

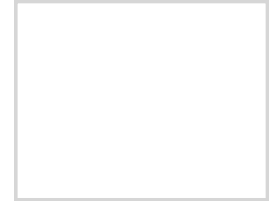
Do you want to be my practice buddy?

And help me practice with my compression socks?



What does a practice buddy do?

I'll be getting compression socks soon. To be able to put them on and off independently, I will use a tool. I'll have to practice using the tool for a while before I am confident. Can you please help me practice?



This means you:

- are present when the Occupational Therapist visits and explains the tool to me
- look carefully at how I should use the tool (tip: maybe you can film the explanation)
- for a short while, you will be present in the morning and/or evening when I put on and take off the socks
- help me use the tool to put on and take off the compression socks

Practicing is temporary; I'll probably be able to do it myself within one to two weeks. Would you like to help me? Please let me know, I would really appreciate it. If you can't or don't want to, please let me know as well. Maybe you know someone else I can ask? Please pass on this card. Thank you very much!

FROM:

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