

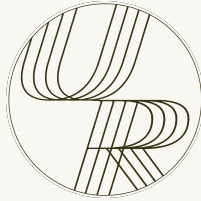


Upper Room

1849 Yonge St., #810 | Toronto, ON M4S1Y2

Tel: (647) 521-8024 | Fax: (647) 348-8024

hello@upperroomclinic.com



# The Upper Room

## Service Menu & Price List

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Prices in CAD. Unless otherwise noted, medical services are not subject to HST.

Certain IV drips, wellness services, and supplements may include HST.



# Welcome

## Service Menu & Price List

## About Us

Welcome to the Upper Room: Your Home for Transformative Health. Our functional, regenerative and precision medicine practice focuses on creating an environment in which your mind, body and soul can thrive, revive and repair. We offer medically informed modalities to activate and support your innate healing and living potential.

## How It Works

Each new patient is onboarded into the Upper Room by attending a consultation with the physician, either up to 30 or 60 minutes, or an intake with the health facilitator or coach. All initial consultations with the physician include a complimentary up to 15-minute follow-up to review diagnostics issued at the time of the initial consultation.

## Consultations & Initial Visits

### Initial Functional Medicine Consultation (up to 30 / up to 60 min)

**\$350 / \$600**

A consultation, assessment and evaluation with the physician reviewing your health history from birth to the present day — the physiological systems and the mental, emotional and spiritual experiences throughout. A whole-health perspective and root-cause identification, addressing several concerns at once and assessing how multiple systems interact over time. Includes a treatment plan tailored to your unique health goals (diet, lifestyle, supplements, personalized medicine, and mental/emotional/spiritual support). The 60-minute consultation includes a complimentary up to 15-minute follow-up with the physician and up to a 30-minute appointment with our health coach. If the 30-minute consultation exceeds 30 minutes, additional charges will apply.

### Wellness Consultation

**\$175**

For patients seeking access to our wellness IV infusions and self-guided wellness journeys. Eligible patients must have a null history of any health conditions and may not be currently experiencing a health concern. If an IV Therapy infusion is booked within 7 days, the consult fee is waived at the time of the IV appointment; the fee is not waived in any other circumstance.

### Injection Therapy Consultation

**\$175**

For patients seeking to access our injection therapies for pain management. Regenerative injections include Platelet Rich Plasma (PRP), Prolozone, Prolotherapy and Ozone. Your consultation with the physician includes an assessment of your most recent imaging, a physical examination of the injury, and recommendations on the most beneficial type of injection therapy for your unique case.

### Arthrosamid Consultation

**\$300**

For patients considering an Arthrosamid knee injection. Your consultation with the physician includes an assessment of your most recent imaging, a physical examination of the knee, and a determination of whether Arthrosamid is right for your unique case.

### RGCC Insights

**\$600**

The Upper Room provides personalized cancer insights via R.G.C.C., a global cancer genetics research group providing leading laboratory services for the prevention and characterization of cancer. This 60-minute consultation provides an in-depth understanding of your RGCC results and recommendations for the application of those results. Appropriate for existing patients and for patients looking to access RGCC services only.



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**RGCC Insights Follow-Up****\$600**

A 30-minute follow-up appropriate for patients who have undergone multiple RGCC tests. Insights are provided by comparing and contrasting changes over time, with an updated treatment plan.

**Diagnostics and Programs Intake****\$175**

A 30-minute initial intake with the health team providing access to our longevity, optimization and diagnostics programs. Includes a mini follow-up with the physician to review diagnostics and provide therapeutic recommendations.

**Medical Aesthetics Consultation****\$175**

Access our medical aesthetics services such as PRP, Skin Pen microneedling, fillers, and Botox. The consultation price is included in your next treatment if booked within 6 months.

**Hair Rejuvenation Initial Consultation****\$175**

A consultation with the physician to determine whether platelet-rich plasma (PRP) hair rejuvenation is right for you. For optimal results, ask about the Tissue & Wound Healing drip or High Dose Vitamin C (HDVC) 25g.

**Sexual Wellness Consultation****\$175**

For patients interested in accessing sexual wellness services such as the P-Shot, O-Shot, P-Shot with Botox and P-Shot with fillers. If the service is booked within 1 month, the consultation fee is waived.

**Follow-Up Appointment****\$150****Mini Follow-Up Appointment****\$75****Health Coaching Session (15 minutes)****\$40****Health Coaching Session (30 minutes)****\$75**

## Cancellation Policy

A valid credit card is required at the time of booking. We require at least 48 hours' notice to cancel or reschedule any appointment. For no-shows, a fee of 50% of the service fee will be charged. If you are experiencing an emergency, this policy does not apply to you.



## Regenerative Pain Management Injections

Our injections focus on regenerative medicine and fall under the umbrella of 'Prolotherapy' (proliferative therapy) — meaning we are initiating your body's natural healing mechanisms. Each injection differs in the manner it does this, which is why it is important to consult the physician before starting any injection regimen.

### Platelet Rich Plasma (PRP)

The cost of PRP depends on the kit technology used and/or the number of sites to be injected.

|                                                 |                |
|-------------------------------------------------|----------------|
| <b>PRP — 2–5x baseline platelets</b>            | <b>\$950</b>   |
| <b>PRP — up to 18x baseline platelets</b>       | <b>\$1,400</b> |
| <b>Additional Area</b>                          | <b>\$250</b>   |
| <b>Augmentation of PRP using the MCT system</b> | <b>+\$250</b>  |

### Autologous Exosomes (Joint Injection via the MCT System)

Autologous exosomes are regenerative signalling particles isolated from your own blood and delivered directly into the joint using the MCT system. Preparing and delivering your sample through the MCT system makes for a more comfortable injection and may enhance the efficacy of treatment by concentrating the regenerative signals delivered to the tissue. Two tiers are available depending on the concentration and volume required for your case.

|                                     |                |
|-------------------------------------|----------------|
| <b>Autologous Exosomes — Tier 1</b> | <b>\$1,250</b> |
| <b>Autologous Exosomes — Tier 2</b> | <b>\$1,700</b> |

### Zimmer Biomet nStride APS (Autologous Protein Solution)

A single-injection therapy made from a small sample of your own blood, concentrated to deliver a high dose of your body's natural anti-inflammatory proteins and growth factors directly into the joint. nStride is designed specifically for knee osteoarthritis — helping to interrupt the inflammatory cycle, relieve pain and slow cartilage breakdown, often providing lasting relief from a single treatment.

|                                  |                |
|----------------------------------|----------------|
| <b>Zimmer Biomet nStride APS</b> | <b>\$1,800</b> |
|----------------------------------|----------------|

### Arthrosamid Knee Injection

A single-injection hydrogel treatment for knee osteoarthritis. Requires an Arthrosamid Consultation with the physician prior to treatment. Priced per knee.

|                                              |                |
|----------------------------------------------|----------------|
| <b>Arthrosamid Knee Injection (per knee)</b> | <b>\$3,900</b> |
|----------------------------------------------|----------------|

### Ozone / Prolotherapy (Dextrose) / Prolozone

|                                                        |              |
|--------------------------------------------------------|--------------|
| <b>Jaw / Lower Back / Neck</b>                         | <b>\$350</b> |
| <b>Prostate injections</b>                             | <b>\$350</b> |
| <b>All other sites</b>                                 | <b>\$270</b> |
| <b>Any additional site apart from the primary area</b> | <b>\$100</b> |

### Botox for Pain Management

|                                                                              |              |
|------------------------------------------------------------------------------|--------------|
| <b>Migraine Protocol (with Insurance)</b>                                    | <b>\$350</b> |
| <b>Migraine Protocol (without Insurance — injecting fee + cost of Botox)</b> | <b>\$725</b> |
| <b>Botox for Chronic Pain (price per unit)</b>                               | <b>\$15</b>  |

### Ultrasound Guidance

**\$50**

Ultrasound guidance is available upon request. The patient is only charged if they request ultrasound guidance in cases



where the physician does not deem it necessary for the success of the treatment.



## Vitamin Injections (IM) & IV Pushes

Our intramuscular (IM) injections and intravenous (IV) pushes deliver targeted nutrients directly into the muscle or bloodstream for rapid absorption with minimal downtime. Unlike a full IV infusion, these quick treatments take only a few minutes and are ideal for maintaining energy, immunity and overall wellness between visits. Single doses and discounted 5-packs are available.

| Injection              | Dose                                    | Route   | Single | 5-Pack |
|------------------------|-----------------------------------------|---------|--------|--------|
| B12 (Methylcobalamin)  | 5,000 mcg                               | IM      | \$60   | \$270  |
| B12 (Maintenance)      | 1,000 mcg                               | IM      | \$40   | \$180  |
| Vitamin D3*            | 100,000 IU                              | IM      | \$75   | —      |
| B-Complex 100          | Standard B-100 formulation              | IM      | \$60   | \$270  |
| Glutathione            | 600 mg                                  | IV Push | \$95   | \$425  |
| Biotin                 | 10 mg (10,000 mcg)                      | IM      | \$60   | \$270  |
| MIC + B12 (Lipotropic) | M25 / I50 / C50 + B12 1,000 mcg         | IM      | \$100  | \$450  |
| Tri-Immune             | Glutathione 200 / Vit C 200 / Zinc 4 mg | IV Push | \$90   | \$400  |

\*Vitamin D3 is available as a single dose only.

### NAD+ IM — Titrated to Tolerance (Start Low · Build Up)

NAD+ IM can feel intense at higher doses. We start patients at 10 mg and titrate up only as tolerated — the same approach Dr. Kostovic uses for the IV protocol. This is not a self-selected menu.

|                                                  |                            |
|--------------------------------------------------|----------------------------|
| <b>NAD+ IM 10 mg — Recommended Starting Dose</b> | <b>\$40 / 5 for \$180</b>  |
| <b>NAD+ IM 50 mg — Low Therapeutic Dose</b>      | <b>\$65 / 5 for \$290</b>  |
| <b>NAD+ IM 100 mg — Standard Maintenance</b>     | <b>\$115 / 5 for \$520</b> |
| <b>NAD+ IM 200 mg — Max Comfortable Dose</b>     | <b>\$215 / 5 for \$975</b> |



## Immune Support: IV Hyperbaric Ozone & Oxygen Therapy

IV Ozone uses a whole-body, physiological approach to regenerative medicine, working with the body's innate healing mechanisms to support optimal (re)balance and functioning. Using a secure, safety-locked hyperbaric machine, the IV Ozone procedure ozonates ~250 ml of blood at 70 gamma concentration of ozone and oxygenates the entire volume of blood at each pass. This activates the body's own healing mechanisms, stimulates the immune system, modulates inflammatory pathways, supports tissue and organ repair, and oxygenates the body. A single 10-pass session oxygenates and ozonates 2–2.5 litres of blood. IV ozone therapy has been shown to increase antioxidant production, immune resilience, circulation and tissue oxygenation; reduce blood sugar and increase metabolism; repair mitochondrial dysfunction; increase energy; reverse visible signs of aging; and support wound healing and overall recovery.

### IV Ozone Therapy — 10 Pass

**\$750**

Compassionate pricing of \$650 applies to patients with an active cancer diagnosis or an approved application for financial assistance.

### IV Ozone Therapy — 5 Pass

**\$450**

### IV Ozone Therapy — Single Pass

**\$200**

### IV Ozone Therapy — each subsequent pass

**\$100**

## Ultraviolet Blood Irradiation (UVBI / UBI)

Ultraviolet blood irradiation uses UV light to destroy microorganisms such as bacteria, viruses and fungi. With exposure to UV light, immune-system response increases while the UV light kills infecting organisms, making them “antigenic” and helping direct the immune system to specific infections the body is attempting to overcome.

### UVBI — add-on to IV Ozone

**\$225**

### UVBI — 1 Pass Solo

**\$325**

## Hocatt Session

This therapy targets the skin, vascular and lymphatic systems. A chamber from the neck down releases carbonic acid and ozone gas over 30–45 minutes, alongside Frequency Specific Microcurrent, Far Infrared, Pulsed Electromagnetic Field Therapy, clean oxygen and light therapy. Shown to reduce blood pressure, decrease acute and chronic pain, increase metabolic functioning, help build and sustain muscle while losing fat, remove warts/skin tags/fungal infections, increase muscle-tissue oxygenation, and attune the cells to over 100 frequencies.

### Single Hocatt Session

**\$165**

### Hocatt Package (10 Sessions)

**\$1,450**

## Pulsed Electromagnetic Field (PEMF)

Our PEMF bed uses a magnetic field to repair and energize the body. PEMF is non-contact — no electrodes or pads touch your body. Shown to slow aging by neutralizing free radicals, stimulate collagen, boost cellular respiration, increase energy and tissue oxygenation, decrease muscle tension and pain from spasms, reduce swelling and inflammation, support lymphatic circulation and detoxification, release endorphins, normalize cholesterol, and improve diabetic neuropathy and vasculopathy.

### High-Intensity PEMF (per session, 12 min)

**\$40**

### PEMF Package of 10

**\$300**



## Nutrient & Vitamin Infusions

The following vitamin & nutrient therapies have been designed to complement our metabolic enhancement therapies. Our clinicians will provide greater information on their synergies at your consultation.

### Alpha Lipoic Acid 300mg

**\$220**

Pricing begins at \$220 for the lowest dose (300mg) and increases as per the dose required by your treatment plan. Duration: 30–90 minutes. Ingredients: ALA, normal saline.

### Essential Vitamin + Amino Acid Infusion

**\$185**

Supports optimal cellular function and gene expression through a medley of amino acids, B-complex, extra B-6, B-5, B-12 and folic acid. For those deficient in basic vitamins and amino acids, building muscle and/or training for an event, boosting resilience to cold and flu, or struggling with chronic pain. Duration: 30 min. Ingredients: Vitamins C, B-6, B-5, B-100 complex, B-12, MTHF; Travasol 10% (amino acid medley).

### Chelation Therapy

**\$240**

Heavy-metal detox. Ingredients: Disodium EDTA, Vitamin C, Vitamin B12, B-Complex, NaHCO<sub>3</sub>, MgCl, Dexpantenol, Pyridoxine, Potassium chloride. Duration: 1.5–3 hours.

### Detox

**\$185**

Time for spring cleaning? This infusion helps remove cellular debris and detoxify your system with zinc, selenium, calcium, magnesium, ascorbic acid, a variety of B vitamins and folic acid, plus taurine, molybdenum and Lymphomyosot. Duration: 60 min.

### Detox #2

**\$300**

Includes additional ingredients from our Detox infusion. Additions: Methionine, Inositol, Choline (MIC) & Multi-Trace Mineral Elements (MTE-5). Duration: 60 min.

### Hydration Plus

**\$185**

Take charge of your dehydration. An infusion of sterilized water, calcium, magnesium and potassium helps set your body back to balance, with additional B vitamins to ease the anxiety dehydration can cause. 5 tiers; Tier I begins with 500 ml of sterile water, increasing to 1000 ml with or without normal saline and/or amino acids. Duration: 45–60 min.

### Hydration + (Mini)

**\$225**

Ingredients: Vitamin C, Calcium, Magnesium, Potassium, B-complex, B-6, B-12. Duration: 45–60 min.

### Immune Boost

**\$185**

Includes all the basics to keep your immune system ready to fight off pathogens. Our special ingredient from Germany provides an herbal antiviral remedy found exclusively at our location. Ingredients: sterile water, vitamin C, magnesium chloride, calcium chloride, potassium chloride, zinc concentrate, B-100 complex, sodium bicarbonate, Engystol, selenium. Duration: 45–60 min.

### Libido Boost

**\$185**

Stoke your fire with revitalizing amino acids and heart-healing vitamins and minerals to increase blood flow, energy and resilience to stress. Ingredients: vitamins C, B5, B6, B12 and B-100 complex; magnesium, calcium, potassium, taurine, carnitine, arginine, and zinc. Duration: 60 min.

### Mind Sharpener

**\$185**

Clarify your mind and boost brain chemistry for a streamlined thought process. Includes 1–3 g of glutathione to clean up free radicals and waste, finished with Phosphatidylcholine. Ingredients: vitamin C, magnesium chloride, calcium chloride, selenium, taurine, carnitine, zinc concentrate, B-100 complex, sodium bicarbonate, dexpantenol, pyridoxine, methyl B-12, MTHF-5. Duration: 45–60 min.

### Ocean Drip

**\$265**

Ingredients: DMSO 99%, NaHCO<sub>3</sub> 8.4%, MgSO<sub>4</sub> 1.5%, sterile water. Duration: 60–90 min.



### **Pain Support**

**\$185**

Chronic pain is largely the result of chronic inflammation. This infusion includes vitamin C, a variety of amino acids and minerals, B-complex, and MSM, an anti-inflammatory compound shown to relieve pain from rheumatoid arthritis, fibromyalgia, lower back and scleroderma. Ingredients: sterile water; Vitamins C, B5, B6, B-12, B-complex; zinc, magnesium, calcium, potassium; lysine, proline, taurine; sodium bicarbonate, Traumeel, 99% MSM. Duration: 45 min.

### **Pure Energy**

**\$185**

Boost energy levels to maintain optimal functioning despite a hectic schedule. Carnitine and taurine promote efficient use of fats while increasing ATP and oxygen use. Ingredients: vitamin C, magnesium chloride, calcium chloride, B-5, B-6, B-12, B-100 complex, sodium bicarbonate, taurine, carnitine, MTHF. Duration: 30–45 min.

### **Replenish**

**\$205**

Jam-packed with nutrients to revitalize and refresh the body, replenishing vital minerals that are co-factors in essential physiological processes. Ingredients: Vitamin C, magnesium, calcium, potassium, selenium, zinc, amino acid medley, biotin, methylcobalamin (B12), chromium, multi-trace mineral medley, B-100 complex, pyridoxine (B6), dexpantenol (B5), carnitine, taurine, glycine, molybdenum, folic acid. Duration: 45 min.

### **Rejuvenate**

**\$195**

Rejuvenate your whole being from the inside out. Follow up with a glutathione infusion for an added glow. Ingredients: Vitamin C, Zinc, B-Complex, Magnesium, Calcium, Sodium Bicarbonate, Pyridoxine, Selenium, Dexpantenol, Proline & Lysine. Duration: 45 min.

### **Stress Buster**

**\$185**

Experience the comfort of feeling at home within yourself. Includes Tryptophan, taurine and glycine to bring you back to centre, with a large dose of glutathione as a system cleanser. Ingredients: sterile water, vitamin C, magnesium sulphate, calcium gluconate, potassium chloride, B-5, B-6, B-12, B-100 complex, MTE-5, glycine, taurine, carnitine, MTHF. Duration: 60 min.

### **Slim Down: Metabolic Boost**

**\$185**

Provides Carnitine to help your cells use fatty acids for energy, with Taurine to strengthen muscles and increase blood flow. Also provides methionine, inositol, choline, B-6, B-100 complex, B-5 and vitamin C. We strongly recommend booking the PTC infusion prior to this therapy for best results. Ingredients: vitamin C, sodium bicarbonate, taurine, M.I.C., vitamins B-5, B-6, B-100 complex, carnitine. Duration: 45–60 min.

### **Skin Support**

**\$185**

Ingredients: Sterile Water, Pyridoxine, Vitamin C, Vitamin B-Complex, Sodium Bicarbonate, Dexpantenol, Magnesium Chloride, Methyl-B12, Calcium chloride, MTHF, Selenium, Taurine, Lymphomyosot, MTE-5, Zinc chloride, Carnitine. Duration: 45 min.

### **Tissue and Wound Healing**

**\$195**

A major repair requires recovery time, support and care. Serves as a full-profile nutrient supplementation while clearing cellular damage — finished with a 200 mg glutathione push to reduce inflammation and promote healing. Ingredients: selenium, zinc concentrate, magnesium chloride, vitamins B-5, B-6, B-12, B-100 complex, ascorbic acid, proline, taurine. Duration: 60 min.

### **Athlete Vitamin & Amino Acid Infusion**

**\$225**

An abundance of vitamins and amino acids to assist with optimization, recovery and the strengthening of connective tissue. Ingredients: sterile water, vitamin C, magnesium chloride, calcium chloride, potassium chloride, taurine, proline, lysine, l-carnitine, B-100 complex, sodium bicarbonate, methyl-b12, MTE5, pyridoxine, dexpantenol, MSM, zinc chloride. Duration: 45 min.

### **Phosphatidylcholine (PTC)**

**\$205**

PTC is a key component of the cellular membrane, which decreases with age, stress and illness. Excellent for those struggling with chronic illness, sustained liver damage, exposure to environmental toxins, or recovering from serious infection. Ingredients: phosphatidylcholine and D5W (5% dextrose in water). Duration: 60 min.

### **Cell Support**

**\$265**

Designed to increase cellular health, efficiency, mitochondrial renewal and endogenous antioxidant production. Ingredients: Vitamin C, B-Complex, B-5, B-6, B-12, MethylFolate, Selenium, Calcium, Magnesium, Taurine, and Carnitine.



Duration: 60 min.

### **Intensive Connective Tissue Rebuild (Tissue/Prolotherapy Support)**

**\$650**

An abundance of vitamins and amino acids to assist with optimization, recovery and strengthening of connective tissue.

Ingredients: vitamin C, magnesium, zinc, calcium, potassium, taurine, proline, lysine, carnitine, B-vitamins, B-12, folate, trace mineral complex, selenium and MSM. Duration: 60 min.

### **Hormone Support**

**\$190**

Ingredients: sterile water, vitamin C, sodium bicarbonate, magnesium sulphate, calcium gluconate, selenium, Lymphomyosot, zinc chloride, methionine, inositol, choline, pyridoxine, B-100 complex, dexpantenol, methyl b-12, folic acid, taurine, glycine, MTE-5.

## Glutathione

A powerful antioxidant that cleans up free radicals, promotes optimal cellular functioning and is associated with anti-aging. A popular pairing with High Dose Vitamin C therapy and Phosphatidylcholine. Duration: 30 min.

|                 |              |
|-----------------|--------------|
| <b>1,400 mg</b> | <b>\$90</b>  |
| <b>1,600 mg</b> | <b>\$110</b> |
| <b>1,800 mg</b> | <b>\$130</b> |
| <b>2,000 mg</b> | <b>\$140</b> |
| <b>3,000 mg</b> | <b>\$165</b> |
| <b>5,000 mg</b> | <b>\$200</b> |

## Iron Infusions

Infusion is dependent on weight, hemoglobin levels and iron stored in the body. Ingredients: Iron Sucrose (Venofer) and Sodium Chloride.

|                              |              |
|------------------------------|--------------|
| <b>With Insurance</b>        | <b>\$130</b> |
| <b>Without Insurance</b>     | <b>\$230</b> |
| <b>Monoferic iron 500mg</b>  | <b>\$390</b> |
| <b>Monoferic iron 1000mg</b> | <b>\$650</b> |

## NAD+ IV

Used to optimize your overall health and wellness, and to help alleviate difficult-to-treat metabolic disorders and increase your vitality. Duration: 1.5–8 hrs. Included with every NAD+ IV session: an Essential Vitamin & Amino Acid infusion and a 2,000 mg glutathione push at the end of your session — so you receive more therapeutic value in a single visit.

|                     |                |
|---------------------|----------------|
| <b>NAD+ 100 mg</b>  | <b>\$300</b>   |
| <b>NAD+ 200 mg</b>  | <b>\$450</b>   |
| <b>NAD+ 300 mg</b>  | <b>\$600</b>   |
| <b>NAD+ 500 mg</b>  | <b>\$800</b>   |
| <b>NAD+ 1000 mg</b> | <b>\$1,250</b> |
| <b>NAD+ 1500 mg</b> | <b>\$1,800</b> |



## High Dose Vitamin C Therapy (HDVC)

Base ingredients: Vitamin C, magnesium, calcium, potassium, sterile water. Duration: 45 minutes to 3 hours depending on tolerance & health goals.

### **Mega C Antiviral**

**\$450**

Made to help the immune system eradicate viral infection. Includes Vitamin C and magnesium chloride, plus zinc sulphate, selenium, B5, B6, B12 and B-complex.

### **HDVC 10 grams**

**\$175**

### **HDVC 15 grams**

**\$180**

### **HDVC 25 grams**

**\$195**

### **HDVC 50 grams**

**\$240**

### **HDVC 75 grams**

**\$300**

### **HDVC 100 grams**

**\$370**

### **For every additional 5 grams of Vitamin C**

**\$20**



## Medical Aesthetics & Sexual Wellness

All of our medical aesthetics and sexual wellness procedures are done with the highest quality medical devices on the market. We combine regenerative therapies with diet, supplement and lifestyle recommendations for a truly transformative experience. All prices plus HST.

### **Medical Aesthetics Consultation** **\$175**

Access our medical aesthetics services such as PRP, Skin Pen microneedling, fillers, and Botox. The consultation price is included in your next treatment if booked within 6 months.

### **Hair Rejuvenation Initial Consultation** **\$175**

A consultation with the physician to determine whether PRP hair rejuvenation is right for you. For optimal results, ask about the Tissue & Wound Healing drip or HDVC 25g.

### **Sexual Wellness Consultation** **\$175**

For patients interested in accessing sexual wellness services such as the P-Shot, O-Shot, P-Shot with Botox and P-Shot with fillers.

### **Botox (per unit)** **\$15**

### **PRP Facial / Skin Pen Microneedling with PRP** **\$650**

Uses the SkinPen, the only FDA-approved medical micro-needling device on the market, to rejuvenate and invigorate your skin. Excellent for fine lines, wrinkles, acne and scarring. Time: 45 min. Package pricing available.

### **PRP Facial Package** **\$1,750**

Includes 3 PRP Facial treatments. You save \$200!

### **PRP Facelift** **\$1,200**

The physician uses a small needle to inject PRP into the face. The injection level is deeper than the SkinPen treatment, resulting in a lifted effect. Time: 60 min.

### **PRP Facelift with Master Injector** **\$900**

### **Custom Facelift** **\$1,500**

Injection of PRP and fillers into various parts of the face including the under-eye area. Time: 45 min.

### **Neck Rejuvenation** **\$950**

PRP injected into the neck to promote regeneration of skin and increase natural collagen production. Option to add Microneedling and/or Botox injections. Time: 60 min.

### **Fillers (per kit)** **\$400-650**

### **O-Shot** **\$1,400**

Rejuvenation of the vaginal tissue, pelvic floor and surrounding tissues. Increases pleasure, orgasm strength and relieves urinary incontinence. Time: 45-60 min.

### **Repeat O-Shot** **\$1,200**

### **P-Shot** **\$1,500**

Increases sexual stamina and pleasure while having an effect on size and erection strength. Time: 45 min.

### **Repeat P-Shot** **\$1,300**

### **Priapus P-Shot with Botox** **\$2,500**

### **Repeat P-Shot with Botox** **\$2,300**

### **P-Shot Package** **\$4,000**

Includes the first P-Shot session and 2 follow-up P-Shot sessions — for patients on the P-Shot protocol requiring one visit a month for 3 consecutive months.



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**PRP Breast Lift**

**\$2,200**

Injection of PRP into the breast tissue to promote new tissue growth and lift.

**Complexus Medical Grade LED / Infrared Light Therapy (30 min)**

**\$150**



## Mental, Emotional & Spiritual Wellness

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### Microcurrent Neurofeedback Therapy

Microcurrent Neurofeedback produces fast results in a limited number of sessions. It produces a measurable change in the brainwaves without conscious effort from the individual receiving the feedback — resulting in a changed brainwave state and a much greater ability for the brain and nervous system to regulate themselves. It is imperceptible to the client and requires no conscious effort.

|                                                        |              |
|--------------------------------------------------------|--------------|
| <b>Initial session (up to 60 min)</b>                  | <b>\$230</b> |
| <b>Follow-up session (up to 30 min)</b>                | <b>\$180</b> |
| <b>Spiritual Coaching &amp; Neurofeedback Combined</b> | <b>\$250</b> |

### Spiritual Health Coaching

Designed to strengthen the connection between our mental, emotional, spiritual and physical experiences during the healing process. A variety of methods may be used, including somatic body work, Emotional Freedom Tapping (EFT), Neurolinguistic Programming (NLP), quantum techniques and frequency healing. Each session includes energetic attunement to high vibrational frequencies such as unconditional love, truth, freedom, sovereignty and oneness.

|                                            |              |
|--------------------------------------------|--------------|
| <b>Initial Session (60 min)</b>            | <b>\$250</b> |
| <b>Follow-up Session (45 min)</b>          | <b>\$180</b> |
| <b>Biofeedback &amp; Coaching Combined</b> | <b>\$250</b> |

\*Sliding scale available to those in need, starting at \$55/session.

### Health Coaching

To discuss treatment plans, review diagnostic testing processes, and answer questions about your healing journey with us.

|                   |              |
|-------------------|--------------|
| <b>15 minutes</b> | <b>\$40</b>  |
| <b>30 minutes</b> | <b>\$75</b>  |
| <b>45 minutes</b> | <b>\$100</b> |
| <b>60 minutes</b> | <b>\$150</b> |



## Packages & Bundles

Preferred pricing is available on select multi-session protocols and bundled therapies. Compassionate pricing applies to patients with an active cancer diagnosis or an approved application for financial assistance. All prices in CAD; certain wellness bundles may include HST.

### Pain & Regenerative

**PRP for Pain & Injury Management Optimization** **\$1,200**

Includes 4 Hocatt sessions, 2 Tissue & Wound Healing infusions, and 2 High Dose Vitamin C (25g) infusions.

**Pain Support Bundle** **\$925**

Six Pain Support infusions at a bundled price.

### Ozone & Immune Support

**IV Hyperbaric Ozone & Oxygen 10-Pass — Standard Package (10+)** **\$7,000**

**IV Hyperbaric Ozone & Oxygen 10-Pass — Compassionate Package** **\$6,000**

For patients seeking access on compassionate grounds.

**EBOO — 4 Sessions Package** **\$6,000**

**Hocatt + IV Infusion — 6 Session Package** **\$1,920**

**Hocatt Healing Pod — 10 Sessions** **\$1,450**

**Add-On UVBI — 10 Sessions (Compassionate)** **\$2,000**

**PEMF — Package of 10** **\$300**

### IV, Vitamin C & NAD+

**Vitamin C Optimization Package** **\$700**

Four HDVC 25g infusions to optimize regenerative treatments (prolotherapy, PRP, ozone, P-Shot, O-Shot, PRP Facelift, etc.).

**HDVC 75g — 5 Sessions (Compassionate)** **\$1,350**

**PTC Package of 6** **\$1,000**

Six Phosphatidylcholine (PTC) treatments at a bundled price.

**NAD+ 500 mg — 5 Session Package** **\$3,200**

**NAD+ Age Reverse Package** **\$2,050**

NAD+ 100 mg, NAD+ 200 mg, and 3 sessions of NAD+ 300 mg.

### Sexual Wellness & Specialty

**P-Shot Package (3 Sessions)** **\$4,000**

The first P-Shot session plus 2 monthly follow-up sessions over 3 consecutive months.

**P-Shot with Vitamin C Infusions** **\$2,180**

Includes 4 HDVC 25g infusions, typically once weekly for 4 weeks for optimal results.

**PRP Facial Package (3 Sessions)** **\$1,750**

Includes 3 PRP Facial treatments — you save \$200.

**SOT Optimization Package** **\$8,480**

Essential SOT optimization package, general protocol.



## Diagnostic & Genetic Testing

These diagnostics identify nutrient deficiencies, inflammation, hormonal dysregulation and immune dysfunction — enabling precise, data-driven treatment. A blood draw fee may apply for tests requiring a blood sample.

### Functional Medicine

|                                    |              |
|------------------------------------|--------------|
| <b>SpectraCell Micronutrient</b>   | <b>\$585</b> |
| <b>MTHFR Genotyping</b>            | <b>\$225</b> |
| <b>Vibrant GI</b>                  | <b>\$995</b> |
| <b>TruDiagnostic TruAge</b>        | <b>\$875</b> |
| <b>Cortisol Awakening Response</b> | <b>\$217</b> |

### Immune & Oncology (RGCC)

|                                               |                    |
|-----------------------------------------------|--------------------|
| <b>Onconomics Plus</b>                        | <b>\$4,000</b>     |
| <b>Immune Frame</b>                           | <b>\$1,800</b>     |
| <b>Onco-D-Clare</b>                           | <b>\$1,800</b>     |
| <b>Lyme Disease Panel</b>                     | <b>\$1,650</b>     |
| <b>PrimeSpot</b>                              | <b>\$2,007</b>     |
| <b>LHSC Heavy Metal</b>                       | <b>\$180</b>       |
| <b>RGCC Insights (interpretation consult)</b> | <b>\$600–1,200</b> |

RGCC testing and interpretation packages range from \$600–\$1,200 depending on test complexity.