



Bus Trips

Residents have been out and about exploring some of the beautiful locations our region has to offer, including Black Mountain, the Cooley Peninsula, Salterstown Pier and Coastal Drive, Blackrock, the Omeath–Newry Greenway, Anna Gasson Pier Picnic Area, and many more scenic spots along the way.

One of the things that makes these outings so special is that residents are actively involved in planning them. Before each trip, residents sit down with Peter to decide where they would like to visit, ensuring that every outing reflects their interests, preferences, and sense of adventure.

These trips provide a fantastic opportunity to enjoy the fresh air, take in beautiful scenery, reminisce about favourite places, and spend quality time together while creating new memories.

From coastal drives to picnic spots and scenic walks, every journey is another chance for connection, enjoyment, and discovery.

Gentlemen's Day

We like to call Father's Day Gentlemen's Day as it's an opportunity to celebrate all of the wonderful men in our home – because not all of our male residents are fathers, but each of them deserves to be recognised and appreciated.



Nursing Homes Week Week 2026, from 17th–23rd August.

Inspired by this year's theme, "Connected with Nature – Life in Full Bloom," our residents enjoyed music, outings, horticulture, sensory experiences and lots more throughout the week.

We gave our window plant boxes a fresh new look. The boxes have been cleaned up and freshened, we planted wildflower seeds in our newly painted window boxes, ready to brighten the garden.

There was plenty of laughter and conversation as we worked together, with music playing in the background to create a relaxed and cheerful atmosphere. All while enjoying creating beautiful flower arrangements to display throughout the home

we were delighted to welcome Dick Burke to speak with our residents about the new eco-biodiversity garden created through the local Carrickmacross Tidy Towns committee.



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Summer Party Fun. 🎵

We were blessed with the most gorgeous sunshine for our Summer Party which we held on Wednesday, 8th July, making it the perfect day to celebrate outdoors with our residents, families, and staff. There was a wonderful atmosphere throughout the afternoon as everyone relaxed in the sunshine, enjoyed great company, and made the most of the beautiful weather.



A special treat came from Mc Moo's Ice Cream, who served up delicious ice creams that helped keep everyone cool and added an extra touch of summer to the celebrations. 🍦

We were also delighted to welcome back Mickey the Butcher, whose fantastic music had everyone singing along, clapping, and enjoying the fun. As always, he brought plenty of smiles, laughter, and wonderful entertainment to the occasion. Thank you to everyone who helped make the day such a memorable one especially to our kitchen team. It was a lovely afternoon filled with sunshine, music, laughter, and new and happy memories. 🌞💙

🎂 Birthday Celebrations at Castleross! 🍰

We love celebrating birthdays here in Castleross! 📅 Each birthday is marked with a lovely cake, freshly baked in our kitchen, and celebrations in each house with our residents and staff. ❤️

We've had lots of very special milestone birthdays over the past couple of months, celebrating 70th, 80th, 90th and even a remarkable 102nd birthday! 🎂👴

A very special Happy 102nd Birthday to May! 📅🍰 What an incredible milestone!

We'd also like to wish our wonderful HCA, Marcella, a massive Happy 70th Birthday! 🎂👵

Wishing May, Marcella and all our birthday celebrants lots of happiness, laughter and wonderful memories. Thank you for letting us share your special moments! Happy Birthday, Everyone! ❤️🍰



🏆 WE WON! 🏆

What a proud day at Castleross, as our Residents were presented with the prestigious Marca na Tuaithe Cup, the overall prize at the Castleblayney Show!

A huge congratulations to our talented Residents for their creativity, hard work and dedication. Our Residents put so much time, creativity and care into their entries, and they are rightly very proud of themselves.

The Cup is now proudly at home in Castleross, and we couldn't be happier! ❤️ Well done to all involved.



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