



AUTUMN TIME

The wind is playing autumn games,

Through the gardens and the lanes.

Picking up, and swirling round Leaves of orange, red and

Gusting through each swaying tree,

brown.

Tossing apples till they're free. Shaking conkers till they drop And open wide with prickly pop

The wind is dancing full of fun,

Laughing in the autumn sun. It tumbles acorns, fir cones, leaves,

To make a carpet under trees.



Bake Sale Day

As part of Nursing Homes Week celebrations, we were embracing this year's theme "A Taste of Home" and we certainly had plenty of that here at our Annual Bake Sale held in August The tables were overflowing with delicious, home-baked treats

A huge thank you to everyone who donated, baked, and helped on the day— your support means the world . Special shout-out to our Residents, Kevin & Louis, who done a wonderful job at the door selling raffle tickets.

We are delighted to say **we raised €1,215** to go towards Steadfast House in Carrickmacross.

Bus Trips

Some of our Residents love going out on our trusty 'Tour Bus'. This bus trip destination is always a choice that comes from our residents as they get on the bus with some help from our bus driver Peter. They love the coastal drives and somewhere that has a nice picnic bench where they can enjoy a nice, packed basket or some ice cream.

Thanks as always to our Bus Driver / Tour Guide, Peter and our team for making these outings for our Residents so special.



emotional benefits for nursing home residents. Regular interactions with pets

can reduce stress, anxiety, and depression

among the elderly.



Our amazing residents were very busy over the summer creating beautiful art pieces that they entered into the Castleblayney Show that took place on August 4th.

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we had the pleasure of welcoming David & Janice from the Castleblayney Show to Castleross. They kindly came to present our residents with their well-earned certificates – over 20 in total!

They were so thoughtful and generous, also bringing along a fruit bowl and hamper to share. It was such a lovely afternoon celebrating our residents' talents and achievements





Culture Night is an annual, all-over Ireland public event which takes place each year.

This year on Friday 19th September we welcomed Evelyn Mc Caul, to celebrate culture, creativity and beautiful music.

Our residents love to see Evelyn coming in and as she always tell a story around her beautiful music.

