

EMERGENCY DOSAGE

CHEAT SHEET

Tylenol

● **ADULTS**

500-1000MG EVERY 4-6 HOURS (MAX 3000 MG/DAY)

● **CHILDREN**

10-15 MG/KG EVERY 4-6 HOURS (MAX 5 DOSES/DAY)

Ibuprofen

● **ADULTS**

200-400MG EVERY 4-6 HOURS (MAX 3200MG/DAY)

● **CHILDREN**

5-10MG/KG EVERY 6-8 HRS (MAX 4 DOSES/DAY)

Benadryl

● **ADULTS**

25-50MG EVERY 4-6 HRS

● **CHILDREN**

1MG/KG EVERY 4-6 HRS

Loperamide

● **ADULTS**

4MG INITIALLY, THEN 2 MG AFTER EACH LOOSE STOOL (MAX 16MG/DAY)

● **CHILDREN**

NOT RECOMMENDED UNDER AGE 2

Pepto-Bismol

● **ADULTS**

524MG EVERY 30-60 MIN AS NEEDED (MAX 8 DOSES/DAY)

● **CHILDREN**

NOT RECOMMENDED UNDER 12 YEARS OLD

Loratadine

● **ADULTS**

10MG ONCE DAILY

● **CHILDREN 2-5**

5MG ONCE DAILY
NOT RECOMMENDED UNDER 2