

LIFE GROUP QUESTIONS

Healing at the Pool of Bethesda John 5: 1 - 15

1. **Read John 5:1–9.**

What stands out to you about Jesus' question, "*Do you want to get well?*" Why do you think Jesus began the encounter with that question instead of simply healing the man?

2. The man explains in **John 5:7** that he has "*no one to help [him] into the pool.*" How does this detail help us understand his mindset after **38 years** of waiting? What does it reveal about the atmosphere around the Pool of Bethesda?

3. **Romans 12:2** talks about being "*transformed by the renewing of your mind.*" In what areas of life do you notice your thinking becoming "stuck" or shaped by past disappointment? Where do you sense you may need Jesus to bring healing — not just to your thoughts, but to discouragement, fear, or long-term patterns that have kept you "stuck"?

4. Jesus later meets the man again and says in **John 5:14**, "*See, you are well again. Stop sinning or something worse may happen to you.*" What does this tell us about Jesus' concern for a person's spiritual wellbeing, not just their physical needs? How have you experienced Jesus caring for the deeper parts of your life?

5. Jesus said, **“Get up, pick up your mat and walk.”**

If Jesus were to speak a healing word into your life today — physically, emotionally, mentally, or spiritually — what might “picking up your mat” look like as a step of faith?

6. **Revelation 21:4** promises a future where there is *“no more death or mourning or crying or pain.”* How does holding onto this eternal hope help us pray with faith for healing — whether that healing comes instantly, gradually, or ultimately in eternity?