## AFEV Important Phone Numbers

**Headquarters Main** (850) 651-3766

Bob Hope Village Main (850) 651-2635 M-F 7am-5pm, except holidays

**BHV Maintenance** (850) 613-2054

**Hawthorn House Main** (850) 609-2550

Security Guard Cell (850) 685-2532 M-F 4pm-7am, weekends, & holidays

Air Force Sergeants Assoc. Alan Clineman (AFEV resident) (561) 301-6080

If front desk phone is not working, please call Security Guard's Cell phone listed above.

**EMERGENCY: 911** 

### **Hours of Operations**

#### **General Store Hours**

Monday - Friday 10:00AM - 2:00PM

#### **Beauty Salon**

Monday—Friday By Appointment Only (850) 613-6791

**Nails by Neicy (Denise)** (903) 522-2103

Beauty Salon is by Appt only, walk-ins are not available! Please schedule appt. 2-3 weeks prior!

#### **Kellogg Fitness Center**

5 am—10 pm

#### **Pools**

6 am—10 pm

# AUGUST 2025 BHV NEWSLETTER



30 Holly Ave. Shalimar, FL 32579 850-651-2635 www.afev.us



#### Page Contents

- 2 Director's Highlights Staff Birthday
- 3 Birthdays Welcome & Farewell
- 4 Director of Maintenance
- 5 Adopt-A-Wing Schedule Adopt-A-Wing Info Honey Do Day Anniversaries
- 6 Bus Schedule Holiday Office Closure
- 7 Spiritual Information Resident Name Tag Info
- 8 Important Numbers Hours of Operations

Inserts: \*Knife's Edge Menu \*Activities Calendar \*Wellness Calendar

Please contact BHV Life Enrichment to make reservations or changes							Calendar current as of 7.22.25
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>5:30P-7:30P</b> Card Games	<b>5:30P-7:30P</b> Card Games	<b>5:30P-7:30P</b> Card Games	1P-2:30P Craft Club	<b>5:30P-7:30P</b> Card Games	<b>5:30P-7:30P</b> Card Games	<b>9A-9:30A</b> Communion (3rd Saturday)
				<b>5:30P-7:30P</b> Card Games			<b>10A-11A</b> Coffee (1st Saturday)
							<b>3P-3:30P</b> Communion (1st Saturday)
							4P-6P Happy Hour
	1:30P-4P Card Games	<b>4P-5P</b> Wii Bowling  ELBOW BENDERS	10A-11A Wii Bowling  HAPPY SPARES	<b>10A-11A</b> Wii Bowling STILL KICKING	<b>2P-4P</b> British Wives Club (1st/3rd Thursday)	<b>10A-11A</b> Wii Bowling TROUBLE MAKERS	<b>6P-8P</b> Birthdays (3rd Saturday)
			<b>4P-5P</b> Wii Bowling STEELERS	1P-2:30P Glenn's Bible Study	<b>4P-5P</b> Wii Bowling O'PIFFELS	<b>4P-6P</b> Happy Hour	
				<b>4P-5:30P</b> Prayer Meeting			
	<b>2P-3:30P</b> Cards	<b>10A-11A</b> Wii Bowling 3 GEESE & 1 GANDER	<b>6P-8P</b> BINGO (3rd Tuesday)	<b>6P-8P</b> Social Hour	1P-3P Euchre	<b>4P-6P</b> Sip N Grill	10A-12P Coffee & Birthdays (1st Saturday)
	6P-8P Woosh (Game)						1P-3P Cards & Games
	1P-4P Games	1P-4P Games		1P-4P Games		<b>3P-5P</b> Happy Hour	9:30A-10:30A Coffee (1st Saturday)
				<b>6P-8P</b> Board Games		<b>5P-7P</b> Pack Your Own Plate	1P-4P Cards
	<b>2P-5P</b> Birthdays (3rd Sunday)	<b>10A-11A</b> Wii Bowling FUNNY 4	<b>10A-11A</b> Wi Bowling 4 ROLLERS	12P-5P Cards and Games	10A-11A Wii Bowling MISFITS	<b>4P-6P</b> Happy Hour	9A-11:30A Activity Meeting (1 Saturday)
	<b>2P-6P</b> BHV Jammers (Last Sunday)	<b>1:30P-3:30P</b> Bible Study	<b>12P-1P</b> Wii Bowling  GO GETTERS		12P-1P Wii Bowling  LANE RANGERS		<b>9:30A-10:30A</b> Coffee
		<b>4P - 5P</b> Wii Bowling 4 OF US	<b>3P-4P</b> Wii Bowling  GUTTER GANG		1P-2P Wii Bowling BOB HOPEFULS		<b>12P-4P</b> Cards
		6P-8:30P Pinochle	<b>6P-8P</b> Game Night		2P-4P Cards		1P-3P Mahjong
					<b>6P-8P</b> Mahjong		6P-8P Games
	<b>2P-3P</b> Wii Bowling  MIS-SPLIT-Z	<b>10A- 11A</b> Wii Bowling <i>AMIGOS</i>	<b>11A-12P</b> Wii Bowling NOW OR NEVER	<b>10A-11A</b> Wii Bowling  SPARE CHANGE	12P-3P Social Knit & Crochet	<b>4P-6P</b> Happy Hour	
	<b>4P-6P</b> Happy Hour		1P-3P BHV Jammers	1P-4P Card Games	<b>5:30P-9:30P</b> Card Games (Every other Thursday)		<b>10A-11A</b> Coffee (1st Saturday)
			<b>3P-6P</b> Movie Night (1st and 3rd Tuesday)	<b>4P-6P</b> Happy Hour			1P-5P Card Games
				<b>4P-6P</b> Birthdays (3rd Wednesday)			
		<u> </u>		Notes			

Lounge Activities are open to residents from other villages. The only exception is Wii Bowling for set teams.

If you are having a one-time event in your lounge, please contact the Life Enrichment Department to make sure the space has not already been reserved.

# Director's Highlights

#### **Introducing Bob Hope Companion Services**

Bob Hope Companion Services is a new offering created to enhance the quality of life for our residents by providing additional support beyond our regular transportation offerings. This program begins by offering extended transportation to medical appointments outside our standard driving area for a fee of approximately

\$30 per hour (2-hour minimum).

As we grow, so will the services—future enhancements to the program will include light housekeeping, companionship, assistance with technology, and help with completing everyday tasks. Our goal is to evolve Bob Hope Companion Services to meet the changing needs of our residents and support their independence every step of the way.

All service require a 48 hour notice for scheduling.

#### **Services Offered:**

- ♦ Transportation/Errands outside of Bob Hope Village driving area
- ♦ Laundry/Housekeeping
- ♦ Companionship/Emotional Support
- **♦** Grocery Shopping
- Arranging Appointments

BOB HOPE
Companion
Services

More services will be offered as we grow.

#### Lounges & Clubhouse Usage

- Any reoccurring activity or private party reservations need to go through the Life Enrichment Office
- If a schedule conflict is noted, the Life Enrichment Office will contact the POCs effected
- Private Parties will need to sign an etiquette document and receive signed Private Party signs to hang on the doors

#### Staff Birthdays

Lisa Vaughn—Maintenance 8/13 Ashley Volmert—LE Director 8/17 Paula & Mari, are looking for suggestions for new items to add to the General Store. Please come in and put your suggestions on the sheet by the checkout

# Spiritual Information Dolores Hope All Faiths Chapel



#### **Protestant**

Chaplain Beth Bateson: 740-438-9790

Sunday School Class: Sunday 9:30AM Church Service: Sunday 10:30AM Protestant Prayer Vigil: Wednesday 10AM

Protestant Services will air on Channel 1993 on Tuesdays & Fridays at 4 pm and 6 pm

#### **Catholic**

**Father Nelson Toledo** 

Rosary: Tuesday 10AM Mass: Saturday 4:30PM Mass is Live Streaming on Channel 1993 at 4:30PM



Resident name tags can be ordered for \$10 at the front desk.

# An Loving Memory Nobuko "Coco" Macool

Nobuko "Coco" Macool Elaine Merrill

# **Bus Schedule**

# First Come, First Serve on Bus Runs! Come to Commons & get on the bus!

Come to Commons et get on the basi					
DAY	DATE	TIME	LOCATION		
Mondays	Aug 4, 11, 18, & 25	9:00 AM	Eglin Commissary		
	16, & 25	12:30 PM			
2nd & 4th Tuesdays	Aug 12 & 26	12:30 PM	Dollar Tree/ Uptown Station		
Wadnaadaya	Aug 6, 20, &	9:00 AM	Walmart FWB		
Wednesdays	27	12:30 PM	Wallialt F W D		
2nd Wednesday	Aug 13	9:00 AM	Walmart—Niceville		
1st & 3rd Thursdays	Aug 7 & 21	9:00 AM	Post Office & Credit Union		
2nd Thursday	Aug 14	9:00 AM	Hurlburt BX		
1st, 3rd & 5th	Aug 1, 15, &	9:00 AM	Publix		
Fridays	29	12:30 PM	T UUIIX		
2nd & 4th Fridays	Aug 8 & 22	12:30 PM	Kohl's & Publix/Aldi in Sun Plaza		

# Resident Birthdays—August

TEL	AP	PY	B
1	MAN SILVE	MINIM	Matte
Susan	Peoples	1100-103	8/1
Janet	Mosier	1130-206	8/3
Loren	Little	1130-307	8/4
Rosetta	Morrow	104-M	8/6
Bernard	Ramsey	103-l	8/8
Pat	Reed	104-N	8/8
Ann	Fleming	1050-207	8/8
Beverly	Pinkard	1120-307	8/8
Joan	Rogers	304-E	8/9
Ginger	Zaske	203-P	8/9
Suk	Adcock	303-B	8/9
Rick	Arevalo	401-E	8/9
Ed	Sweatman	1110-308	8/10
Loree	Papiernik	303-M	8/12
Vonnie	Eisenberger	101-D	8/13
Bobbie	March	1120-206	8/13
John	Shea	201-E	8/14
Bob	Estep	1110-204	8/17
Bettye	Scott	1120-203	8/18
Mary Lee	Linski	404-H	8/18
Susan	Storbeck	401-F	8/18
Reid	Dugger	1130-108	8/19
Elaine	Rowe	1130-301	8/20

Joanne	Blackwell	403-M	8/22
Larry	Avery	1050-321	8/22
Elina	Williams	1050-316	8/22
Annamae	Gonier	302-L	8/22
Terri	Booth	1050-112	8/22
Hiroko	Pierson	1100-305	8/22
Deirdre	МсКау	1130-305	8/22
Karen	Jordan	1050-116	8/22
Muriel	Klein	1120-204	8/23
Thomas	Azar	1120-304	8/23
Kenny	Daigle	302-G	8/23
Marti	Hilton	1120-106	8/24
Linda	Taylor	202-I	8/24
Rose	Simpson	101-0	8/24
Woody	Woodall	1120-102	8/25
Tom	Walpole	1130-105	8/26
Judy	Stepp	102-L	8/26
Fran	Drake	1100-303	8/27
Theresa	King	1050-204	8/28
Cindy	Rodriguez	303-P	8/28
Carol	Christensen	102-K	8/29
Jo	Smay	202-N	8/29
Pam	Mitchum	1110-107	8/29
Tim	Snook	303-N	8/30
Betty	Robbins	1050-308	8/31



Dottie Maloyed 102-N Gail Widener 1110-205 Mary Humphreys 204-E



Kim Bowling 201-J to HH Margaret Harris 102-E to HH Charles & Donna Dufault V6 Maria Clasby 201-H

# Maintenance Notes & Updates

It has been a very hot Summer and I know the information is repetitive. Please keep thermostat anywhere from 68 to 78 degrees to help with humidity control. Below are potential risks your home faces with humidity.

- Mold & Mildew Growth
- Warped Wood Flooring & Furniture
- Damaged Electronics
- Poor Air Quality

#### **Updates from Resident Council:**

- 1. Awaiting quote from Advanced Concrete for the resurfacing and sealing for the Village 5 stairwells.
- 2. Awaiting quote from Specialty Roofers on gutter installation on Village 5.
- 3. Quote to clean Village 6 Common areas carpet has been approved.
- 4. Concept of a walking trail has been approved. We are awaiting a quote to execute.

During August, unit inspections will continue. Below are the dates and wings:

August 8 – Village 6 First floor

August 15 – Village 6 Second floor

August 22 – Village 6 Third floor

This month the Commons pool will be closed for monthly maintenance on August 8 & 22. Village 6's pool will be closed on August 1, 15, & 29. Also there has been a noticeable increase in band-aids and bunion pads left in or around the pool and spa. Please take them off prior to swimming or take a few days off for the wound to heal.

As always, if there is an emergency or urgent work order, please call maintenance at 651-8562 during duty hours (7am-5pm), call security after hours. For routine work or honey do requests, please submit maintenance requests in the boxes, Uniquest, or Maintenance Care.

Tune into the In-House Cable TV Channel 1993 for village updates.

Adopt-A-Wing Schedule							
Wing	Date	Time	Wing	Date	Time		
101/102 TBD 8AM-12PM		401	Aug 12	8:30AM-12:30PM			
103	Aug 15	10AM-2PM	402	TBD	9AM-1PM		
104 Aug 1:		10AM-2PM	403	Aug 12	8:30AM-12:30PM		
V2	Aug 20	8AM-12PM	404	Aug 12	8:30AM-12:30PM		
V3 Aug		9AM-1PM	V5	Aug 27	8:30AM-12:30PM		

Adopt-A-Wing Info: Any wings that don't have a set date will get an alert when the date is set up.

Honey-Do Day				
Date	Time			
August 16	8AM-12PM			

<u>V5 & V6 Residents</u>: Please include your building number with your apt number when submitting your maintenance or volunteer requests.

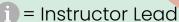
—Thank you!



Albert &	Darlene	Smith	1110-206	8/14
Dennis &	Mary	Sinkula	303-I	8/19
Al &	Sheila	Parent	1050-304	8/20
Frank &	Chiqui	Graves	404-G	8/21
Skip &	Esther	Carrel	1050-111	8/21
Jim &	Vickie	Morris	1050-118	8/29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
400	Aug	gust 2	025	5 20	1 11am Blood Pressure Checks (L)	8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Lawrence of Arabia
8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Lawrence of Arabia	1:30pm Nutrition Class - Processed Foods: Hidden Costs & Smart Swaps (BR) ***  3pm Karaoke w/ Bob Smith (BR) ***	10am Diamond Art (GR) 1pm Inner Wellness (GR) 2pm BINGO (BR)	10am Circuit Training w/ 6 Diego (KFC) 1:30pm Style Squad Meeting (BR) 3-6pm Food Truck: Crepe & Cream (P)	1:30pm Activities Meeting 7 (BR) 3pm Talk: Smart Cremation Services (BR) *** 4pm MEAL OUTING -Pick 2: First Choice & Pepitos (P) *** \$	9am Tole Painting (GR) *** 8  11-1pm Voting on September Outings (L)  2pm Ballet (KFC)	11am iFalcon Lunch & Learn- Windows 11 Update (BR) *** 8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Rush Hour 2
8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Rush Hour 2	11-1pm Voting on September Outings (L) 2:30pm Monday Matinee - Grease (SR) ***	10am Diamond Art (GR) 1pm Inner Wellness (GR) 2pm BINGO (BR)	10am Circuit Training w/ 13 Diego (KFC)  11am Staying Prepared: Protecting Your Benefits & Care in a Changing World (GR) ***	2pm Ballet (KFC)	10am Coffee Talk (LB) 11am Grief Support (GR) 11am Blood Pressure Checks (L)	8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Pride & Prejudice
17 1pm OUTING: Stage Crafters (P) *** \$ 8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Pride & Prejudice	10:30am Women Veterans Group (GR)  1:30pm Chat w/ a Neurosurgeon - Dr. Critides (BR) ***	10am Diamond Art (GR) 1pm Inner Wellness (GR) 2pm BINGO (BR)	10am Circle of Life (V2) 20 10am Circuit Training w/ Diego (KFC) 10am Therapy Dogs (L) 10-12:30pm The Jam Lady (BR) 3pm Ballroom Dancing (KFC)	21  1pm Card Making w/ Raye (GR) ***	22	3pm Sock Hop (BR)*** \$ 23 4:30pm Classic Car Show & 4:30-6:30pm Food Trucks (CP) 8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Top Gun Maverick
8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Top Gun Maverick	1:30pm Neptune Society Seminar (GR) ***	10am Diamond Art (GR) 1pm Inner Wellness (GR) 2pm BINGO (BR)	10am Circuit Training w/ Diego (KFC) 11am Piano Pam (BR)	1pm Healthy Day Brief w/ Kay How Are Your Eyes? (KFC) ***  1:30pm Bunco (GR) ***	10am Book Club (LB)	8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Miss Congeniality
8am / 12pm / 6pm - Ch 1993 Featured Weekend Movie: Miss Congeniality		ons Pool <b>GB</b> =Gates Building <b>G</b> =Garden <b>LEO</b> =Life Enrichme	<b>KFC</b> =Kellogg Fitness Center nt Office <b>L</b> =Lobby <b>LB</b> =Library	P=Commons Parking Lot GR  ***=Sign Up Required \$=Fee		

# Kellogg Fitness Center Daily Classes Gym & Pool Hours 5am-10pm = Instructor Leac





7am - Pickleball

8am - Cardio Class

9am - Chair Exercise

9am - Water **Aerobics** 

9:45am - Floor Yoga

10am - Water Aerobics 1

**3pm** - Dynamic **Drumming** 



## Tuesday

8am - Cardio Class

**8:55am** – Chair Yoga

9am - Water Aerobics

10am - Chair Tai Chi 🛖

10am - Water Aerobics (1)

11am - T.O.P.S. Weight Loss

**1pm** - Balance Class **(1)** 

## Wednesday

7am - Pickleball

8am - Cardio Class

9am - Water **Aerobics** 

9am - Chair Exercise

10am - Water Aerobics (1)

10am - Circuit Training w/ Diego

**12:30pm** – Zumba 🚺

5pm - Hula 🕠

# **Thursday**

8am - Cardio Class

**8:55am** - Chair Yoga

9am - Water **Aerobics** 

10am - Chair Tai Chi 🚹

10am - Water Aerobics 1

1pm - Balance Class

## Friday

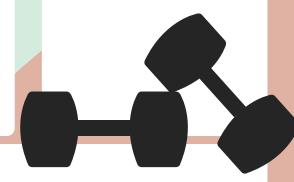
7am - Pickleball

8am - Cardio Class

9am - Water **Aerobics** 

9am - Chair Exercise

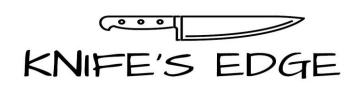
10am - Water Aerobics (i)



Gym Equipment Tutorial available by Appointment 850-424-8072

# August

MON. – FRI. 11AM-1PM



CATERING AND SPECIALTY CUISINE

30 HOLLY AVE.
SHALIMAR, FL 32579
(850) 376-1916
CALL FOR AFEV CAMPUS
DELIVERY

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sullday	Worlday	Tuesday	wednesday	Hiorsday	1	2
					SHRIMP ROLL	
					& potato salad	
3	4	5	6	7	8	9
	SLOPPY JOE,	CHICKEN ENCHILADAS,	MEATLOAF,	RUEBEN SANDWICH	COOKOUT	
	tots & slaw	rice & beans	mashed potatoes & veg	& French fries	grilled burgers & dogs	
					(no regular menu)	
10	11	12	13	14	15	16
	CHICKEN FRIED STEAK,	BOURBON CHICKEN,	LASAGNA,	HULI CHICKEN,	SHRIMP ETOUFFEE	
	mashed potatoes & veg	rice & vegetable	garlic bread & salad	Hawaiian fried rice & mac salad	& salad	
17	18	19	20	21	22	23
	CHICKEN CORDON	CHICKEN PARMESAN,	BEEF TIPS,	STUFFED PEPPERS	SEAFOOD BASKET,	
	BLEU,	spaghetti & salad	rice & vegetable	mashed potatoes & salad	French fries & coleslaw	
	roasted potatoes & veg		J	·		
24	25	26	27	28	29	30
	BBQ CHICKEN THIGHS,	BEEF TACOS,	ROAST PORK,	GRILLED CHICKEN CLUB	CHEESE RAVIOLI,	
	beans, mac & cheese	chips & queso	baked sweet potato & veg	& potato salad	bread & side salad	
31						