



**BRIDPORT**

# TRIATHLON

**SATURDAY, JAN 3**

**BRIDPORT ESPLANADE  
STARTS 08:30AM**

**Race Categories**  
*Individual & Teams*  
**Sprint**

**Ages 14+ Adults**  
750m swim/ 20km bike/ 5km run  
*\*14-16AG state series point awarded*

**Short Course**  
**Ages 12+ Adults**

400m swim/ 10km bike/ 2.5km run  
TryStars Aquathlon  
*\*Aus3 Live Kids Series Race*  
**Ages 7-12**

**STATE SERIES SPRINT CHAMPIONSHIP &  
WORLD QUALIFIER RACE FOR WORLD  
TRIATHLON AGE GROUP CHAMPIONSHIPS  
IN PONTEVEDRA, 2026.**



*For more information & registration:*

**WWW.LAUNCESTONTRICLUB.COM**



# Bridport Triathlon Athlete Information Guide

## Event Overview

**Date:** Saturday, 3rd January 2026

**Location:** Village Green, Bridport

**Event Type:** Sprint, Short Course, & TRYstar Aquathon

**Event Time:** 7:00 AM - 1:00 PM

**Event Website:** [Launceston Tri Club](#)

**Event Email:** ltontriclub@gmail.com

## Local Area Information

### About Bridport

Bridport is a charming coastal town located on the northeast coast of Tasmania, known for its stunning beaches, coastal parks, and bushland reserves. The town is a popular holiday destination, especially in the summer, and offers a range of activities including swimming, sailing, fishing, and golfing. Bridport is home to the world-renowned Barnbogle Dunes and Lost Farm golf courses, which are considered some of the best in the world.

### Transport

The nearest airport to Bridport is Launceston Airport (LST), which is approximately 62 km away. Here are some transport options:

- **By Car:** The drive from Launceston Airport to Bridport takes about 1 hour and 20 minutes.
- **From Hobart:** If traveling from Hobart Airport (HBA), the drive to Bridport takes approximately 3 hours and 13 minutes.

Bus and Train options are not available to travel to Bridport.

### Accommodation

Bridport offers a variety of accommodation options to suit different preferences and budgets.

Please note accommodation can be difficult over summer so may need to look at other options such as Derby or Scottsdale.

## Acknowledgements



We would like to extend our heartfelt thanks to our major race sponsor, **PacBev**. Their generous support has been instrumental in making this event possible. Thank you, PacBev, for your commitment to promoting health, fitness, and community spirit.



**Cycle 2 Launceston** is your ultimate destination for all things cycling! Whether you're a seasoned rider or just starting out, Cycle 2 offers a wide range of bikes, accessories, and expert services to meet your needs. Located in the heart of Launceston, our store is dedicated to promoting a healthy and active lifestyle through cycling. LTC is incredibly grateful to Cycle 2's ongoing support for our club throughout the season.



Marc in Time is our ongoing TRYstars sponsor supporting our club strategic partnership in ensuring growth in our junior participants.

**Our race could not take place without the contribution of all our volunteers. Please take a moment to thank any of our people out on the course as they are giving up their time to put on an enjoyable race for the love of Triathlon.**

## Key Contacts

- **Race Director:** Sarah Springer - 0417 528 120 - ltontriclub@gmail.com
- **Assistant Race Director:** Di Webb - 0419 309 207
- **Sanctioning Officer:** Kirrily Guinan - 0412363565

## Schedule

- **6:30 AM:** Athlete registration opens
- **7:00 AM:** Bike racking available
- **8.30 AM:** TRYstars Race Start
- **8:30 AM:** Transition/registration closes
- **8.45 AM:** Sprint & Short Course race briefing
- **9:00 AM:** Sprint & Short Course race start
- **10:30 AM (approx.):** Presentations

## Course Details

### Swim

- **Location:** Open water swim off Goftons Beach
- **Water Temperature:** The average water temperature in Bridport in January is around 14°C.
- **Wetsuit Recommendation:** Due to the cold water temperature, it likely that the swim will be wetsuit recommended/wetsuit mandatory.

### Bike Course

- **Sprint:**
  - Exit transition in front of the Town Hall.
  - Mount bike and head up Main Street to the roundabout.
  - Turn left, continue along Main Street, cross the bridge, and proceed on Waterhouse Road for 10 km to the turnaround point.
  - Return along the same route, turn right at the roundabout, and dismount in front of the Town Hall.

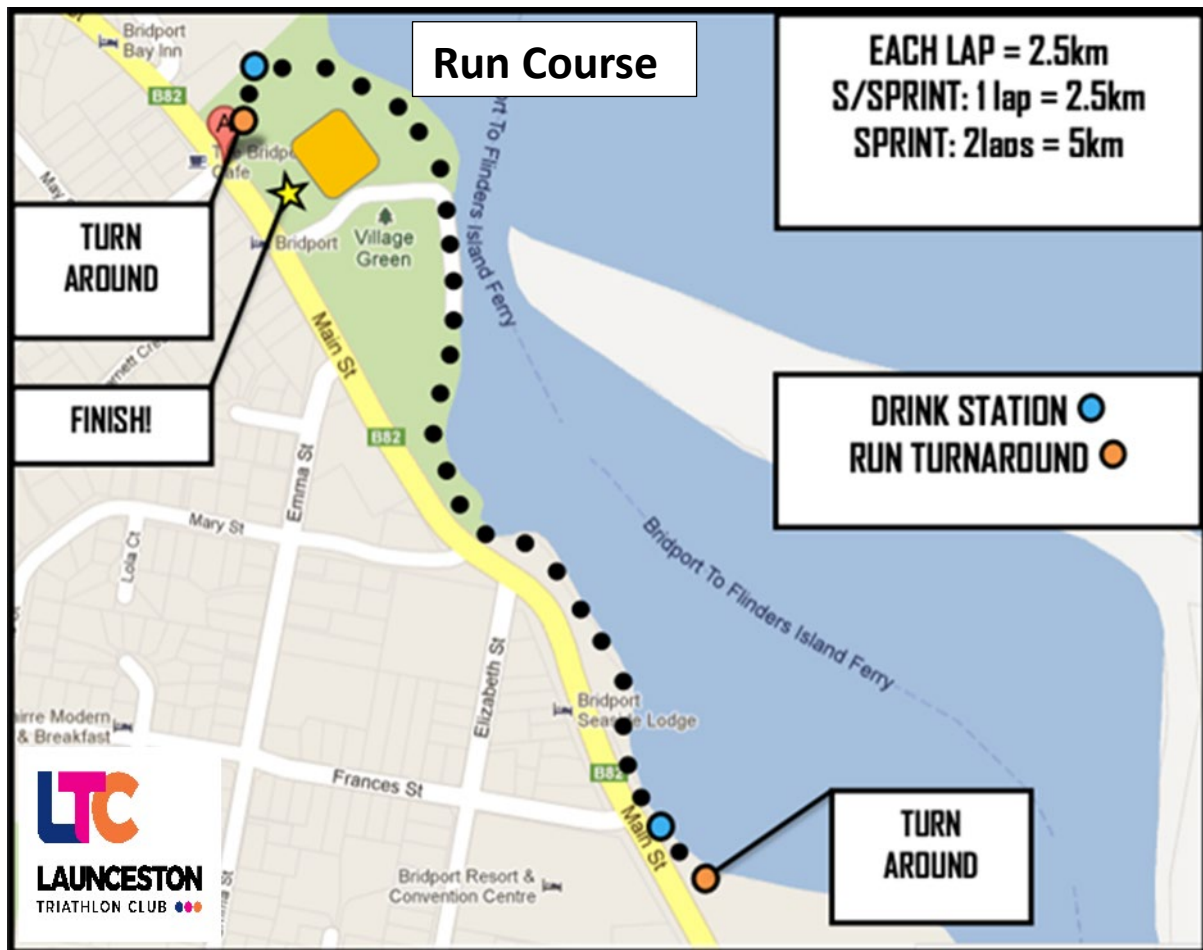
#### **Short Course:**

- Same route as Sprint but turn around at the 5 km mark.



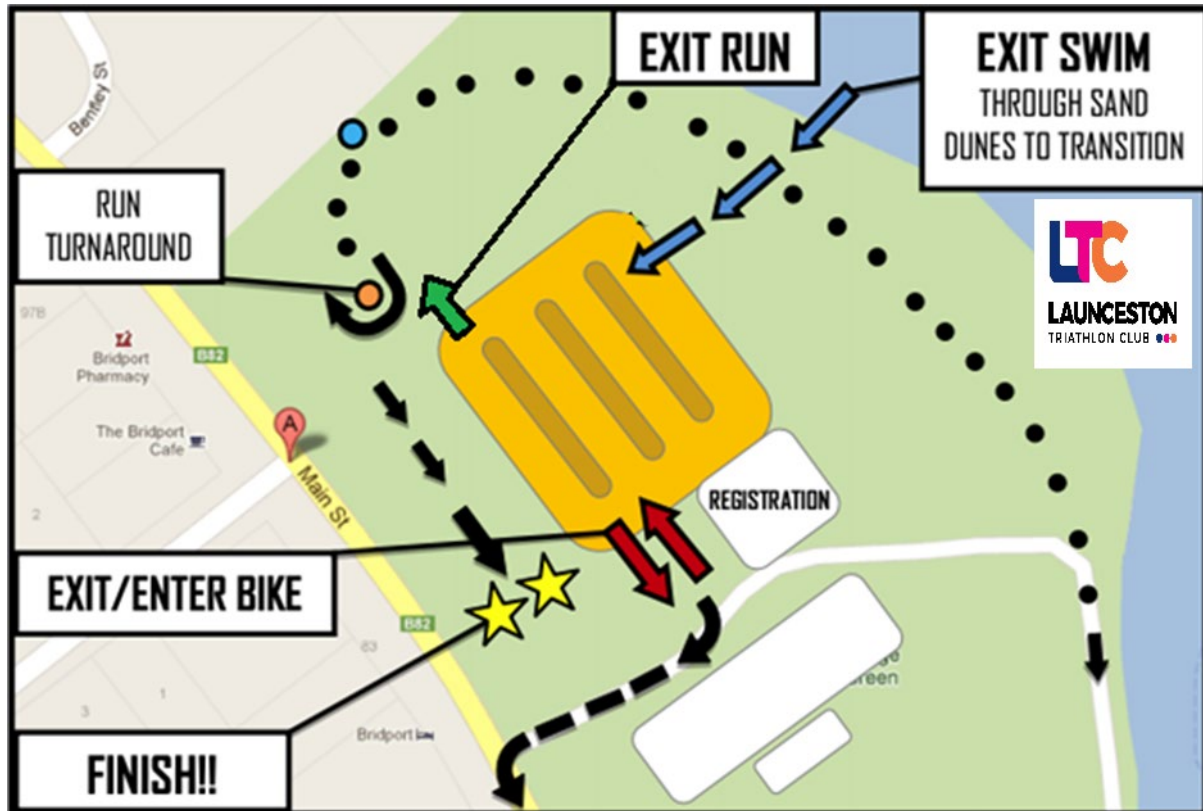
## Run Course

- **Sprint:**
  - Exit transition at the run exit sign, complete a lap around the Village Green.
  - Continue along the walking path towards the bridge to the turnaround point.
  - Return along the same route, crossing through the playground (marshals will be present).
  - Complete 2 laps of this course.
- **Short Course:**
  - Same route as Sprint but only 1 lap.





## Course Overview



### TRYstars – Aquathlon

Competitors must be at least 7 years of age and not older than 12 years of age as at 31 Dec 2025

#### Swim Course: TRYstars

TRYstars will complete a short shallow-water swim from the beach supported by Surf Life Saving team.

- 7-9 years will complete 1 lap
- 10-12 years will complete 2 laps

#### Run Course TRYstars

TRYstars will head out on the same run course as above however there will be a turnaround point at approx. 100m which will have a marshal.

- 7-9 years will complete 1 lap
- 10-12 years will complete 2 laps

**Note:** LTC is committed to fun and inclusive experience so please speak to the TRYstar Race Leader or Race Director if you have any questions.

### Important Information

- **Public Roads:** The race will take place on public roads that will not be closed to traffic. Participants must obey all traffic laws and be aware of their surroundings at all times.

Marshals will be present to assist, but it is the responsibility of each athlete to ensure their own safety.

### Facilities

- **Toilets:** Public toilets and change rooms are located directly outside the transition area in either the Bridport Hall or the public toilets adjacent to the playground.
- **Waste Management:** Participants, volunteers, and spectators are instructed to remove any rubbish from the area before departure.

### Medical Support

- **Medical Provider:** Safe Tas
- **Surf Rescue:** Bridport Surf Life Saving Club

### Race Prizes: (club and non members eligible)

In line with our club categories **Race Day Prizes** will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> 3<sup>rd</sup> in the Sprint and Short Course for the following categories:

- Youth
- Junior
- Senior /Open
- Veteran
- Super Veteran
- Teams

**SPOT Prizes:** will be drawn after presentations.

### Eligibility for Tas Championship & World Qualifying Points

- Bridport Triathlon is a sanctioned race under AusTri rules and regulations.
- To be eligible for World Qualification points athletes must be paid members of Aus Triathlon, entering the Sprint distance race.
- To be eligible for the **TAS Championship Series – Bridport is a championship event.**  
The TAS Championship Series features designated championship events across the state, covering a variety of triathlon and multisport disciplines and distances. The series also includes the Youth Championship Series at eligible events.
- **Eligibility:** Current AusTriathlon Standard or Premium members are eligible to earn State Championship titles in their home state of Tasmania. For example, a Tasmanian Championship requires a current AusTriathlon TAS membership prior to entering the race.
- **Rankings:** Members can view their State Championship Series rankings and results anytime via their Member Hub in JustGo, under the *Rankings* heading.
- **Age Groups:** Calculated based on age as of 31 December at the beginning of the season (e.g., 31 December 2025 for the 2025/26 season).
- **Titles:** A state champion is the first eligible member to cross the line in their age category. If a non-member finishes first, the next eligible member is crowned champion.
- **Medals:** Awarded to 1st, 2nd, and 3rd place at the event to eligible members.



- ## Age Group Categories – Sprint Triathlon

- | Aus3                                                                                                                   | Live | Series |
|------------------------------------------------------------------------------------------------------------------------|------|--------|
| <p>The Aus3 Live Series is a participation focused event where kids can challenge themselves in a fun environment:</p> |      |        |

- Come and receive your **Aus3 Kids Live Series participation medal**. Complete all three Kids Live Series events to finish your **tri-angle**.

Thankyou for choosing to Race with Us 😊