UNDERSTANDING CONSENT AND HEALTHY RELATIONSHIPS

Specialist education sessions for schools, colleges and universities

Helping young people understand consent, healthy relationships and sexual violence through our interactive, trauma-informed presentations.



What we cover

- **Consent and boundaries:**

Choice, capacity and withdrawing consent.

- **Sexual violence and pressure:**

Recognising coercion and challenging misconceptions.

- **Digital consent**:

Intimate images, filming and sharing online.

- **Healthy relationships**:

Communication, equality, trust and respect.

- **Supporting others:**

Bystander intervention and routes to support.

Sessions and pricing

Standard session - £250
One 60-minute interactive presentation, including scenarios and discussion.

Multiple sessions - £175 per session
Three or more 60-minute sessions at the same venue on the same day.

Freshers half-day - £300
Up to three hours on site, including multiple 40-minute presentations.

Freshers full-day - £550
Up to five hours on site, including multiple 40-minute presentations.

Bespoke sessions - *by quotation*

Gloucestershire Rape and Sexual Abuse Centre
here for you

GRASAC is an independent Gloucestershire charity supporting survivors of rape and sexual abuse. Alongside our specialist support services, we deliver training to promote consent, challenge harmful attitudes and help create safer, more respectful communities.

Book a session

Contact us to discuss your requirements and check availability.

info@glosrasac.org.uk
www.glosrasac.org

Our fees reflect the specialist knowledge, preparation and staff time required to deliver sensitive, trauma-informed education. Booking with us also helps support our wider charitable work with survivors.

Please note: Bookings are subject to staff availability. Prices cover existing presentations and local delivery; bespoke content, extra travel or time may incur additional costs. Audience, accessibility and safeguarding arrangements will be agreed in advance. Education providers must have appropriate safeguarding and support in place. Freshers packages cover the reserved on-site period, including breaks and gaps when staff must remain at the venue. The number of presentations is agreed in advance.