

Your Care & Coverage: What to Expect



Our goal is simple: **recommend the care your body needs and be transparent about insurance coverage.** This handout explains how insurance-covered care and patient-responsibility services work together in your treatment plan.

How We Use Your Insurance

Health insurance can be a helpful tool, and we use it whenever it applies. Insurance coverage is determined by **your individual plan**, not by our office. This means deductibles, co-pays, or limits may apply.

Typically, insurance may help cover:

- Chiropractic adjustments
- Certain exams or re-exams

Important: Insurance does not decide what care is best for your body, it only decides what it will help pay for.

Why Some Care Is Not Covered

Some services are recommended because they support healing and long-term results, even though insurance does not usually cover them. Insurance often focuses on short-term symptom relief.

Our recommendations are based on **clinical need**, not coverage rules.

Patient- Responsibility Treatments We May Recommend

SoftWave Therapy

- Supports healing of muscles, tendons, and ligaments
- Often recommended for chronic pain or lingering injuries
- Typically not covered by insurance

Many patients choose SoftWave therapy to help their body heal more completely rather than relying on repeated flare-up visits.

Custom Orthotics (Foot Levelers)

- Support your foundation and alignment
- Help adjustments hold longer
- Reduce stress on your spine during daily activities

Custom orthotics are rarely covered by insurance, even when clinically appropriate.

Your Choice Matters

You always have a choice in your care.

- You may choose insurance-covered chiropractic care only
- You may include recommended supportive services
- You may add or decline services at any time

Our role is to inform and recommend. Your role is to decide what feels right for you.

Financial Transparency

Before starting any patient-responsibility service, we will:

- Explain why it's being recommended
- Review costs and package options
- Answer your questions

No service is started without your understanding and consent.

Our Philosophy

At Shaker Spine & Sport Institute, everything we do is guided by three principles:

Purpose Care that is intentional, clinically sound, and patient-centered

Impact Recommendations designed to create meaningful, lasting change

Progress A clear path forward, not just short-term relief

We use insurance when it applies and we recommend care based on what your body needs.

If you have questions at any point, please let us know.
We're here to support your health, your goals, and your peace of mind.



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Read Our FAQ's
DrShaker.com/FAQ

