

## LIFE GROUP QUESTIONS

# Tell Your Story God's Word Heals our Hearts

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1. Read Psalm 107:17–22. What stands out to you about the way God responds to his people? What do you think it means that God 'sent out his word and healed them'.
2. Proverbs 4:20–23 says wise words are “life” and “health”. How do you think listening to God's Word can help bring health to our hearts, thoughts, choices, and relationships?
3. Sunday's message talked about hearts that can feel divided, impure, or broken. Which of those pictures do you most relate to right now, and why?
4. Psalm 34:18 says, “The Lord is close to the broken hearted,” and Psalm 147:3 says, “He heals the broken hearted and binds up their wounds”. How have you experienced this in your own life?

5. Psalm 86:11 says, “Teach me your way, Lord... give me an undivided heart.” What is one practical step you could take this week to invite God to shape your heart through His Word?
  
6. 1 John 1:9 reminds us that when we confess our sins, God forgives and cleanses us. What could it look like in everyday life to honestly bring our hearts to God and allow Him to heal, cleanse, or restore us?