



# PRODUCERS' COACHING WORKSHOP

October 25 - 28, 2025

by  
BUDAPEST INTERNATIONAL FILM FESTIVAL

by

**BIFF** BUDAPEST  
INTERNATIONAL  
FILM FESTIVAL

&

CINE — **BIFF**  
COLLEGIUM  
BUDAPEST

Producers carry immense pressure.  
They support, serve, and deliver – constantly.  
The weight of responsibility is relentless.

But who takes care of them?

**Who asks how *they're* doing?**

We wished we could offer producers something

**TANGIBLE**

**EFFECTIVE**

**INDEPENDENT OF EXTERNAL (MARKET) CONDITIONS**

**ALWAYS ACCESSIBLE**

Something that makes them feel better  
and perform better – from the inside out.

We have designed

## an **INTENSIVE, TRANSFORMATIVE WORKSHOP** for 10 selected international producers

- No frontal lectures or panel talks, but an **interactive, experience-based** process
  - **In-depth and goal oriented** at the same time, with **identifiable outcomes**
- where participants engage in **group work** and actively facilitate and support each other's **individual growth**
- based on methods of **Gestalt and Solution-Focused Coaching and Mentalisation-Based Therapy**
  - focusing on **SELF-AWARENESS, INNER STABILITY, LEADERSHIP FROM WITHIN, LASTING RESILIENCE and SOCIAL SUSTAINABILITY**

By internationally trained, globally acknowledged  
**MENTAL HEALTH PROFESSIONALS**  
with experience from multiple continents and diverse cultures



## Andrea Szabó

Leadership coach & Therapist

Andrea is an accredited leadership and career coach, Gestalt therapist, and facilitator with over two decades of experience supporting individuals and teams – from startups and scaleups to small NGOs – across continents and cultures. From the US to Japan, now in CEE and the Baltics, she helps leaders unlock their potential. Her work integrates coaching, therapy-informed methods, and embodied practices to foster authentic, sustainable growth. She is dedicated to cultivating self-awareness, resilience, and integrity in leaders and communities with a cross-cultural approach.



## Dalma Hosszú

Leadership coach & Psychologist

Dalma is an internationally recognized non-profit leader, mental health professional, and experienced group facilitator. She has designed and led numerous group development programmes and has worked across the US, Asia, and Sub-Saharan Africa. Her work blends coaching, therapy-informed tools, and body-mind practices, all grounded in evidence-based frameworks that support real, lasting growth and boost creativity. She is deeply committed to social justice and the well-being of vulnerable communities.



## Viki Réka Kiss

Producer & Business coach

With over a decade of experience in international film production – including acclaimed works like *Son of Saul*, *A Woman Captured*, and *KIX* – Viki blends creative excellence with a deep understanding of the international industry, alongside a unique attentiveness to people and presence for others. Her commitment to social sustainability and mental well-being makes her an invaluable “peer mentor,” helping to foster a reflective and supportive workshop space where filmmakers can grow with resilience and purpose.

# AIM & METHOD

- To enhance participants' **self-awareness** by reflecting on their **professional journeys** and identifying their leadership style and **unique power**
- Throughout the workshop, participants will also learn and practice **coaching skills** themselves
- We will create a **safe and supportive** environment where they can witness and facilitate each others **growth** - continuously throughout the online follow up sessions
- The facilitators will integrate tools, techniques and methods of **Gestalt** and **Solution-Focused Coaching** and **Mentalisation-Based Therapy** among others.

# 4 DAYS in BUDAPEST • & ONLINE FOLLOW UP

*Pre-workshop online interviews and selection process*

*24 Oct 2025 - Day 0 - arrival*

**25 - 28 Oct 2025 - 4 Day workshop**

*29 Oct 2025 - Day 5 - departure (unless you are staying for BIFF)*

**2 months later - online team coaching follow up**

**4 months later - online team coaching follow up**

- *a key hub for international film productions, with rich cinematic heritage and strong traditions in mental health science*

**Tuition fee TOTAL: 790 EUR net + VAT**

- **Offline session: 450 EUR + 27% Hungarian VAT**
- **Online sessions: 340 EUR + VAT of your own country**
- *Not covering accommodation but we are offering and organizing the most optimal options for you*
- *Including festival accreditation and access to screenings, parties etc.*
- *Travel costs are not included.*
- *Due to the lack of funding we are at this moment unable to provide scholarships, but check with your local fund, they often offer support!*

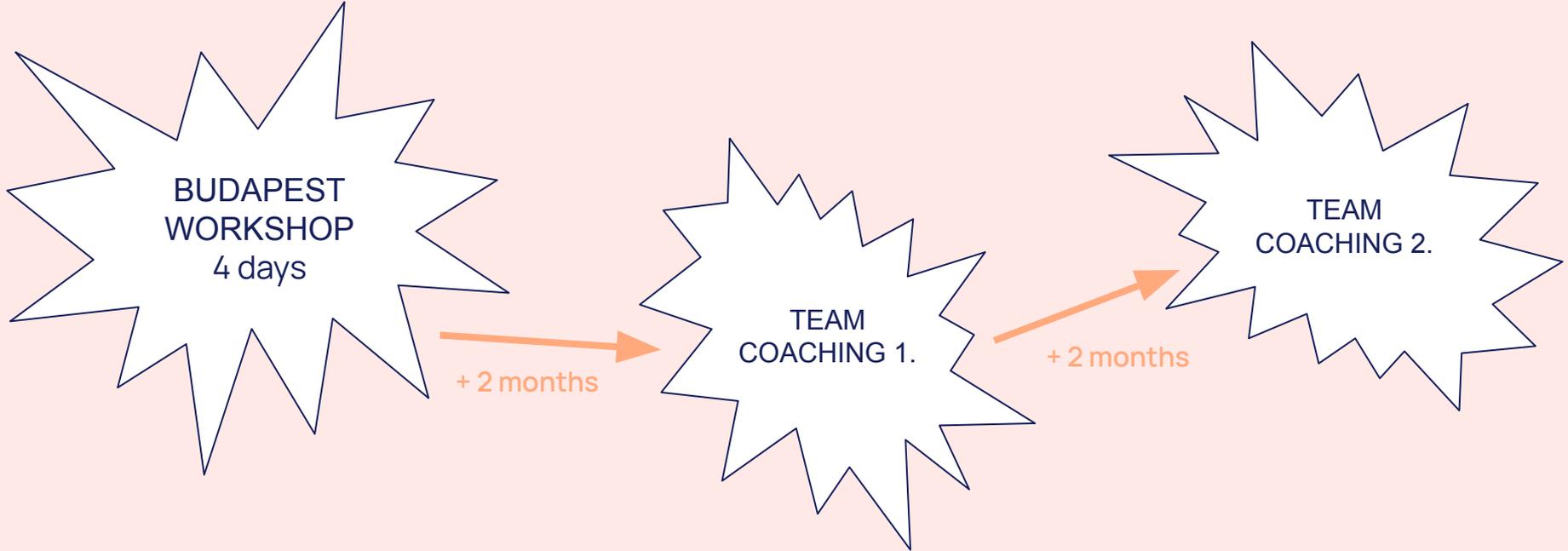
# EXPECTED OUTCOMES

By the end of the workshop, participants will

- Have a better understanding of the building blocks of their own power and confidence - their “**superpower**” = a unique strength and coping mechanism that consistently distinguishes the participant and adds **exceptional value** in their work and leadership style
- Leave with a unique, custom made **TOOLKIT** helping you face your future challenges
- Leave with the support and **lasting power** of a **safe and supportive group** behind them, securing a solid basis for not only successful leadership, but also for long term **connections** on both the **professional** and the **human level**

*INNER STABILITY → PROFESSIONAL STABILITY → FINANCIAL  
and SOCIAL SUSTAINABILITY*

# ONLINE FOLLOW UP



# ONLINE COACHING SESSIONS

AIM of a 3 hour session:

- Integrate the workshop insights to everyday functioning and practice
- Further strengthen team culture and trust
- Enhance self-awareness and emotion regulation skills
- Create opportunities for sharing dilemmas/difficulties
- Grow together through shared experiences and new perspectives

RESULTS:

- Increased clarity, confidence, and ownership through strengths-based, solution-focused methods
- Cultivate a supportive, reflective atmosphere that nurtures learning and connection
- Stronger peer dialogue on leadership, with lasting connections and a sense of community among producers

# APPLY HERE:

 APPLICATION FORM 

By the 15th of Sept 2025

contact: [ccb@biff.hu](mailto:ccb@biff.hu)

Our industry talks a lot about environmental sustainability.  
It's time we brought **SOCIAL SUSTAINABILITY** to the same level.

Without healthy producers, there are no healthy productions.

No healthy directors. No functional creative processes.

This program cultivates *intrapersonal, interpersonal, and inter-relational* sustainability—  
supporting participants in **deepening self-awareness,**  
building **resilient relationships,**  
and fostering **socially regenerative networks.**

Let us be the drivers of change.

Let us build sustainable creative ecosystems.