

REFERRALS

You can refer yourself from our website, by email or by calling us.

You can also be referred to our services by your healthcare or education providers, legal professionals, or your community workers.

**SCAN THE QR CODE
FOR MORE INFORMATION**



**Home-based
Family
Support**



Strong, connected and thriving
whānau and tamariki

CONTACT US

 0800 FAM CARE
(0800 326 2273)

  @AnglicanFamilyCare
 AnglicanFamilyCare.org.nz
 Enquiries@FamilyCare.org.nz

 DUNEDIN OFFICE
266 Hanover Street, Dunedin
 03 477 0801

 SOUTH OTAGO
Te Pou Ō Mata-Au
6 Clyde Street, Balclutha
 03 434 1011

 CENTRAL OTAGO /QUEENSTOWN LAKES
Alexandra Community House
14-20 Centennial Ave, Alexandra
 Wanaka Community Hub
34 McDougall Street, Wanaka
 03 448 8228

WHAT IS HOME-BASED FAMILY SUPPORT?

Our *Home-based Family Support* service works with parents/caregivers who want to develop and strengthen their parenting skills and confidence, so that their tamariki are able to reach their full potential.

We work together one on one at your pace, at your place.

We can offer our service by working with you one-on-one through the Circle of Security parenting programme, or you can choose what you want to focus on and develop a plan for this together.

HOW DOES IT WORK?

Our workers will:

- visit you at home, usually weekly, and get to know you and your whānau;
- support you to meet the emotional and physical needs of your tamariki and understand how they are growing and changing;
- help you work out what you want to achieve, change or improve, and make a plan with you to help you get there;
- build on your strengths and self-confidence;



"I feel more confident in knowing where and how to get help."

- assist you to connect with other services, specific to your needs;
- provide support and advocacy with other services.

IS IT FOR ME?

Home-Based Family Support is:

- a short to medium term service (around 6 to 9 months) for parents/caregivers with tamariki and rangatahi aged up to 17 years;
- led by you: you choose your goals and we help you to achieve them. We will ask you for feedback along the way;
- voluntary and free.

FIND OUT MORE ABOUT OUR PARENTING PROGRAMME:

- Circle of Security website: www.circleofsecurityinternational.com

"I felt listened to... and was able to make informed decisions"