

DOUGLAS
OHI

onsite insight

HSSE Newsletter



JUNE | 2025



Introduction

We're pleased to bring you the latest edition of our HSSE newsletter, a space where we highlight safety success stories, share valuable lessons, and connect our teams across projects and regions.

Each month, we're inspired by the resilience and dedication of our teams, who continue to prioritise health and safety in every task, even under challenging conditions. In this issue, we spotlight key insights from our HSSE Managers, who share timely guidance and reflections relevant to their unique work environments.

In our "In Conversation With" feature, we get to know two of our dedicated colleagues, Mr. Sreekumar N. Das and Mrs. Suha Al Dhuhli. While they come from different cultural backgrounds, they are united by a shared commitment to building better lives for their families, and their stories are both inspiring and relatable.

Dougie's HSSE Corner is back this month with a fun and educational activity! This time, children are invited to colour the scene and spot the missing PPE items that Dougie forgot to wear while performing drilling work. It's a great way to engage young minds in safety awareness through observation and creativity.

Thank you for being part of our safety-first culture. Wishing you a safe, healthy, and rewarding month ahead!



Around the Region: HSE Blogs

Oman

by Rajasekar Ramalingham



June proved to be a significant month for safety and achievements across our sites. Here's a recap of the key events and milestones:

Celebrating Safety Milestones

We proudly celebrated a major safety milestone: SPF reached 1 million safe hours without incidents. Additionally, the Sur LNG Fire Station Building marked its half-million safe hours, highlighting our collective commitment to maintaining a safe working environment.



Safety Incidents and Learnings

During June, Dougals OHI reported a minor Lost Time Injury. A carpenter sustained a laceration to his left thumbnail while operating a hole saw cutter during ceiling work. Fortunately, he received appropriate medical care and was prescribed a three-day leave for recovery. This incident underscores the importance of safety vigilance and proper tool handling onsite.



Environmental Awareness and Engagement

In honour of World Environment Day, awareness sessions and campaigns were conducted across all project sites. These initiatives aimed to promote environmental consciousness among our teams and reinforce our responsibility toward sustainable practices.

Health & Wellbeing Initiatives

As part of our "Beat the Heat" campaign, we implemented various initiatives across all sites to ensure employee comfort and safety during the warmer months. These measures include hydration stations, shaded rest areas, and awareness of heat stress prevention.



At Dougals OHI, safety and sustainability remain at the core of our operations. We thank all team members for their dedication and commitment to maintaining a safe, healthy, and environmentally responsible workplace. Together, we will continue to build a safer tomorrow.

Around the Region: HSE Blogs

UAE

by Rajesh M Pillai



At Douglas OHI, safety is not just a priority, it's a mindset embedded in our daily operations. This month, we have multiple highlights that reflect our ongoing commitment to health, safety, and environmental excellence:

"Stop, Look, Think": Field Risk Assessment Initiative

A "Stop, Look, and Think" approach to field risk assessment emphasises the importance of pausing before starting work to identify potential hazards, assess associated risks, and implement necessary controls. This proactive approach encourages workers to actively engage with their surroundings, promoting a safer work environment by minimising potential accidents and injuries. The training was delivered on-site in multiple languages to educate the workforce through daily toolbox talks, enhancing the promotion of a safe working environment and a proactive safety culture.

Key Elements of a "Stop, Look, and Think" Risk Assessment:

1

Stop

Halt all activity and take a moment to survey the work area. Consider the task at hand and the environment.

2

Look

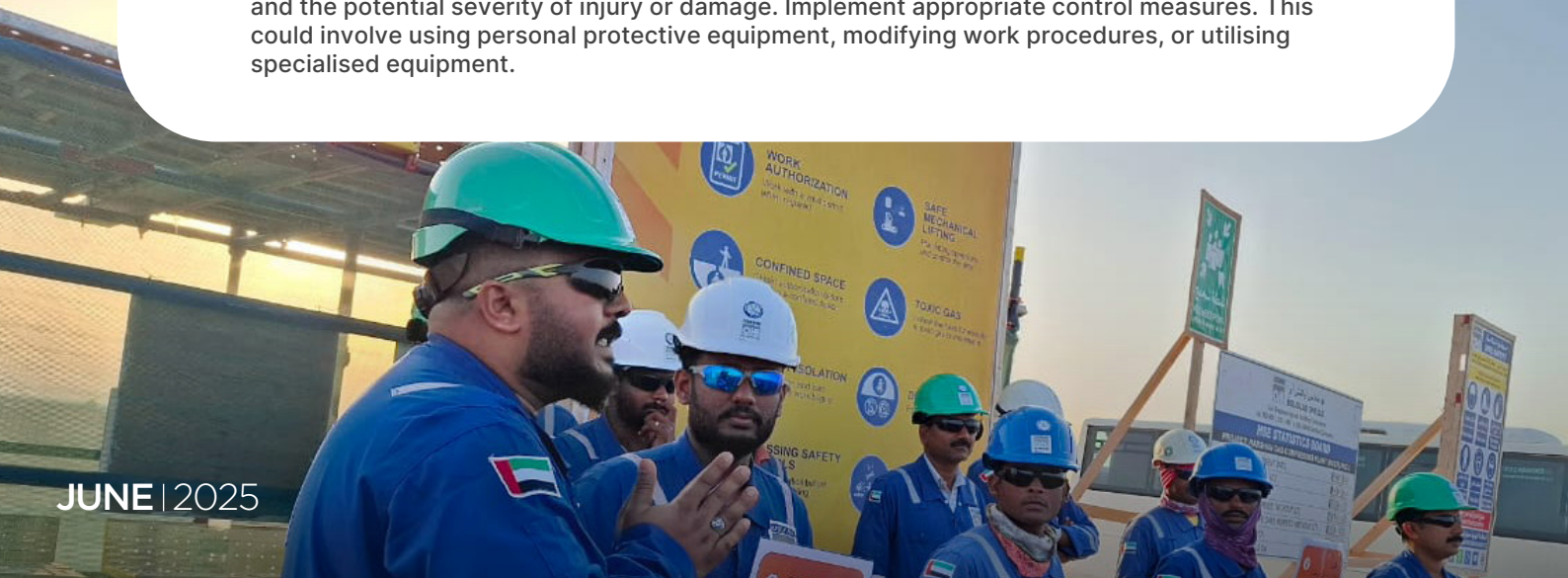
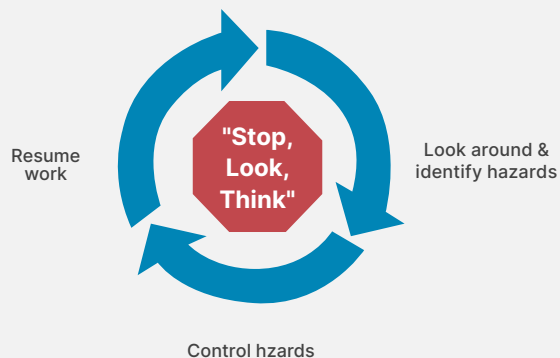
Identify potential hazards. This includes physical hazards (e.g., uneven surfaces, overhead obstructions), chemical hazards, and ergonomic issues.

3

Think

Assess the risks associated with each identified hazard. Determine the likelihood of an incident and the potential severity of injury or damage. Implement appropriate control measures. This could involve using personal protective equipment, modifying work procedures, or utilising specialised equipment.

"Stop, Look, Think" Principle for Field Level Hazard Assessment



Around the Region: HSE Blogs

Benefits of this approach:

At Douglas OHI, we believe that recognition is a powerful driver of performance, motivation, and sustained excellence. Our Monthly Incentive Programme, implemented at our Abu Dhabi project site, is a testament to this philosophy, designed not only to reward outstanding contributions but to reinforce the behaviours that align with our core values and project goals.

Each month, individuals and teams are acknowledged for demonstrating exceptional commitment to safety, productivity, quality, and collaboration. From proactive adherence to HSSE protocols to innovative problem-solving and strong team leadership, the programme highlights the many ways in which our workforce contributes to successful project delivery.

The incentive programme also serves as a platform for reinforcing key priorities across the site, whether it is raising safety awareness, meeting project milestones, or embracing sustainable practices. Regular recognition helps maintain momentum and ensures that operational excellence is not a one-off achievement but a shared standard.

Initiatives like this are instrumental in ensuring that our workforce remains engaged, motivated, and aligned with Douglas OHI's mission to deliver with integrity, innovation, and care.



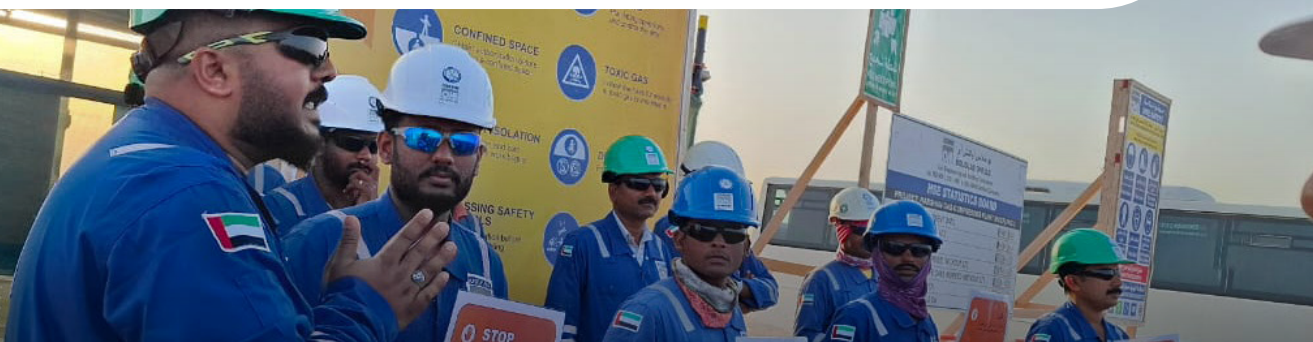
Proactive Hazard Identification:
Encourages workers to actively look for potential dangers before they cause harm.

Increased Safety Awareness:
Promotes a heightened sense of awareness regarding potential risks in the work environment.

Reduced Accidents and Injuries:
By addressing hazards proactively, the risk of accidents and injuries is significantly minimised.

Enhanced Safety Culture:
Fosters a culture of safety where workers are empowered to identify and manage risks.

By incorporating this "Stop, Look, and Think" approach into field work, organisations can create a safer and more productive work environment for everyone.



Around the Region: HSE Blogs

Project 5 Million Safe Manhours Celebration

Recently our project in Abu Dhabi achieved the 5 million safe manhours milestone. As one of the major subcontractors, Douglas OHI LLC has completed its own 2 million safe manhours, which is a major contribution to project achievement. A memento was received from our clients to mark the company's dedication to proactively implementing the project HSE requirements, achieving milestones, and meeting the requirements.



Around the Region: HSE Blogs

KSA

by Ibrahim Rashid



As part of our ongoing commitment to health, safety, and environmental excellence, we are pleased to share key highlights and initiatives from across our projects this month:

Promoting Site Safety and Wellbeing

Multiple safety campaigns were conducted across our projects, focusing on housekeeping, heat stress awareness, working at height, scaffolding safety, defensive driving, and confined space entry. Health and wellness activities, including medical checks and awareness sessions, were also organised to promote employee wellbeing.



Actions for a Greener Tomorrow

In support of World Environment Day under the theme "Beat Plastic Pollution," dedicated collection boxes were installed for plastic recycling, trees were planted across the sites, and additional bird boxes were placed to enhance local biodiversity. Our team also joined the Client and subcontractors for a beach cleaning campaign.



Learning from Real Events On-Site

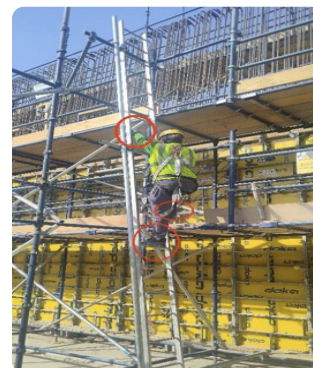
This month, the Zuluf Project reported a property damage incident involving a pickup truck bumper that was slightly damaged after contacting a foundation within the work area. At Riyas, five near misses were recorded, including a high-potential incident where a trailer truck carrying a 30 tonne manhole experienced a tire burst while reversing.

Training and Emergency Preparedness

Internal training sessions covered scissor lift operation, working at height, confined space entry, fire safety, and manual handling. Externally, 19 staff completed OSHA 30-Hour General Industry training, while 17 staff were certified in Basic Life Support First Aid.

A fire emergency and evacuation drill were successfully conducted at the Zuluf laydown area, reinforcing our preparedness. Additionally, a camp inspection was carried out at Riyas, ensuring all welfare, kitchen, clinic, and firefighting facilities met compliance standards.

We appreciate everyone's continued commitment to health, safety, and environmental excellence across our projects.



In Conversation With



Sreekumar N. Das

Business Manager

1 Where are you from?

I am from Kerala, India.

2 Can you share anything about your background?

I have a master's degree in HR and a bachelor's degree in law, along with 27 years of experience in HR operations across the Middle East and India.

My deep understanding of best HR practices and regional labour laws helps me support our business growth in KSA.

3 You recently made a (very kind) donation of reading books for use in our employee village in Riyas. Can you tell us about the reason for this?

Mr. Peter's initiative and commitment to employee self-improvement inspired me to donate these books. I strongly believe in continuous learning and personal growth, and I hope the books encourage others to explore new ideas and develop new perspectives.

4 If you could give your younger self any advice, what would it be?

I would say, contribute what you can, whenever you can. Even small efforts can enrich the lives of those around you. Ultimately, the goal is to inspire colleagues to share their time, knowledge, or resources to support our OHI family, both within and beyond the workplace.

In Conversation With



Suha Al Dhuhli

HSSE Coordinator

1 How long have you worked for the company?

I've been working with Douglas OHI as part of the HSSE Department for almost 10 years, and it's been a truly rewarding journey so far.

2 Can you share something about yourself?

Outside of work, I enjoy travelling, art work, fashion design, and watching movies. I value personal growth and always look for ways to learn something new, whether it's professional development or personal interests.

3 What makes you the happiest?

Spending time with my family brings me the greatest happiness, seeing them healthy and happy means everything to me. I also feel fulfilled when I'm able to help others, brighten someone's day, or witness growth in myself and the people around me.

4 What are your hopes for the future?

I hope to keep contributing to a safer and more sustainable workplace while taking on new challenges that encourage me to grow. I also look forward to seeing more technology and innovation being utilised in HSSE to make a greater sustainable impact.

5 What advice would you give to your younger self?

I'd tell my younger self not to rush through life. Take the time to slow down, listen, stay curious, ask questions, and trust the process. Everything will come at the right time. Every challenge teaches something, and true growth often happens in the most unexpected ways. Just make sure you "take a breath"!

Dougie's HSSE Corner



Why PPE Is Important?

PPE means Personal Protective Equipment

This is the special gear we wear at work to keep ourselves safe, things like helmets, gloves, goggles, earplugs, and safety boots.



How My Safety Gear Protects Me

Safety helmet:

Protects my head from falling objects.

Safety glasses:

Shields my eyes from dust and flying debris.

High-visibility vest:

Makes sure everyone can see me clearly.

Hand protection (gloves):

Keeps my hands safe from sharp or hot objects.

Chaps pants:

Protects my legs from cuts and sharp tools.

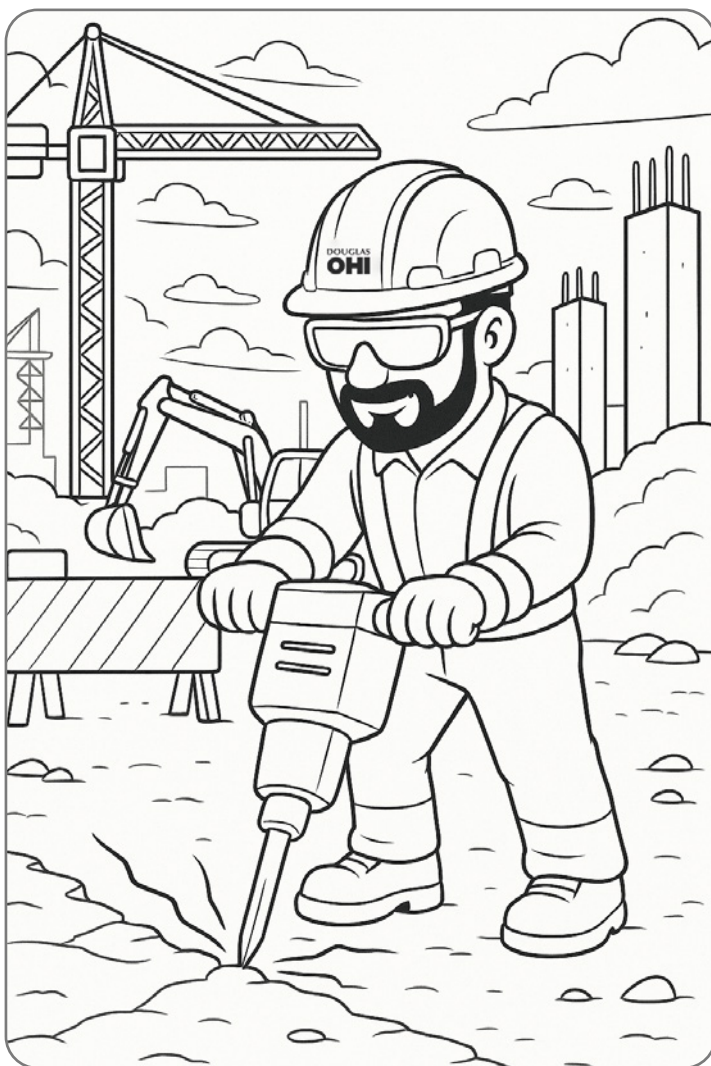
Foot protection (boots): Prevents slips and protects my feet from heavy things.

Ear plugs: Protects my ears from loud noises and helps prevent hearing damage.



Dougie's HSSE Corner

Why not colour the picture of me drilling and spot the missing PPE?



Can you guess what it is?

- A) Safety Glasses
- B) Safety Helmet
- C) Ear Plugs
- D) High-Visibility Vest

Hint: It's what keeps my ears safe from loud noises!

Send your answers and/or colouring to dougie@douglasohi.com – you might win a prize!

