

Step-by-step plan compression bandaging



You have oedema and receive an indication for compression bandaging.

The General Practitioner explains what will happen after the bandaging treatment: you may return for a follow-up appointment, wait and see how your leg develops, or you may receive compression stockings.

 Referral from a General Practitioner



In consultation, the type of bandage and the frequency and duration of the bandaging are determined.

 By a Community Nurse



You receive a Velcro compression wrap that you can adjust yourself.

The community nurse will visit you to provide explanation and instructions.

 By a Community Nurse

You receive a compression bandage.

The community nurse will visit periodically to replace the bandage.

 By a Community Nurse



The oedema has resolved and your leg has reduced in size.



Return for a follow-up appointment.

 By a General Practitioner

Wait and see

If there are any changes, contact your GP.

 By a General Practitioner

You receive compression stockings

Through a referral from your GP or community nurse.

 By a Compression Therapist

*Are your legs being bandaged in the hospital? In that case, a different procedure may apply.