

# onsite insight

HSSE Newsletter

JULY 2026



## Introduction

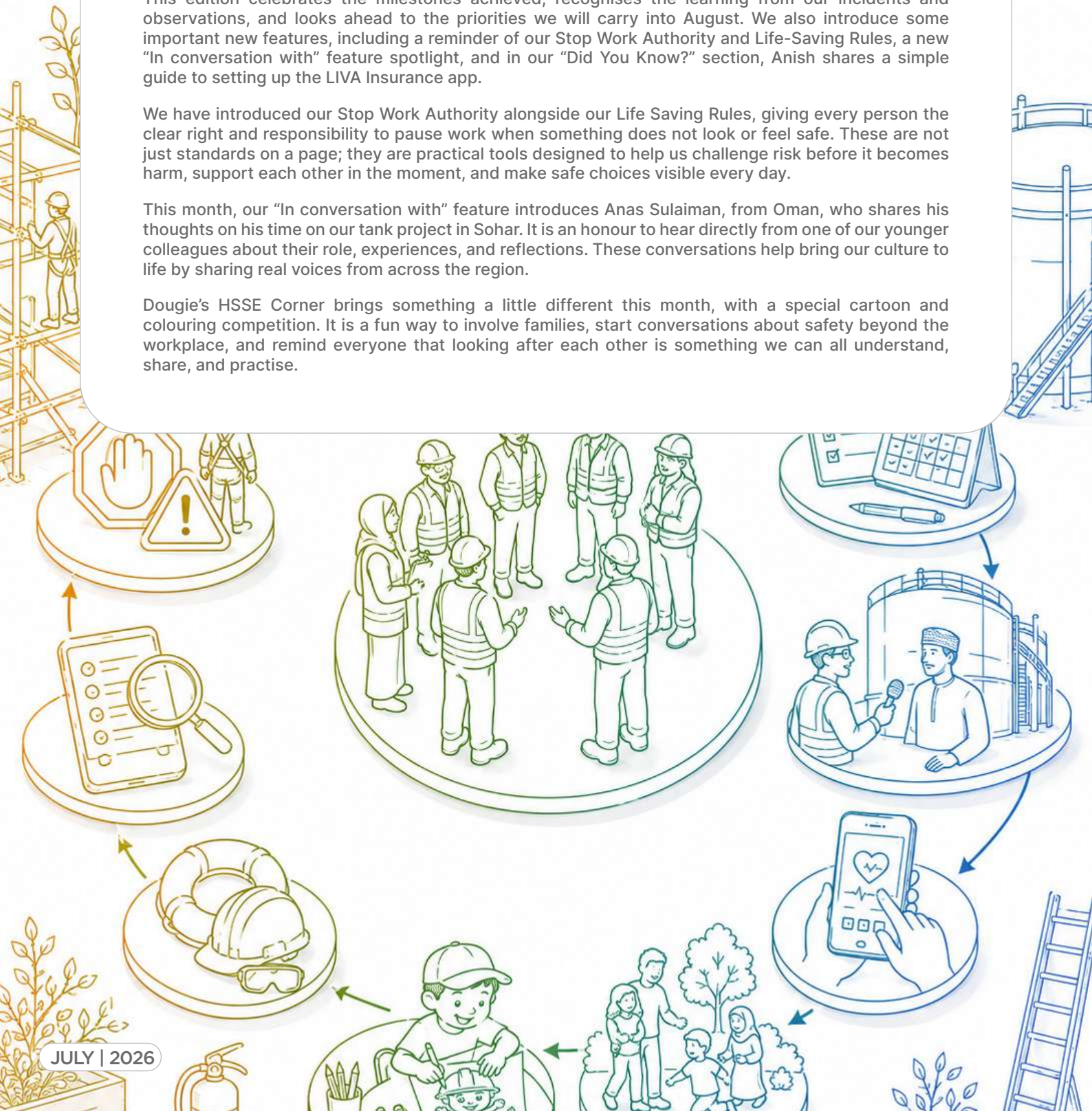
Welcome to this month's Regional HSSE Newsletter, bringing together the key safety, health, security, and environmental highlights from across our operations in the UAE, Oman, and Saudi Arabia. July was another strong reminder that performance is not measured by numbers alone, but by the everyday choices, conversations, interventions, and acts of care that help keep our people safe.

This edition celebrates the milestones achieved, recognises the learning from our incidents and observations, and looks ahead to the priorities we will carry into August. We also introduce some important new features, including a reminder of our Stop Work Authority and Life-Saving Rules, a new "In conversation with" feature spotlight, and in our "Did You Know?" section, Anish shares a simple guide to setting up the LIVA Insurance app.

We have introduced our Stop Work Authority alongside our Life Saving Rules, giving every person the clear right and responsibility to pause work when something does not look or feel safe. These are not just standards on a page; they are practical tools designed to help us challenge risk before it becomes harm, support each other in the moment, and make safe choices visible every day.

This month, our "In conversation with" feature introduces Anas Sulaiman, from Oman, who shares his thoughts on his time on our tank project in Sohar. It is an honour to hear directly from one of our younger colleagues about their role, experiences, and reflections. These conversations help bring our culture to life by sharing real voices from across the region.

Dougie's HSSE Corner brings something a little different this month, with a special cartoon and colouring competition. It is a fun way to involve families, start conversations about safety beyond the workplace, and remind everyone that looking after each other is something we can all understand, share, and practise.





## The everyday choices we make matter

Looking across the region this month, there is a lot we can be proud of. Three countries, eight-plus projects, many hard hours worked, and the one shared outcome that matters more than anything else: everybody went home. That is not something we should ever take for granted. It reflects planning, supervision, teamwork and thousands of everyday decisions made in the heat, in busy work fronts, during lifts, excavations, increasingly energised work areas, driving tasks, site movements and routine activities that can quickly become anything but routine.

At the same time, a good month does not mean an easy month, and it certainly does not mean we can relax. The restricted work case in the UAE is a clear reminder that risk is still present, especially around line of fire, pinch points, hand placement and changing site conditions. The value of the month is not only in the zeros we achieved, but in what we learned, what we corrected, and what we choose to do differently tomorrow.

What is encouraging is the direction of travel. Observations are being raised, conversations are happening, drills are being tested, welfare is being checked, and teams are recognising both good practice and areas that need attention. That tells us people are looking, thinking and getting involved. It tells us safety is not sitting in a procedure or waiting for an inspection; it is being shaped by the people closest to the work.

So as we move into August, we should do so with confidence, but not complacency. Confidence because the foundations are strong. Caution because every new mobilisation, every new interface, every hot day and every familiar task brings a fresh opportunity for risk to appear. Our challenge is simple: keep the conversation alive, keep using Stop Work Authority when something does not look or feel right, and keep making the small choices that protect each other.

Safety and wellbeing remain our ambition, but it is not a slogan and it is not a guarantee. It is something we earn, shift by shift, through care, courage and consistency. July has given us reasons to be optimistic. August gives us the opportunity to prove that optimism is matched by action.

**Greg Crook**  
Deputy Regional Director

# Regional Roundup

## Sultanate of Oman

### Steady hands, sharper eyes.

Oman delivered another steady and disciplined month, recording 206,884 working hours in July. Most importantly, the team closed the month without a recorded incident, reflecting the quiet consistency of people paying attention to the basics.

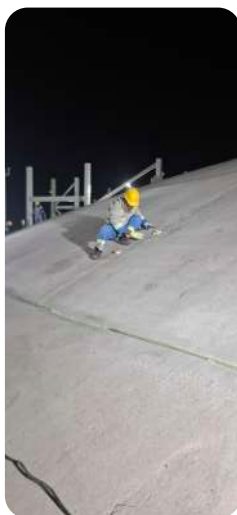
The observation culture continued to strengthen as well. 347 observations were raised in July, taking the running total past 1,860. Supervision and housekeeping were the main themes, but it was also encouraging to see a healthy share of positive observations. That matters, because learning is not only about finding what is wrong; it is also about recognising and repeating what is going well.

On the gas network project, 352 observations were logged, with unsafe conditions and at-risk behaviours making up much of the trend. That honesty is valuable. It shows that people are prepared to speak up about real conditions on the ground, rather than waiting for an inspection or assuming someone else will deal with it.

Learning activity during the month covered a broad range of practical topics, including electrical safety, defensive driving, safe access and egress, traffic management, and banksman-operator communication. These are the moments where people, vehicles, equipment and changing work fronts often come together, so keeping them visible remains essential.



The team also tested its readiness through a heat stress emergency response drill. While the images may look dramatic, exercises like this help prepare our teams to respond effectively in a real emergency.



## Regional Roundup

Illumination surveys and lux monitoring also helped ensure night work areas remained adequately lit and safe. Together, these activities demonstrate how controls are being tested in practice, rather than simply recorded in planning documents.



On the LNG project, the focus on basics remained strong through weekly toolbox talks, daily task-risk meetings, lifting crew awareness sessions and a mass housekeeping push. None of these activities are complicated on paper, but when they are done consistently, they create the conditions for people to work with greater confidence and control.



## Regional Roundup

### United Arab Emirates

#### Momentum you can feel

In the UAE, July gave us real momentum. Across four active projects, around 1,550 people were on the ground. That level of activity brings complexity, pace and plenty of moving parts, so the safe delivery achieved says a great deal about the discipline and commitment of the teams involved.

There were also milestones worth pausing for. One civil works project surpassed 1.0 million safe man-hours, while our teams stood alongside a wider project family celebrating 50 million hours without a lost time injury.



Behind those big numbers are routine checks, difficult conversations, careful planning and people looking out for one another.

The observation picture was equally important. 458 observations were raised, with housekeeping, PPE, work at height and electrical safety leading the trends. These are everyday risks that can become too familiar if we stop noticing them, so every observation is another chance to correct something before it causes harm.

We also need to be honest about the restricted work case involving a colleague whose finger was trapped while dismantling shuttering support. Pinch points need to be identified before hands go near them, hand placement challenged in the moment, and supervision kept visible where the risk is greatest.



## Regional Roundup

The month's campaigns helped keep that focus alive, particularly around line of fire, power tool safety and heat stress. Hydration parades, heat-stress medical emergency drills at every site, brownfield inductions, new site access controls and senior leadership walkdowns all helped turn the message into visible action.



It was also good to see people recognised for the part they played. Seven colleagues were honoured for their environmental month contributions, Mohammad Shafiq Rehmat Khan was recognised with the project's Best Driver Award, and monthly HSE incentive awards were shared across sites. Recognition matters because it shows that safe choices, positive leadership and care for the environment are noticed and valued.



# Regional Roundup

KSA

## The quiet strength of consistency

Saudi Arabia showed the quiet strength of consistency in July. Across three live projects, teams worked 224,470 hours during the month, taking the country total to 11.77 million hours to date, with around 730 people at work.

The month closed with zero lost time injuries or medical treatment cases. That is a strong result, but as always, it is best viewed as encouragement rather than permission to ease off. Clean sheets are protected by the next decision, not the last statistic.

Observation activity was especially strong, with 889 observations raised in July. On the water treatment project, the twelve-month trend tells a genuinely encouraging story: at-risk observations have fallen from a peak of 99 a month to 18, while unsafe conditions have reduced from 136 to 43. That suggests a workforce steadily engineering risk out, rather than simply learning to live with it.

Training continued to build capability, climbing again to 88 sessions in July. The focus was practical and risk-based, covering flagman and banksman duties, standby and hole watch, fire watch, confined space, manual handling, work at height, heat stress and line of fire.



These are the subjects people need when the work becomes busy, hot, pressured or unpredictable.

A flash fire evacuation drill at the water treatment site tested the response to a gas release and ignition scenario, including evacuation, coordination and crowd control at assembly points. The value came not only from completing the drill, but from the debriefs that followed, turning the exercise into practical learning rather than paperwork.

The Hand and Finger Injury Campaign at the NGL project was another strong feature of the month. Through toolbox talks, practical demonstrations and recognition for those leading by example, the campaign brought attention back to pinch points, sharp edges, machine guarding, isolation discipline, task-appropriate gloves and the kinds of controls that protect people in the moment.

The month also included an internal HSE audit, a camp food survey and gas appliance safety sessions. These may sit outside the obvious work-front risks, but they matter because welfare, camp conditions and off-the-tools safety are all part of how we look after our people.

## Did you know?

Did you know you can access your medical insurance information through the LIVA Insurance app? Thanks to Anish for sharing a simple guide to help colleagues get set up and access the information they need.

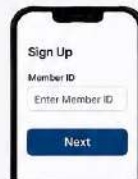
### HOW TO SET UP YOUR LIVA INSURANCE APPLICATION



- 1 DOWNLOAD LIVA APPLICATION**  
Go to Google Play Store or Apple App Store and search for "Liva Insurance".



- 2 SIGN UP WITH MEMBER ID**  
Open the app and sign up using your Member ID. (Obtain it from Khalfan / Ohood / Anish)



- 3 CREATE PASSWORD / MPPIN**  
Create a strong password or set your MP PIN to secure your account.

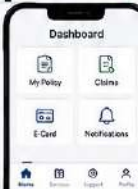


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- 4 ENABLE FACE ID (OPTIONAL)**  
For faster and more secure access, enable Face ID (optional).



- 5 START USING LIVA**  
You're all set! Explore your benefits, make claims, and manage your insurance anytime, anywhere.



**Need Help?**  
For any assistance, contact the HR or Medical Team.

**DOUGLAS OHI**

Caring Today, Supporting Tomorrow.



## In Conversation With



### Anas Sulaiman

Civil Engineer

1

**Can you tell us about your current role and main responsibilities at Douglas OHI?**

*I have been working as a Civil Engineer at Douglas OHI for the past year, and I also handle QC-related responsibilities.*

*My focus is on maintaining quality and safety on site while ensuring smooth project progress. I also make sure that company policies are followed in all work areas and that the team works together in line with Douglas OHI standards.*

2

**What inspired you to pursue a career in your field?**

*My entry into engineering, and civil engineering in particular, was somewhat accidental. Yet I have grown to love what I do. Every day after work, I take something valuable with me, whether it is a lesson from my colleagues or from the site, that pushes me one step closer to my goals.*

3

**What has been your most memorable project or achievement with Douglas OHI so far?**

*My time on the Marsa LNG Project will always be memorable.*

*Working every day in a body harness, climbing ladders, working on jumping platforms and navigating hanging platforms pushed me to my limits. It was challenging, but every moment made it an experience I will never forget.*

4

**What challenges have you faced in your role, and how did you overcome them?**

*Managing people with multiple mindsets is one of the biggest challenges on site.*

*Convincing experienced workers to stop unsafe shortcuts takes a lot of patience.*

*I believe in staying calm, listening first, and then guiding people patiently towards safer ways of working.*

5

**How do you contribute to promoting health, safety, and sustainability at work?**

*I make it a habit to walk through the workplace regularly and observe how the site changes hour by hour.*

*Whenever I get a chance to speak with the team beyond our toolbox talks, I use that moment to reinforce the importance of good health and a strong safety culture.*

6

**Can you share an example of teamwork or collaboration that made a difference on your project?**

*On the Marsa LNG Double-Walled Tank Project, removing the internal platforms was a tough task. We set targets, I motivated the team, and we completed it successfully. The most inspiring part was the teamwork. When one person was tired, another would step up to encourage them. Seeing that support made me incredibly proud. It was phenomenal.*

7

**What advice would you give to new employees joining Douglas OHI?**

*Douglas OHI offers a culture that was completely new to me when I joined, and one that I have really come to value. That has been my experience, and I believe many colleagues would agree.*

8

**What are your hopes or goals for the future, both professionally and personally?**

*I want to learn, work, gain experience, and grow in my career. Personally, I am working to become a better person with a stronger character, both in the workplace and in life.*

9

**What aspects of your work give you the greatest sense of fulfilment?**

*Completing tasks on time, maintaining good relationships with everyone, and helping people when they need a hand are the things that truly make me feel fulfilled.*

# Dougie's HSSE Corner

This month, Dougie shares his experience with our Stop Work Authority Policy



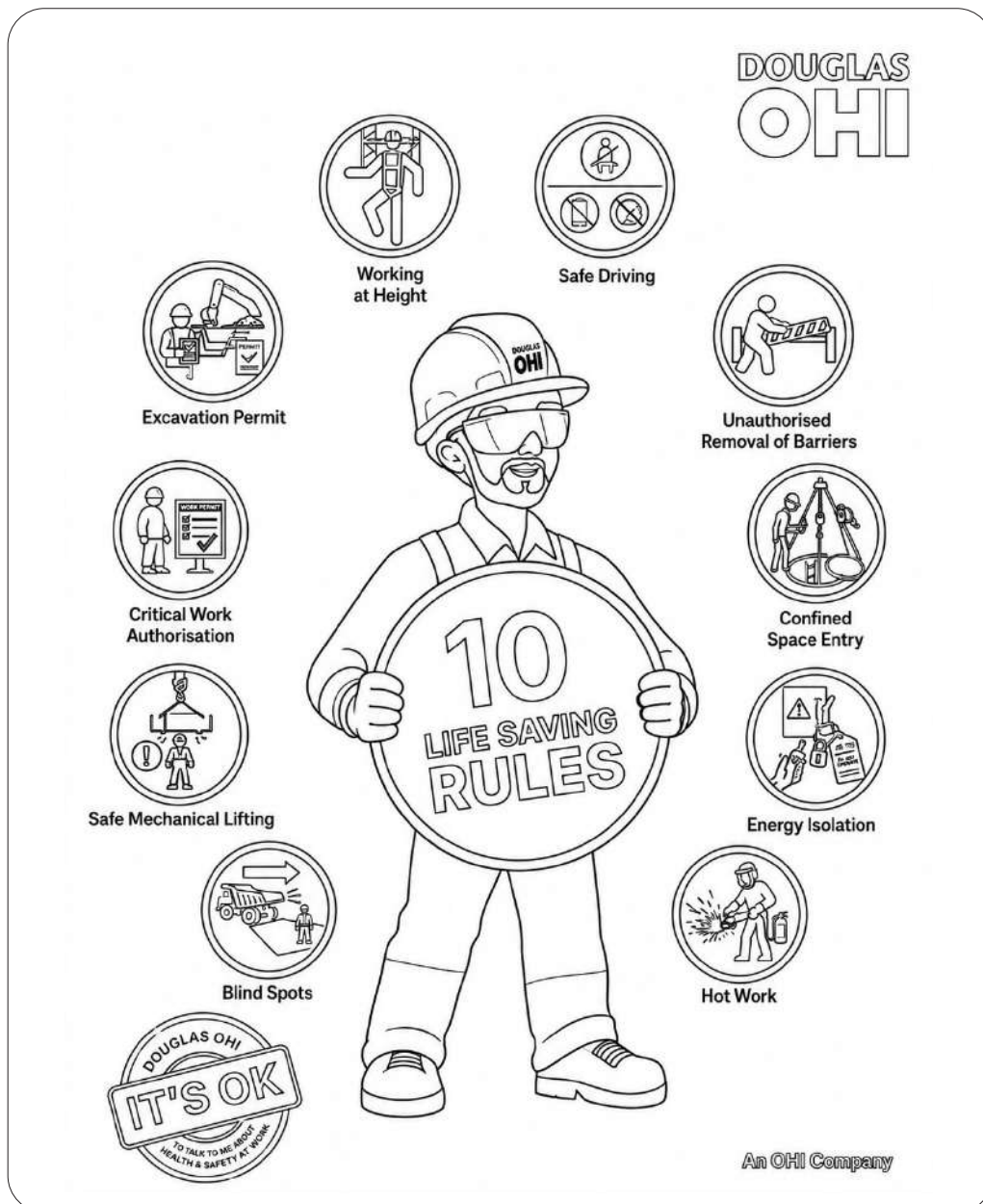
**DOUGLAS OHI** 10 LIFE SAVING RULES + STOP WORK AUTHORITY = EVERYONE GOES HOME SAFE



## Dougie's HSSE Corner

### A quick reminder

Learn the rules that help keep everyone safe as you colour them in.



Why not discuss the 10 Life Saving Rules with your parents  
and send your masterpiece to [Dougie@douglasohi.com](mailto:Dougie@douglasohi.com)  
for a chance to win a prize?