

“He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.” – 1 Peter 2:24

# April 2026

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<b>SHALEM SPACES</b> H2 = Haven 2nd Floor      MH = Main Hall by Leasing Office      GR = Games Room H3 = Haven 3rd Floor      HC = Health Clinic      CY = Courtyard CAFE = Shalem Café      FR = Fitness Room (2nd Floor Court) WC = Wellness Centre      MS = Manor Social Room DR = Dining Room      SA = Shalem Atrium						<b>TV Channel 398 for Emmanuel Church</b>		<b>1</b> 9:30 H3 <b>Sit N' Fit</b> 10:15 H3 <b>Gentle Fitness</b> 2:00 SA <b>Chapel: Pastor Martin</b> 7:00 DR <b>BINGO with Lauren</b>	<b>2</b> 9:30 H3 <b>Sit N' Fit</b> 10:30 H2 <b>Mexican Train</b> 2:00 SA <b>Karaoke</b> 3:00 CAFÉ <b>Happy Hour Social</b> 7:00 GR <b>Shuffleboard</b>	<b>3</b>  6:30 SA <b>Movie: Passion of the Christ</b>		<b>4</b> 2:00 H2 <b>Cards/ Games</b> 7:00 H2 <b>Cards/ Games</b>	
<b>5</b> 10:00 <b>Emmanuel Church</b> <i>Emmanuel or Streamed (SA&amp;H2)</i> 	<b>6</b> <i>No Fitness Classes</i> 1:30 DR <b>Coffee Connect</b> 6:30 H2 <b>Cards/ Games</b> <i>with Mary</i>	<b>7</b> 9:30 H3 <b>Sit N' Fit</b> 10:00 SA <b>Clothing Sale</b> <i>Personal Touch Fashions</i> 3:00 SA <b>Documentary &amp; Chat</b> <i>Elephant Quest</i> 7:00 DR <b>Card Bingo</b>	<b>8</b> 9:30 H3 <b>Sit N' Fit</b> 10:30 H2 <b>Bible Trivia</b> 2:00 SA <b>Chapel: Pastor Ed</b>	<b>9</b> 9:30 H3 <b>Sit N' Fit</b> 10:00 <b>Bus Trip: Westbrook Mall</b> 1:30 H2 <b>Cribbage/ Scrabble</b> 3:00 CAFÉ <b>Happy Hour Social</b> 7:00 GR <b>Shuffleboard</b>	<b>10</b> 9:30 H3 <b>Sit N' Fit</b> 10:00 CAFÉ <b>Espresso Café</b> 10:15 H3 <b>Balance &amp; Strength</b> 1:15 MS <b>Prayer Fellowship</b> 2:00 DR <b>Rhythm Kats Music</b> 6:30 SA <b>Movie: Secondhand Miracles</b>	<b>11</b> 2:00 H2 <b>Cards/ Games</b> <i>with Joanne</i> 7:00 H2 <b>Cards/ Games</b>							
<b>12</b> 10:00 <b>Emmanuel Church</b> <i>Emmanuel or Streamed (SA&amp;H2)</i> 2:00 H2 <b>Cards/ Games</b> 6:30 SA <b>Hymn Sing</b> 7:00 H2 <b>Cards/ Games</b>	<b>13</b> 9:30 H3 <b>Sit N' Fit</b> 10:15 H3 <b>Balance &amp; Strength</b> 1:00 SA <b>Piano with Heather</b> 2:00 CAFÉ <b>Art with Geri (Lvl 1)</b> 7:00 H2 <b>Cards/ Games</b>	<b>14</b> 9:30 H3 <b>Sit N' Fit</b> 2:00 DR <b>Birthday Party</b> <i>Jerry Proppe</i> 7:00 DR <b>Card Bingo</b>	<b>15</b> 9:30 H3 <b>Sit N' Fit</b> 10:00 MS <b>Bible Study</b> <i>Sessions Resume - Pastor Allan</i> 10:30 MH <b>Tuck Shop</b> 2:00 SA <b>Chapel: Pastor Phil</b> 7:00 DR <b>BINGO with Lauren</b>	<b>16</b> 9:30 H3 <b>Sit N' Fit</b> 10:15 H3 <b>Gentle Fitness</b> 10:30 <b>Bus Trip: ROARR</b> <i>Lunch at RiverCross (rescheduled)</i> 3:00 CAFÉ <b>Happy Banana Social</b> 7:00 DR <b>New Beginnings Choir</b>	<b>17</b> 9:30 H3 <b>Sit N' Fit</b> 10:00 CAFÉ <b>Espresso Café</b> 10:15 H3 <b>Chair Cardio</b> 1:15 MS <b>Prayer Fellowship</b> 2:30 H2 <b>Cribbage/ Scrabble</b>	<b>18</b> 2:00 H2 <b>Cards/ Games</b> 2:00 SA <b>Movie Matinee</b> <i>Hearts of Spring</i> 7:00 H2 <b>Cards/ Games</b>							
<b>19</b> 10:00 <b>Emmanuel Church</b> <i>Emmanuel or Streamed (SA&amp;H2)</i> 2:00 H2 <b>Cards/ Games</b> 7:00 H2 <b>Cards/ Games</b>	<b>20</b> <i>No Fitness Classes</i> 10:30 H2 <b>Tea &amp; Chat</b> 1:30 H2 <b>MONOPOLY Game</b> 7:00 H2 <b>Cards/ Games</b>	<b>21</b> 9:30 H3 <b>Sit N' Fit</b> 2:00 MS <b>Sweets &amp; Social</b> <i>Cream Puffs</i> 7:00 DR <b>Card Bingo</b>	<b>22</b> <b>Covid Vaccine Clinic</b> 9:30 SA <i>Haven Residents</i> 10:15 SA <i>Court Residents</i> 11:00 SA <i>Manor Residents</i> 10:00 MS <b>Bible Study</b> 2:00 SA <b>Chapel: Pastor Harry</b>	<b>23</b> 9:30 H3 <b>Sit N' Fit</b> 10:00 SA <b>Blood Pressure Clinic</b> 10:15 H3 <b>Gentle Fitness</b> 2:00 CY <b>Mini Petting Farm</b> 3:00 CAFÉ <b>Happy Hour Social</b> 7:00 GR <b>Shuffleboard</b>	<b>24</b> 9:30 H3 <b>Sit N' Fit</b> 10:00 CAFÉ <b>Espresso Café</b> 10:15 H3 <b>Balance &amp; Strength</b> 1:15 MS <b>Prayer Fellowship</b> 2:30 H3 <b>Tunes Together</b> 6:30 SA <b>Movie: The Swedish Connection</b>	<b>25</b> 10:30 SA <b>Books n' Brew</b> <i>with Cheri</i> 2:00 H2 <b>Cards/ Games</b> <i>with Joanne</i> 7:00 H2 <b>Cards/ Games</b>							
<b>26</b> 10:00 <b>Emmanuel Church</b> <i>Emmanuel or Streamed (SA&amp;H2)</i> 2:00 H2 <b>Cards/ Games</b> 6:30 SA <b>Hymn Sing</b> 7:00 H2 <b>Cards/ Games</b>	<b>27</b> 9:30 H3 <b>Sit N' Fit</b> 10:15 H3 <b>Balance &amp; Strength</b> 10:30 SA <b>Fraud Prevention</b> <i>Scotia Wealth Management</i> 2:00 CAFÉ <b>Art with Geri (Lvl 2)</b> 7:00 H2 <b>Cards/ Games</b>	<b>28</b> 9:30 H3 <b>Sit N' Fit</b> 10:45 <b>Bus Trip: Sharp Music Café</b> <i>Brunch with a Melody</i> 1:00 SA <b>Processing Grief</b> <i>Workshop with Pastor Cari</i> 7:00 DR <b>Card Bingo</b>	<b>29</b> 9:30 H3 <b>Sit N' Fit</b> 10:00 MS <b>Bible Study</b> 2:00 SA <b>Chapel: Pastor Allan</b> 3:00 CAFÉ <b>Welcome Social</b> <i>Meet new residents of Shalem</i>	<b>30</b> 9:30 H3 <b>Sit N' Fit</b> 10:15 H3 <b>Gentle Fitness</b> 2:00 SA <b>Karaoke</b> 3:00 CAFÉ <b>Happy Hour Social</b> 7:00 GR <b>Shuffleboard</b>									