



## Adult Day Health Centers (ADHC)

*An **Adult Day Health Center** is a facility that provides daytime care, supervision, and health services for older adults and individuals with disabilities. These centers offer medical and therapeutic services, social activities, and personal care in a structured environment, allowing family caregivers to take a break while ensuring their loved ones receive professional support.*

ADHC	Phone	Address	Website
<b>AllThrive365 Adult Day Health - Glendale</b>	(602) 532-2983	16209 N 67th Ave. Glendale, AZ 85306	<a href="http://www.allthrive365.org/connection/adult-day-health-center-glendale/">www.allthrive365.org/connection/adult-day-health-center-glendale/</a>
<b>AllThrive365 Adult Day Health - Tempe</b>	(602) 532-2982	2234 E Maryland Dr. Tempe, AZ 85281	<a href="http://www.allthrive365.org/connection/adult-day-health-center-tempe/">www.allthrive365.org/connection/adult-day-health-center-tempe/</a>
<b>Benevilla   Lucy Anne's Place</b>	(623) 584-4999	16752 N Greasewood St. Surprise, AZ 85378	<a href="http://www.benevilla.org/lucy-annes-place/">www.benevilla.org/lucy-annes-place/</a>
<b>Benevilla   Mary's Place</b>	(623) 815-1031	14601 Del Webb Blvd. Sun City, AZ 85351	<a href="http://www.benevilla.org/marys-place/">www.benevilla.org/marys-place/</a>
<b>Benevilla   West Valley</b>	(623) 979-7126	8133 W Cactus Rd. Peoria, AZ 85381	<a href="http://www.benevilla.org/west-valley/">www.benevilla.org/west-valley/</a>
<b>CCS Daybreak Adult Day Care</b>	(928) 783-8316	321 S 15th Ave Yuma, AZ 85364	<a href="http://www.ccs-soaz.org/services/detail/daybreak-adult-day-health-care">www.ccs-soaz.org/services/detail/daybreak-adult-day-health-care</a>
<b>HonorHealth   Desert Mission</b>	(602) 786-1060	303 E Eva St. Phoenix, AZ 85020	<a href="http://www.desertmission.com">www.desertmission.com</a>
<b>iCARE Adult Day Center</b>	(928) 515-1011	213 N Marina St. Prescott, AZ 86301	<a href="http://www.icareadultdaycenter.com">www.icareadultdaycenter.com</a>
<b>Oakwood Creative Care   Red Mountain</b>	(480) 641-7644	7550 E Adobe St. Mesa, AZ 85207	<a href="http://www.oakwoodcreativecare.org/red-mountain-adult-care-in-east-mesa/">www.oakwoodcreativecare.org/red-mountain-adult-care-in-east-mesa/</a>
<b>Oakwood Creative Care   Town Center</b>	(480) 464-7061	247 N Macdonald Mesa, AZ 85201	<a href="http://www.oakwoodcreativecare.org/town-center-senior-care-in-mesa/">www.oakwoodcreativecare.org/town-center-senior-care-in-mesa/</a>
<b>SandRuby Adult Day Center</b>	(520) 547-6036	5101 E Farness Dr. Tucson, AZ 85712	<a href="http://www.sandrubbycp.org">www.sandrubbycp.org</a>
<b>Susan J. Rheem Adult Day Center</b>	(928) 775-3563	3407 N Windsong Dr. Prescott Valley, AZ 86314	<a href="http://www.adultcareservices.org/sjr/">www.adultcareservices.org/sjr/</a>



## Social Model Day Clubs

*A **Social Model Day Program** is a non-medical daytime care program that provides socialization, recreational activities, and supervision for older adults and individuals with disabilities. These programs focus on enhancing participants' well-being through engaging activities, peer interaction, and support, rather than providing medical or therapeutic care. They offer respite for family caregivers while promoting independence and quality of life for attendees.*

SMDC	Phone	Address	Website
Glory Days	(480) 999-0424	706 S Greenfield Rd. Mesa, AZ 85206	<a href="http://www.glorydays.org">www.glorydays.org</a>
Oakwood Creative Care   <i>The Perfect Place</i>	(480) 895-2892	23914 S Alma School Rd. Sun Lakes, AZ 85248	<a href="http://www.oakwoodcreativecare.org/the-perfect-place-adult-care-in-sun-lakes/">www.oakwoodcreativecare.org/ the-perfect-place-adult-care-in- sun-lakes/</a>
Vintage Silver Center	(602) 492-2170	3909 N 16th St. Phoenix, AZ 85016	<a href="http://www.vintagesilvercenter.org">www.vintagesilvercenter.org</a>