

SHANMUGA MULTISPECIALITY HOSPITALS

SALEM

Department of Bariatric & Metabolic Surgery
cordially invites you to a

3-Days Certificate Program with Live Bariatric Surgery Observership

VENUE: SHANMUGA MULTI SPECIALITY HOSPITAL, SALEM

DATE : 31ST JAN – 2ND FEB

COURSE BENEFICIARIES

- Clinical Dietitians / Nutritionists (M.Sc. Qualified)
- Postgraduates in Clinical Nutrition, Nutrition & Dietetics

REGISTRATION INCLUDES

- Refreshments
- Lunch
- OSSI Endorsed Certificate

DAY 1 - LIVE SURGERY OBSERVERSHIP

09:00 AM – 01:00 PM

HANDS-ON LIVE SURGICAL EXPOSURE

- Laparoscopic Sleeve Gastrectomy
- Mini Gastric Bypass
- Roux-en-Y Gastric Bypass
- Sleeve + Additional Procedures

LIVE SURGERY OBSERVERSHIP FEE: ₹1,500/-

Designed to provide real-time understanding of bariatric surgical techniques and intra-operative nutrition relevance.

ENROLL EARLY TO BE PART OF THIS VALUABLE LEARNING EXPERIENCE!

DAY 2 - ONE DAY CONFERENCE ON BARIATRIC NUTRITION

REGISTRATION FEES • Students: ₹500/- • Dietitians: ₹750/- **09:00 AM – 03:00 PM**

TIME	TOPIC / SESSION	SPEAKER
09:00 – 09:30 AM	REGISTRATION	
09:30 – 09:40AM	• Introduction to the Programme	Dt. Mariyam Fathima Senior Bariatric Nutritionist , Annai Hospital
09:40 – 10.00AM	• Evidence-Based Dietary Approaches for Weight Management	Dt Divya Senior Dietitian, PSG Hospitals
10.00– 10.20AM	• Role of the Bariatric Nutritionist & Psychological Management	Dt. Karthika Senior Dietitian, PSG Hospitals
10.20 – 10.40AM	TEA BREAK	
10.40 – 11.00AM	• Anti-Obesity Medications: An overview	Dr. Sathiyar Endocrinologist MBBS, Diploma in Endocrinology and Diabetes
11.00 – 11.20AM	• Medical Management & Key Considerations for Bariatric Nutritionists	Dt. Madhumitha Bariatric Nutritionist , Annai Hospital
11.20 – 11.40AM	• Understanding Obesity & Surgical Management	Dr. Balamurugan Bariatric & Metabolic Surgeon
11.40 – 12.00PM	• Why Popular Diets Fail in Obesity	Dt. Mariyam Fathima Senior Bariatric Nutritionist , Annai Hospital
12 PM – 1 PM	LUNCH	
1.20 – 1:40 PM	• Mindful Eating in Weight Loss Management	Dt. Varsha , Bariatric Nutritionist , Annai Hospital
1.40 – 2.00 PM	• Dietary Protocols in Bariatric Surgery	Dt.Indhumathi , Freelancer
2:00 – 2.20 PM	• Nutrient Deficiency Management & Physical Rehabilitation	Dt. Hemalatha Senior Dietitian, PSG Hospitals
2.20 – 3.00PM	• Closing Session & Certificate Distribution	
3.00 PM	TEA BREAK	

DAY 3 - POST-BARIATRIC FOLLOW-UP & CASE DISCUSSION

09:00 AM – 01:00 PM

• Post-Bariatric Patient Visits & Case Discussion

COURSE FACULTIES



Dr. S. BALAMURUGAN

Head of the Department
Bariatric & Metabolic Surgery
PSG IMSR & Super Speciality Hospitals,
Director & Consultant at
Annai Hospital, Coimbatore, TN.



Dr. SATHIYAN

Endocrinologist, MBBS,
Diploma in Endocrinology & Diabetes,
Shanmuga Hospital, Chinna Pudur,
Salem, TN



Mrs. B. DIVYA

Senior Dietitian,
PSG IMSR & Super Speciality Hospitals,
Coimbatore, TN



Mrs. U. KARTHIKA

Senior Dietitian,
PSG IMSR & Super Speciality Hospitals,
Coimbatore, TN



Mrs. C. HEMALATHA

Senior Dietitian,
PSG IMSR & Super Speciality Hospitals,
Coimbatore, TN



Mrs. R. INDHUMATHI

Bariatric Nutritionist,
Freelancer



Ms. MARIYAM FATHIMA

Senior Bariatric Nutritionist,
Annai Hospital, Coimbatore, TN



Ms. MADHUMITHA

Bariatric Nutritionist,
Annai Hospital, Coimbatore, TN



Ms. VARSHA

Bariatric Nutritionist,
Annai Hospital, Coimbatore, TN

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