



NIAMH O'BRIEN



Keynote Speaker, Trainer, Coach

Champion of Quiet Power and Warrior for Quiet Souls

Prior to being an entrepreneur, Niamh was a highly successful leader and management consultant. She is passionate about demonstrating that making an impact and showing up as our best selves doesn't require us to be gregarious or verbose.

In her keynote speeches Niamh shares her journey from being a primarily silent and socially anxious individual, and a Highly Sensitive Person (HSP), to becoming a formidable and inspiring professional.

She reveals the skills and strategies that enabled her transformation, and shows how anyone regardless of their quiet nature can lead conversations, presentations and situations with authenticity, quiet strength and finesse.

Speaking Topics

You Don't Have To Be Loud To Lead or Unlock Your Quiet Power.

- How your excellence speaks for you.
- The beauty of speaking well rather a lot.
- The power of physical presence and engagement.
- The value of being your own champion.

Testimonials

"I completely loved your speech, everything about it. It resonated with me deeply on a personal level"

Dr Natasha Davison

"Niamh's natural manner and personal content make her a very relatable storyteller."

Sally Lean, M.Ed

"Niamh O'Brien's keynote was full of insights on how quiet leadership can be just as impactful - if not more so - than the loudest voice in the room"

PMI Victoria attendee

Contact Me



+61 410 285754



niamh@niamhobrien.au



instagram.com/niamh_masteryourimpact



www.linkedin.com/in/niamhobrienau



www.niamhobrien.au

