

WORLD CONTINENCE WEEK 2026

15-21 JUNE



Watch Jason Gunn's
special WCW video
message on our website!

One Conversation Can Change Everything

Continence issues are common, but conversations about them are not.

This World Continence Week, we are encouraging everyone to have a conversation about continence — whether it's seeking support, checking in with a loved one, or sharing knowledge. Talking helps break down stigma, builds understanding, and connects people with support and treatment that can make a real difference. You are not alone, and you don't have to put up with it — *One Conversation Can Change Everything*.

**Call us for a friendly chat on our free helpline on
0800 650 659**

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