Gracie Moses

Nashville, TN

Singer/ Songwriter

Prompt #23: "We are hardwired to connect with one another." – Dr. Vivek Murthy

Title: There for you (Song)



Artist Statement from There for You

In analyzing the prompt, I wanted to respond by crafting the song from a perspective in which I was the one reminding the listener of the fact that they are not alone. It is in this spirit that I want to communicate that just one person or one shoulder to cry on, can be the beginning of a beautiful community, and establishes self worth. I find that in order to get out of our heads, sometimes lifting someone else up can bring us out of our own bubble, and in return, heal us. This is something I've learned by my mother's example.

When the night feels long and cold
There's a light to guide you home
If you can't quite find your way
I know a place

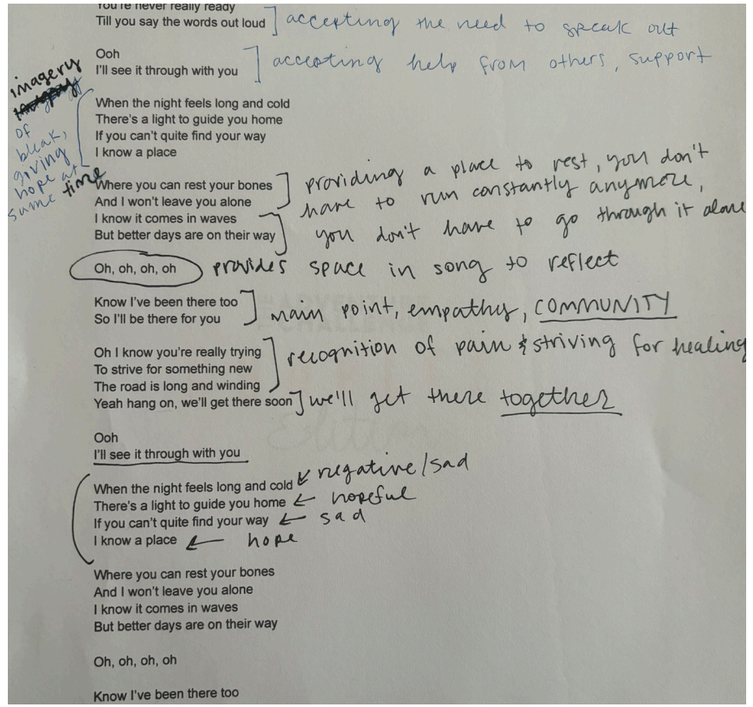
Where you can rest your bones
And I won't leave you alone
I know it comes in waves
But better days are on their way

Oh, oh, oh, oh

Know I've been there too
I'll be there for you

Know I've been there too
I'll be there for you




You're never really ready
Till you say the words out loud
accepting the need to speak out

Ooh
I'll see it through with you
accepting help from others, support

imagery
~~foreshadowing~~
of
black-
giving
hope at
same time

When the night feels long and cold
There's a light to guide you home
If you can't quite find your way
I know a place

Where you can rest your bones
And I won't leave you alone
I know it comes in waves
But better days are on their way
providing a place to rest, you don't have to run constantly anymore, you don't have to go through it alone

Oh, oh, oh, oh
provides space in song to reflect

Know I've been there too
So I'll be there for you
main point, empathy, COMMUNITY

Oh I know you're really trying
To strive for something new
The road is long and winding
Yeah hang on, we'll get there soon
recognition of pain & striving for healing
we'll get there together

Ooh
I'll see it through with you

When the night feels long and cold ← negative/sad
There's a light to guide you home ← hopeful
If you can't quite find your way ← sad
I know a place ← hope

Where you can rest your bones
And I won't leave you alone
I know it comes in waves
But better days are on their way

Oh, oh, oh, oh

Know I've been there too