

NATIONAL YOUTH LEADERSHIP TRAINING

Dear Potential NYLT Participant,

If you've received this message, it means you've begun your NYLT registration! Congratulations on being nominated to attend National Youth Leadership Training (NYLT)! I'm so excited that you're up for the challenge.

Signing up through Double Knot was your first step. Your registration will be considered complete when you submit both the PARTICIPANT AGREEMENT (signed by you, your parent/guardian and your unit leader) and the PERSONAL RESOURCE QUESTIONNAIRE through nylt@sdicbsa.org. Please submit these as soon as possible. Your spot on course is guaranteed when the following four items are verified and your fees are paid in full:

1. Double Knot registration
2. \$100 non-refundable deposit
3. submission of the PARTICIPANT AGREEMENT to nylt@sdicbsa.org
4. submission of the PERSONAL RESOURCE QUESTIONNAIRE to nylt@sdicbsa.org

Upon receipt of these forms your application is considered complete, and it will then be reviewed by the Course Director(s) for admission into the course. You will be notified of your acceptance within a month of your complete submission. In anticipation that your application is accepted, this packet provides details for the course, the required paperwork, and the course check-in/pick-up information.

During your NYLT course, you will have a chance to learn new Scout skills that you can apply in your home unit. Learning the skills of leadership is an important part of this training. During the course, you and other youth leaders from units all over the San Diego-Imperial Council will be working together as members of a team through the patrol method. This is a youth-led training, and your staff (all NYLT alums) has been training for months to facilitate your course.

The course fee covers: the cost of all meals (it's all catered), two NYLT T-shirts and all program and training materials. Bring your Scout spirit, positive attitude, and wear your full scout field uniform for the BSA program in which you are registered.

This document also has a list of the equipment you should bring with you on the course. If you have any problem with acquiring any of these, check with your Unit Leader for help. Let us know if you have any unresolved equipment problems prior to the start of the course so we can assist you. Please do not bring electronics. WiFi is weak and charging devices will be a challenge.

Additionally, we have attached (or linked to) forms to be completed and returned:

- Medical Forms: Scouting America Annual Health and Medical Record form, Parts A, B & C must be submitted prior to arrival on December 28th. Participants cannot be accepted on the course without signed medical forms from a medical professional – No Exceptions.
- Medication Form: List of any medications to be administered while on course with instructions on dosage, and frequency and time of administration.
- Code of Conduct: Each participant must sign this from agreeing to behavior standards for the course. A parent is also required to sign this form.

Attendance at the two-hour Pre-course Meeting early in December is required for all participants and a parent or legal guardian. If you are unable to attend the pre-course meeting, it is your

responsibility to contact the Course Director as soon as possible. Arrangements will be made for the collection and submission of required forms, as well as to ensure you receive all important information related to the course. All forms must be submitted to Council before your arrival on course. Please be aware that Scouts will not be permitted to participate in the course unless all required forms are on file with Council.

The delivery of the NYLT program in a split format is new to SDIC. Our intention is to increase access of the program to Scouts who would not be able to attend during the summer. We are anticipating the session to fill quickly, so please don't hesitate to register. And remember you must attend both sessions to complete the course.

Additionally, this is 'closed campus' course. You will be busy with lots of learning and activities. Visitors are not permitted on the property during the sessions. If there is an emergency in which you need to be removed from the property, your parents or legal guardian will need to contact the Course Director.

We are excited about the upcoming National Youth Leadership Training (NYLT) course and sincerely hope you share this enthusiasm. This training promises to be an enriching and exciting experience designed to support your development as a leader within Scouting. Through your participation, you will become better qualified and better prepared, gaining new skills and insights that will motivate you to excel in your current and future Scouting leadership roles. We are confident that NYLT will not only enhance your abilities and effectiveness in Scouting but will also have a positive impact on your personal life. The training you receive here is intended to benefit you beyond your Scout activities, equipping you with valuable skills and experience that will serve you well in all aspects of your life.

If there are any questions after reading the information provided, I'm happy to answer any questions.

Yours in Scouting,

Rebecca Barnett
Course Director, SDIC NYLT Winter 2026-27

PARTICIPATION AGREEMENT

Scouting America, San Diego-Imperial Council

Please print this form, fill in your name, read each section and acquire all signatures. Submit on line to nylt@sdicbsa.org

Registration is required through Double Knot.

SCOUT NAME:	
SCOUT PARTICIPANT AGREEMENT:	
I certify that I have attended at least one long-term BSA camp prior to my NYLT experience completed either Introduction to Leadership Skills for Troops (replaced Troop Leadership Training) or for Venturers - Crew Officer Orientation and Introduction to Leadership Skills for Crews or Ships (replaced Venturing Leadership Skills Course). While in attendance at NYLT, I promise to live by the Scout Oath and Law/Venturing Oath and the conditions of the NYLT Statement of Understanding and Code of Conduct. I will do my best to ensure that I, and those around me, will have an enjoyable experience at NYLT. Signature: _____ Date: _____	
SCOUT LEADER RECOMMENDATION:	
I approve this application. I believe the Scout/Venturer/Sea Scout/Explorer has taken Introduction to Leadership Skills for Troops/Crews/Ships, meets all the requirements for participation, and is, or will be, a leader in his/her unit who will use the lessons of NYLT to improve the Scouting experience of his/her peers. Scout Leader Name (Printed): _____ Email: _____ Phone: _____ Address: _____ City/Zip Code: _____ Signature: _____ Date: _____	
PARENT OR GUARDIAN AGREEMENT:	
I approve this application. I believe my Scout/Venturer/Sea Scout/Explorer will be a good citizen while attending NYLT. I understand participants need a full Scout uniform, personal camping equipment and transportation to and from this course. I will collect my Scout/Venturer from camp if he/she is asked to leave the course early due to noncompliance of the NYLT Statement of Understanding and Code of Conduct. No refunds will be issued if my Scout is required to leave the NYLT course early. Name (Printed): _____ Email: _____ Phone: _____ Signature: _____ Date: _____	

PARTICIPANT RESOURCE QUESTIONNAIRE

Name: _____ Patrol (leave blank) _____

Home address: _____ (street, city, state)

Email: _____

Phone: _____

School: _____ Grade: _____

Birth Date: _____

Hobbies: _____

Rank: _____ Current Leadership position in troop/crew: _____ Unit #: _____

Non-Scouting Clubs/Org: _____

Religion: _____

Other leadership positions held/how long? _____

Scout training courses attended/when? _____

School or other group offices held: _____

Part-time jobs held: _____

Outdoor skills most enjoyed: _____

Outdoor skills least enjoyed: _____

Skills you can instruct on: _____

Campfire skills you have (leading games, songs, skits, etc.): _____

Ways you feel you can contribute to your patrol during this course: _____

Why you decided to participate in NYLT: _____

What do you hope to gain from NYLT: _____

Recognitions (Eagle/date, Venturing, OA/Honor, Religious Awards, other): _____

High-adventure experiences (Philmont expeditions, high-adventure base trips, 50-milers, historic trails, High Sierra, Appalachian Trail trips, etc.):

Vocational interest(s): _____

Medical Alerts / Dietary needs: (Please list any medical problems and allergies that we should be aware of – include food allergies or any specific dietary requirements):

NATIONAL YOUTH LEADERSHIP TRAINING

LIST OF ENCLOSURES

	Item	Action
1	Participation Agreement	Needed to complete application. Complete (signed by participant, parent or legal guardian and unit leader or designate) and email to nylt@sdicbsa.org
2	Participant Resource Questionnaire (PRQ)	Needed to complete application. Complete and email to nylt@sdicbsa.org
3	Mandatory Pre-Course Meeting Information Sheet	Read information about the mandatory meeting for participants and parents regarding the course.
4	Course Sessions Information Sheet	Read for specific registered course week including important check in/departure information.
5	Instructions and Helpful Hints for Participants	Read this for compliance and useful information.
6	Personal Equipment Checklist	Read to help determine what to bring to the course (and what to NOT bring).
7	Participant Medications Form & Note to Parents	Have your parent/guardian complete and email/mail to the San Diego-Imperial Council (address below).
8	Payment Information & Refund Policies	Review
9	Code of Conduct	Complete (signed by participant and parent or guardian) and email/mail to the San Diego-Imperial Council (address below)
	Annual Health and Medical Forms Link	Complete and email/mail, we must have this on record prior to start of course (address below). Participants will not be accepted on the course without valid medical forms – No Exceptions.

Submit Completed Forms by:

- Email to nylt@sdicbsa.org
- Standard Mail to

Scouting America | San Diego-Imperial Council
ATTN: NYLT Registrar Winter 2026-2027
 1207 Upas Street
 San Diego, CA 92103

MANDATORY PRE-COURSE MEETING

When: **Wednesday, December 2nd, 2026 6–8 PM**

Where: Camp Fiesta Island, 1750 Fiesta Island Rd, San Diego, CA 92109

Why: Provide information about the course, answer questions, and submit all paperwork.

Who: Participant and at least one parent or guardian must attend. Unit Leaders are encouraged to attend.

What: Bring any missing forms not yet mailed:

1. Medical form (Parts A&B)
2. Participant Medication List
3. Personal Resource Questionnaire
4. Code of Conduct
5. Participation Agreement

Plenty of Scouting ENTHUSIASM

Wear: Full and complete Scout Field Uniform (Class As), pictures will be taken

If you are unable to attend the Pre-course, please notify the Course Director ASAP to confirm document submission and to relate any course information.

Contact info:

Course Director: nylt@sdicbsa.org

Council office: 619.298.6121

COURSE SESSIONS INFORMATION SHEET

Course Dates

Session 1: Monday, December 28th – Wednesday, December 30th 2026

Session 2: Saturday, January 16th – Monday, January 18th 2027

Location

Camp Fiesta Island, 750 Fiesta Island Road, San Diego CA 92109

	Session 1	Session 2
Check-in	Monday, December 28 th , 2026 - Gates open at 4 PM - Arrive no later than 5 PM - First Troop Assembly 6 PM - Wear Class A's - Parent/Guardian must be present at Check-in	Saturday, January 15 th , 2027 - Gates open at 4 PM - Arrive no later than 5 PM - First Troop Assembly 5 PM - Wear Class A's - Parent/Guardian must be present at Check-in
Check-out	Wednesday, December 30 th , 2026 - Closing Assembly 5 PM - Scouts released at 5:30 PM to Parent/Guardian ¹	Monday, January 18 th , 2027 - Closing Assembly 4:30 PM (see note below) - Course finishes at 6:00pm. All participants must be picked up by 6:30pm - Collect all medical forms - Scouts released Parent/Guardian ¹

Closing Assembly on Monday, January 18th

Parents and unit leaders are invited to attend our closing assembly. A sign-up sheet will be available at both check-ins for us to ensure an accurate headcount.

Questions

Please send an email message to Course Directors or call council office.

Contacts

nylt@sdicbsa.org

Council office: 619.298.6121

¹ ONLY adults listed on the Scout's Medical Form Part A can pick up Scout.

INSTRUCTIONS AND HELPFUL HINTS FOR PARTICIPANTS

COURSE CONTENT

You've probably heard about National Youth Leadership Training (NYLT) from the older scouts in your Scouting America Unit and while there are no secrets, some of the course's activities and events are best experienced without knowing what to expect. Enjoying NYLT is easier if you let yourself discover each part naturally, rather than trying to predict the schedule. Remember, this is a youth leadership training, so you won't be working on rank requirements or merit badges.

NYLT is entirely focused on leadership; every moment of the program is planned, and there aren't any optional activities. Your time will be filled with games, discussions, and group activities. Taking notes is strongly encouraged because it helps you understand and remember the concepts taught, so you can apply them when you return to your unit after the course.

Physical Fitness

The six-day course requires a lot of physical activity. There are no running or endurance tests, but a lot of walking, standing, and long hours. You must submit a current and completed [BSA medical form \(Parts A&B\)](#) before course starts. Please make sure both a parent and doctor sign your form **within one year of December 28, 2026**.

Getting to know you

Your initial online registration provided us with some personal data concerning you, but we would like to know more about your personal and Scouting accomplishments, outdoor experiences and expectations for this course. Please complete and return the enclosed Personal Resource Questionnaire (pgs 4-5 in this packet).

Travel and Check-in

Scouts are expected to arrive at Camp Fiesta Island for check-in between 4:00 and 5:00 PM for both sessions. Upon entering Fiesta Island Drive, please note that the road is one-way around the island; follow the NYLT signs to turn right into the Youth Aquatic Center. Scouts arriving before 4:00 PM, may be requested to wait until registration officially opens.

Parents or other responsible adults must confirm with the check-in desk that all necessary paperwork is complete and deposit any medications (in their original containers) in a clearly marked bag with the medical officer. This process is essential and must be completed accurately. It will not require extensive time. **Participants may be sent home if the required forms are not submitted.**

All gear and uniforms must be carried by each participant in a single trip to their bunkhouse, so please pack accordingly. Each scout will be responsible for transporting their own backpack after being dropped off by a parent or unit leader.

Session 1 Check-out and Closing Ceremony on Monday, January 18th 2027

You will be released at the conclusion of the course at approximately 5 PM for both sessions. **Only adults listed on your Medical form Part A can pick you up.** Please arrange to be picked up no later than 5:30 PM.

Please invite your parents and unit leaders to join us for the Closing Ceremonies on January 18th. They should plan to arrive at 4 PM. A sign-up sheet will be available at both check-ins for us to ensure an accurate headcount.

Uniforms and packing

Both sessions will be conducted in the official **full and complete Scout field uniform (Class As)**. Two NYLT course T-shirts will be provided upon arrival at the course.

You will wear the scout uniform of your home unit. Do not remove any insignia from your uniforms. An NYLT neckerchief will be provided. **Please do not bring your unit neckerchief, OA sash, or merit badge sash.**

Participants are expected to hand carry everything in one trip from the drop-off spot to their bunkhouse. We encourage you to utilize a backpack so that you can easily carry everything in one trip; for Session 2 you will be backpacking to a one-night outpost camp. If you do not own a backpack, please check with your unit leader to see if it is possible for you to borrow one. Let us know if you need any additional gear.

Shoes are required to be worn at all times. We recommend comfortable shoes; hiking boots are best. Tennis shoes make a good pair of spare shoes. Open-toed sandals/Croc like shoes are not to be worn during course.

Equipment

You must bring a suitable sleeping bag. The bunkhouse does have basic bunk pads and your personal sleeping pad makes it much more comfortable. A small carry bag will be provided to carry course material between sessions. A heavy marine layer is usual for this time of year at on Fiesta Island, while you're sleeping in a bunkhouse, the mornings can be damp and chilly, please plan accordingly.

For Session 2 Outpost will need a two-person tent or smaller as space is limited. You will be given time during Session 1 to plan your tent buddy and gear situation. NYLT does NOT provide tents for the participants.

DO NOT BRING

- Any form of electronic items such as computers, radios, TV, portable music devices, or games
- Cell phones must be stored in your personal gear for the duration of course
- Marijuana (any form), alcohol or illegal drugs
- Fireworks, sheath knives or pornography
- Food

Food

Do not bring food. You will be well fed on the course. Please inform of us of any dietary restrictions or allergies at the pre-course meeting so Quartermasters' can work with the catering company on menu adjustments. On site notifications of restrictions leave us little time to adapt and we want you fed properly.

If you are bringing special dietary foods to camp, please notify us at the Pre-course meeting, bring them to course labeled with you name and give them to the Quartermaster at check-in.

Prescription Medications

Please use the enclosed medication form to list each medication you take (name, dose, frequency, time of day). Prescriptions must be in their original packaging with dosages as listed on your Participant Medication Form. Our health officer cannot deviate from the instructions on the original prescription bottle. Place all medications in a re-sealable plastic bag with your name written on it. These will be turned into the Health Officer at check-in and returned to you at check-out.

Mandatory Pre-course Meeting

A **Mandatory** Pre-course Meeting will be held at Camp Fiesta Island, 1750 Fiesta Island Road from 6-8 PM on December 2nd 2026; you and at least one parent or guardian must be present for this meeting. You are welcome to invite your unit leader to acquaint them with the expectations and goals that you will be setting to help your home unit.

Outside contact during camp

You should not expect to be able to receive or make telephone calls at camp. We strongly encourage scouts to focus on the course and NOT call home. Often, taking or making calls to/from home leads to home sickness. If your family needs to contact you we ask that they notify the Course Director and they will pull you from course as necessary. Your phone is to remain with your personal gear during all sessions. The Course Director's number for emergency contact only is Rebecca Barnett 858 774 5715

PERSONAL EQUIPMENT CHECKLIST ²

IMPORTANT

- ☐ Medications and instructions (bagged and labeled)

CLOTHING

- ☐ Official BSA short-sleeved shirt
- ☐ Official BSA uniform shorts/trousers/switchbacks
- ☐ Official BSA socks (any length)
- ☐ Official BSA belt & buckle
- ☐ Shoes suitable for hiking
- ☐ Change of shoes, as desired (no open-toed shoes)
- ☐ Raincoat, poncho, or rain suit
- ☐ Sweater, jacket
- ☐ Knit Cap
- ☐ Underclothing
- ☐ Pajamas

EQUIPMENT

- ☐ Backpack (suitable for overnight trip, w/ or w/out frame)
- ☐ Sleeping bag
- ☐ Air mattress or foam pad
- ☐ Pillow
- 2nd Week ONLY Outpost
- ☐ Lightweight two-person tent
- ☐ Ground cloth (waterproof)
- ☐ Backpack stove with fuel can be shared with another Scout
- ☐ Mess Kit

ESSENTIALS

- ☐ Canteen or water bottle
- ☐ Wristwatch—NOT CELL PHONE
- ☐ Sunglasses
- ☐ Compass
- ☐ Flashlight

- ☐ Personal first aid kit
- ☐ Ball-point pen
- ☐ Pocketknife, Totin' chip required
- ☐ Work gloves

PERSONAL HYGIENE

- ☐ Toothbrush and paste
- ☐ Comb/Brush
- ☐ Deodorant
- ☐ Sunscreen
- ☐ Lip Balm/Chapstick

OPTIONAL

- ☐ Official long-sleeve shirt
- ☐ Camera (Please-no Cell Phones)
- ☐ Favorite personal Scouting equipment
- ☐ Musical instrument (small only)
- ☐ BSA Handbook or Field book

DO NOT BRING

- Any form of electronic items such as computers, radios, TV, portable music devices, or games.
- Do not bring alcohol, marijuana or illegal drugs.
- Do not bring fireworks, sheath knives or pornography.
- Do not bring food items, as you will be well fed on the course; food is not permitted in the bunkhouse.

² Label EVERYTHING with your name and Unit #

PARTICIPANT MEDICATIONS FORM

List all medications currently used. **Please mark here for "NONE" ☐.**

Inhalers and EpiPen information must be included, even if they are for occasional or emergency use only.

Medication:	Medication:	Medication:
Strength:	Strength:	Strength:
Frequency/Time of Day:	Frequency/Time of Day:	Frequency/Time of Day:
Approximate Date Started:	Approximate Date Started:	Approximate Date Started:
Reason for Medication:	Reason for Medication:	Reason for Medication:
Medication:	Medication:	Medication:
Strength:	Strength:	Strength:
Frequency/Time of Day:	Frequency/Time of Day:	Frequency/Time of Day:
Approximate Date Started:	Approximate Date Started:	Approximate Date Started:
Reason for Medication:	Reason for Medication:	Reason for Medication:
Medication:	Medication:	Medication:
Strength:	Strength:	Strength:
Frequency/Time of Day:	Frequency/Time of Day:	Frequency/Time of Day:
Approximate Date Started:	Approximate Date Started:	Approximate Date Started:
Reason for Medication:	Reason for Medication:	Reason for Medication:

Administration of the above medications is approved by: _____ Date: _____.

Parent/guardian signature (required)

NOTE TO PARENTS REGARDING MEDICAL FORMS, MEDICATIONS and FOOD ALLERGIES

Medical Forms

To participate in NYLT, the necessary, current medical forms need to be on file no later than the first day of the course. Youth showing up to the course without the necessary Medical Forms will be sent home.

You must fill out Sections A, B, and C of the form completely, and Section C must be signed by a licensed healthcare practitioner. Part C is good for 1 year from signing and must be in good standing through January 18th, 2027. We cannot accept physicals prior to January 18th, 2026.

Medications

Participants **SHOULD NOT STOP taking any maintenance medications.**

Place all medications* in a large Ziploc bag with your youth's name written on the bag.³

- Be sure to bring medications in sufficient quantities in their original containers.
- Place a note in the bag with the following information (for each medication):
 - Name of the medication (s) (including inhaler and EpiPen)
 - The proper amount or dose to be taken.
 - Time of day or night the medication needs to be taken.
 - Make sure that they are NOT expired, including inhalers and EpiPen.
- Please be sure to pick up your youth's medication at the end of the course.

Course Health Officer

- Will collect all medications at arrival
- Monitor all medications in a safe secure place
- Administer all medication to youth participants daily, following medical direction as prescribed
- Make every effort to maintain the privacy of youth participants and their medical needs

Dietary Requirements

If your youth has any special food requirements or known allergies, please let the Adult Staff members know at the pre-course meeting, so that arrangements can be made prior to the start of the course.

³ Inhalers and EpiPens will be always kept in the youth's pocket.

Payment Information & Refund Policies

- Total course cost is \$400 (if registered by September 9th, 2026) or \$450 (if registered September 10th – November 1st).
- A non-refundable deposit of \$100 is due at registration.
- Full payment is due by November 1st, 2026.
- Written cancellations received on or before November 2nd can receive a partial refund of up to \$225 and priority registration for the 2027 courses.
- If you are in a situation where you need to cancel, please notify us ASAP as we may be able to enable a Scout from our waiting list to attend!

SAN DIEGO-IMPERIAL COUNCIL
STATEMENT OF UNDERSTANDING AND CODE OF CONDUCT

NYLT participants and their parents or guardians are asked to read and sign the Statement of Understanding and Code of Conduct as a condition of participation.

Serious misconduct or infraction of rules may result in expulsion from the NYLT course. Ultimately, each participant is responsible for his/her own behavior, and when necessary, a participant will be removed from the course. We abide by the Scout Oath and Law in all we do.

All NYLT participants will abide by the Code of Conduct as follows:

1. NYLT adult leaders are responsible for the supervision of all course participants in respect to maintaining discipline, security, safety, and the NYLT Code of Conduct.
2. As a participant, I will use the Scout Oath and Scout Law as my guide throughout the NYLT course.
3. I will set a good example by being neatly dressed and presentable in the proper NYLT course uniform.
4. I will attend all scheduled program events on time and participate as required in cooperation with other NYLT course participants.
5. I will be responsible for keeping my tent and personal gear clean and neat. I will do my share to prevent littering of the camp facility.
6. I understand that the purchase, possession, or consumption of alcoholic beverages, marijuana, or illegal drugs by any NYLT participant is prohibited. Any violation of this code will result in expulsion.
7. Serious and/or repetitive behavior violations, including use of tobacco, stealing, dishonesty, inappropriate language, or discussions, fighting, and disrespect for others will not be tolerated and are grounds for expulsion.
8. I understand that gambling of any form is prohibited.
9. I understand that use of lasers, fireworks, or any use of fire other than for cooking, are prohibited.
10. I will demonstrate respect for NYLT and BSA Camp property, and will be personally responsible for any loss, breakage, or vandalism as a result of misuse of camp facilities or equipment.
11. NYLT staff will not be responsible for loss, breakage, or theft of participant personal items. Personal items should be labeled, and items of value left at home.
12. While participating in NYLT course activities, I will obey the safety rules and instructions of all staff members.
13. I understand that firearms are prohibited. Scout approved knives are allowed, but misuse will be cause for expulsion.
14. I understand that hazing, or any action that fails to show respect for an individual, has no place in Scouting, and could be cause for expulsion.
15. I understand the NYLT Health Officer will dispense all medications, unless there is approval and need for urgency in case of an emergency (e.g., life threatening allergy).

I certify that I have read the Statement of Understanding and agree to abide by the conditions of the Code of Conduct as a participant in the NYLT course. I understand that I can be expelled from the course if I do not abide by this Code of Conduct while a participant on the NYLT course.

Scout Printed Name: _____

Date: _____

Signature of Scout: _____

Signature of Parent/Guardian: _____

Date: _____