

# Getting started roadmap

The Marriage Course

You may not feel that you are 100% ready to start running the Marriage Course, but when it comes to Alpha, you learn by doing it.

1

## Discern

Discern when is the best time to run the Marriage Course in your context. You could run it online or in person.

2

## Register

Register your Marriage Course online. You'll get tons of free resources, including all the videos and training.

3

## Resource

Get the Guides from the Alpha Ireland shop. If running in person, think about creating a date environment for guests.

4

## Connect

If you need extra support, you can always schedule a free coaching call with the Alpha Team.

5

## Train

Training for you and any of your team can be done at training sessions with all the resources provided.

6

## Invite

Be intentional with your invitations. Invite couples into a date night experience to invest in their relationship.

**And remember, the Alpha Ireland Team is here to support you at every step along the way. Check out the Coaching page on [alphaireland.org](http://alphaireland.org) to book a call with one of our team members.**