

Tubac School of Fine Art

The Adult Education Division of TCA



Workshop Title: *NeuroMagic: Where Creativity Meets Clarity!*

Instructor Name: *Victoria Thornton*

Medium: *Colored pencils/Markers*

Workshop Type: *In Studio*

Dates: *January 31, 2027 | 1 PM-4 PM*

Location: *Tubac Center of the Arts, 9 Plaza Road, Tubac, AZ, 85646*

Introduction:

- Welcome and overview of the NeuroMagic process
- Brief introduction to neuroplasticity and how the brain forms new neural pathways
- Understanding the connection between creativity, mindfulness, and awareness

The NeuroMagic Drawing Process:

- Learning the foundational NeuroMagic drawing technique
- Creating expressive "neuro lines" and working with shapes and connections
- Exploring the role of attention, intention, and creative expression

Developing the Artwork:

- Transforming lines into a cohesive abstract composition
- Adding color, contrast, and personal meaning
- Encouraging curiosity, experimentation, and creative discovery

Reflection and Integration:

- Observing patterns, insights, and creative choices
- Discussion of how creative practices can support fresh perspectives
- Optional sharing and group discussion

Workshop Outcome:

- Completion of a unique abstract artwork
- Understanding of basic neuroplasticity concepts
- Experience with a creative mindfulness practice that can be continued independently

Any questions about materials?

Please email Instructor victoria@victoriathornton.com or go to <https://www.victoriathornton.com/>

For other inquiries contact [520-398-2371](tel:520-398-2371) or creativespecialist@tubacarts.org