

LIFE GROUP QUESTIONS

I once was hungry... but now I am filled

Psalm 107:1-9

1. Read Psalm 107:4-9. What do you think these images of wandering, hunger, and thirst might represent in a person's life today? How does this passage help us understand God's character?
2. Read John 6: 1-12. Jesus uses a young boy's lunch to feed the crowd. What stands out to you most about this story? What does it teach us about Jesus, and what does it teach us about the role ordinary people can play in God's work?
3. Psalm 107 repeatedly says, "Then they cried out to the Lord in their trouble, and he delivered them from their distress." Can you think of a time when you turned to God during a difficult season? What did you learn about Him through that experience?
4. In Luke's account of the feeding of the 5,000 (Luke 9: 17), "They all ate and were satisfied." Where do people commonly look for satisfaction, purpose, or security today? What has helped you find lasting fulfillment in God rather than in other things?
5. Throughout the Bible, God often provides for people through the willingness and generosity of others. What gifts, resources, experiences, or opportunities has God placed in your hands that could be used to bless someone else this week?
6. The message highlighted the idea that "the God who has provided for us invites us to be part of how He provides for others." What is one practical way your group could become part of God's provision for someone in your church, neighbourhood or workplace, over the next couple of weeks?