

Digging Deeper: Breaking Point

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THE MAIN THEME

Breakthrough is rarely sudden—it is usually born at a breaking point. God often allows us to reach the end of our strength so our faith can rise, our calling can become clear, and our willingness to sacrifice can deepen. At the breaking point, God moves us from brokenness to bold obedience, revealing that our greatest moments of purpose often emerge from our most difficult seasons.

VERSE OF THE WEEK

Esther 4:14

“And who knows but that you have come to your royal position for such a time as this?”

WHAT NOT TO MISS

1. Breakthrough Requires a Breaking Point

We rarely experience forward momentum without first reaching the end of ourselves.

2. Faith Rises in the Basement of Brokenness

Faith is often activated when survival instincts give way to dependence on God through mourning, fasting, and prayer.

3. Breaking Points Clarify Calling

When we sit with God long enough in the reality of what is, He reveals what we are called to do.

4. God Uses Unchosen Circumstances

Esther’s life circumstances were not chosen—but God used them for His purpose and His people.

5. Sacrifice Intensifies Breakthrough

True breakthrough often requires surrender, courage, and a willingness to lose so God can win.

LIFE APPLICATION

Ask yourself this week:

Have I reached my breaking point—and how am I responding to it?

Breaking points expose where we rely on ourselves versus where we trust God. Rather than retreating, God invites us to let faith rise, clarify our calling, and step forward in obedience—even when the cost is high.

DAILY DEVOTIONAL

MONDAY — Reaching the Breaking Point

Read: Esther 4:1

Reflect: Breaking points surface when we can no longer ignore reality.

Pray: “God, help me be honest about where I am.”

TUESDAY — Faith Rises from Brokenness

Read: Esther 4:8

Reflect: Faith grows when action is fueled by prayer.

Pray: “Strengthen my faith as I trust You.”

WEDNESDAY — Clarifying Calling

Read: Esther 4:13–14

Reflect: God reveals purpose in seasons we didn’t choose.

Pray: “Show me what You are calling me to do.”

THURSDAY — Counting the Cost

Read: Esther 4:15–16

Reflect: Obedience often requires sacrifice.

Pray: “Give me courage to obey, no matter the cost.”

FRIDAY — Stepping Forward in Faith

Read: Esther 4:16

Reflect: Breakthrough begins with faithful action.

Pray: “I trust You with the outcome, Lord.”

FACILITATOR TIPS

- Ask: *“What does a breaking point look like in real life?”*
 - Encourage reflection on fear, obedience, and surrender.
 - Emphasize that calling becomes clear through prayerful waiting.
 - Allow space for testimonies of faith under pressure.
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THIS WEEK’S CHALLENGE

Identify one breaking point you’re currently facing:

- Pray instead of panicking
- Fast from something that numbs or distracts
- Take one courageous step of obedience
- Release control and trust God

Then follow through.

SMALL GROUP DISCUSSION QUESTIONS

1. Why do breaking points often precede breakthroughs?
 2. How did Esther’s breaking point clarify her calling?
 3. What fears surface most strongly at breaking points?
 4. How can prayer transform panic into purpose?
 5. What does sacrificial obedience look like today?
 6. Where might God be asking you to step forward in faith?
 7. How can our group support one another at breaking points?
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PRAYER POINTS

CONNECT

Thank God for His presence in difficult seasons.

CARE

Pray for those feeling overwhelmed or pressed to the limit.

CULTIVATE

Ask God to grow courage, trust, and obedience.

COMMISSION

Pray that God would use our breaking points for His glory and others' good.

CLOSING PRAYER

Lord, when we reach our breaking point, help us trust You fully. Let our faith rise, our calling become clear, and our obedience deepen. Use our surrender to bring about the breakthrough only You can accomplish. Amen.