nex playground

ACTIVE PLAY PLAYOFFS

60 MINUTES OF ACTIVE PLAY, EVERY DAY

LEARN MORE

ACTIVE PLAY CHAMPION!

How to Play the Active Play Playoffs

- Each day, choose a Nex Playground game.
- No device? Just do the featured movement together.
- After you move, advance your pick to the next round in the bracket.
- Repeat daily and build the habit.
- Share your winning game or movement with us!

@nexplayground #ActivePlayPlayoffs