess honestly, follow Your path faithfully, and keep our eyes fixed on Jesus. Teach us the way we should go and give us the courage to trust You fully. Amen.