

2-DAY AGENDA TEMPLATE

Day 1

Registration and Welcome

9:00 am - 9:30 am

- Participants arrive and register for the facial filler balancing course.
- Attendees are provided with course materials, including handouts.
- Welcome remarks from the course instructor or facilitator, introducing the objectives and structure of the day.

Introduction to Facial Fillers

9:30 am - 10:30 am

- Overview of different types of facial fillers, their composition, and indications for use.
- Discussion on patient selection, assessing facial anatomy, and understanding aesthetic goals.
- Review of injection techniques, including needle vs. cannula, depth of injection, and product placement.

Practical Demonstration

10:30 am - 11:30 am

- Live demonstration by the instructor showcasing various injection techniques.
- Explanation of patient assessment, marking landmarks, and executing injections with precision.
- Q&A session allowing participants to clarify any doubts or seek further explanation.

Hands-On Training

11:30 am - 12:30 pm

- Participants pair up or work individually to practice injection techniques on provided models.
- Instructors provide one-on-one guidance, feedback, and tips for improving technique.
- Emphasis on achieving symmetry, natural-looking results, and minimizing complications.

Lunch Break

12:30 pm - 1:00 pm:

- Participants break for lunch, allowing time for networking and informal discussions.
- Refreshments and snacks provided, encouraging interaction among attendees and instructors.

Advanced Techniques and Troubleshooting

1:00 pm - 2:00 pm

- In-depth discussion on advanced techniques for specific facial areas such as lips, cheeks, jaw, chin and under eyes.
- Overview of potential complications and strategies for their prevention and management.
- Case studies and interactive discussions to illustrate real-world scenarios and problem-solving.

2:00 pm: Conclusion and Business Pearls

- Recap of key learnings and takeaways from the course.
- Business Pearls and strategies on how to optimize social network marketing and business plan.
- Closing remarks, thanking attendees for their participation and encouraging continued learning and practice.

Participants leave Day one course equipped with the knowledge and skills necessary to perform facial filler procedures safely and effectively, with a focus on achieving natural-looking, balanced results.

Day 2

9:00 am - 9:30 am

Registration and Welcome

- Participants arrive and check-in for the body filler and contouring balancing course.
- Course materials are distributed.
- Introduction and welcome address by the course instructor, outlining the objectives and agenda for the day.

9:30 am - 10:30 am

Introduction to Body Fillers and Contouring

- Overview of various types of body fillers, including hyaluronic acid-based and collagen-stimulating fillers.
- Discussion on patient assessment and selection for body contouring procedures.
- Understanding the principles of body contouring and enhancing natural curves.

10:30 am - 11:30 am

Practical Demonstration

- Live demonstration by the instructor showcasing body filler injection techniques.
- Emphasis on patient positioning, marking anatomical landmarks, and achieving symmetry.
- Demonstration of contouring techniques for different body areas such as buttocks, hips, and thighs.

11:30 am - 12:30 pm

Hands-On Training

- Participants engage in hands-on practice, either individually or in pairs, using provided models.
- Instructors provide personalized guidance, offering feedback on technique and product placement.
- Focus on achieving smooth transitions, natural contours, and addressing specific patient concerns.

12:30 pm - 1:00 pm

Lunch Break

- Participants break for lunch, allowing time for networking and informal discussions.
- Refreshments and snacks provided, fostering interaction among attendees and instructors.

1:00 pm - 2:00 pm

Advanced Techniques and Troubleshooting

- In-depth discussion on advanced body contouring techniques, including combination therapies and off-label uses of fillers.
- Overview of potential complications and strategies for their prevention and management.
- Case studies and interactive discussions to explore complex scenarios and problem-solving approaches.

2:00 pm

Conclusion and Business Pearls

- Recap of key learnings and takeaways from the course.
- Business Pearls and strategies on how to optimize social network marketing and business plan.
- Closing remarks, thanking attendees for their participation and encouraging continued learning and practice.

Participants leave the course equipped with the knowledge and practical skills necessary to perform body filler and contouring procedures safely and effectively, with a focus on achieving balanced, harmonious results that enhance the natural beauty of the body.