

# Considering a career in health?

These courses can be applied to programs in our [School of Health and Wellness](#).

You can take any of the courses listed in the table below through Open Studies before you are admitted to or waitlisted for a post-secondary program. Taking courses through Open Studies will also help lighten your workload and will prepare you for the program of your choice. You can also gain transfer credit at other post-secondary institutions for many of these courses.

Once you are admitted to your post-secondary program, the course credits will be transferred to your program.

**M – Mandatory course:** This course is required in this program to qualify for program completion and graduation.

**E – Elective course:** This course is used to fulfill an elective requirement. Electives offer opportunities to expand knowledge, develop critical thinking skills, and make connections between different areas of study. Not all programs have elective requirements.

Courses are subject to availability each term. Registration for these courses is completed online at [bowvalleycollege.ca/programs/open-studies](http://bowvalleycollege.ca/programs/open-studies)


Upcoming registration dates for Open Studies courses are:

**March 9, 2026**, for classes beginning May 2026

**June 22, 2026**, for classes beginning September 2026

**November 9, 2026**, for classes beginning January 2027

Course Code	Course Name	Interdisciplinary Therapy Assistant Diploma	Pharmacy Technician	Practical Nurse	Recreation Therapy Aide
ANAT1101	Anatomy and Physiology			M	
COMM1101	Interpersonal Relationships and Communication Skills			M	M
ENGL1201	English: Composition	M	M	M	
PSYC1201	Human Growth and Development Across the Life Span			M	
SOCI1301	Sociology of Aging			M	



**Turn your compassion into real-world, health-focused careers.**

Have questions? Connect with us.

✉ [info@bowvalleycollege.ca](mailto:info@bowvalleycollege.ca)

☎ 403-410-1400

School of Health and Wellness