

# Getting started roadmap



The  
Pre-Marriage  
Course

You may not feel that you are 100% ready to start running the Pre-Marriage Course, but when it comes to Alpha, you learn by doing it.

1

## Discern

Discern whether it's best to run the Pre-Marriage Course once per couple or as a group session, either online or in person.

2

## Register

Register your Pre-Marriage Course online. You'll get tons of free resources, including all the videos and training.

3

## Resource

Get the Guides from the Alpha Ireland shop. If running in person, think about creating a date environment for the couples.

4

## Connect

If you need extra support, you can always schedule a free coaching call with the Alpha Team.

5

## Train

Training for you and any of your team can be done at training sessions with all the resources provided.

6

## Support

Each guest couple requires the support of an already-married Support Couple. Training is provided for Support Couples.

**And remember, the Alpha Ireland Team is here to support you at every step along the way. Check out the Coaching page on [alphaireland.org](http://alphaireland.org) to book a call with one of our team members.**