

Light bites

Citrus & herb olives V £5.00

Genius gluten free bread board V £9.00

tomato and chilli relish, confit garlic, balsamic vinegar & olive oil

Starters

Lyme Bay scallops of the day £14.50

Heritage tomato caprese salad V £10.75

Chilli, garlic and coriander buttered king prawns £10.75

toasted GF bread

Mixed beetroot salad V £9.25

beetroot purée, White Lake goat's curd, watercress, pine nuts, GF bread

Prosciutto, rocket, Parmesan & fig salad £10.50

balsamic glaze

Sandwiches (12-5pm)

West Country Cheddar, apple and plum chutney and gem lettuce V £8.50

Chicken and bacon, Caesar dressing, parmesan and cos lettuce £12.50

South West crab £16.50

white and brown crab meat, lemon and mustard mayonnaise, gem lettuce

Roasted red pepper and guacamole V £9.75

beef tomato and rocket

All served on Genius gluten free bread and served with GF vegetable crisps, add chips £3

Allergens menu:

www.thepilotboat.co.uk/food-and-drink

Sides £4.50 Thick cut chips | Skinny fries | Home-made slaw | Rocket salad

GLUTEN FREE MENU

Mains

Crispy battered haddock £20.00

thick cut chips, crushed minted peas, tartare sauce

Catch of the day £Market Price

Chimichurri spiced pork fillet £25.50

crispy rosemary new potatoes, heritage carrots, Romesco sauce

Lamb shank cassoulet £29.00

braised lamb shank in a light tomato sauce, cannellini beans, chorizo, bacon, thyme, crispy new potatoes and gremolata.

28 day aged 8oz steak £29.50

skinny fries, salsa verde, garlic and thyme butter, rocket and tomato salad

(add peppercorn sauce or blue cheese sauce for £2.95)

Chicken and bacon Caesar salad £18.50

garlic and herb roast chicken breast, smoked bacon crumb, cos lettuce, Caesar dressing, white anchovies

Prawn, crab and puttanesca pasta £20.00

cherry tomatoes, capers, olives, lemon, white wine and garlic

Pomodoro, aubergine and basil pasta V £15.50

Pizzas

Margarita V £13.50

tomato base, mozzarella, olive oil and basil

Pepperoni £16.50

tomato base, mozzarella, pepperoni

Crab pizza £18.50

garlic butter base, mozzarella, spring onions, chillies, Parmesan and rocket

West county ham and pineapple £16.00

tomato base, mozzarella, West Country ham and pineapple

Ham, portobello mushrooms and mascarpone £16.50

tomato base, mozzarella, West Country ham, Portobello mushrooms and mascarpone

Mediterranean £15.50

tomato base, mozzarella, red peppers, black olives, sun-blushed tomatoes and red onions

Goats cheese £16.50

Olive oil base, honey, walnuts, rocket and balsamic glaze