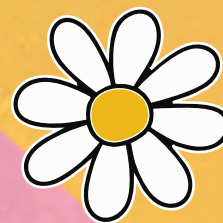




# EmpowerHer Community



## Confidence. Friendship. Belonging.

### What is the EmpowerHer Community?

**EmpowerHer** is a heart-driven community where pre-teen girls discover they're not alone. Through mentorship, meaningful connections, and a proven curriculum, building self-worth, confidence, and lasting friendships in a supportive, uplifting environment. **EmpowerHer** also offers moms the opportunity to feel connected, supported, and encouraged - reminding them they're not alone in their journey.



SIGN UP  
HERE



### Introducing EmpowerHer Chapters

Introducing **EmpowerHer** Chapters! Monthly meetings led by passionate mentors helping to guide and uplift girls as they grow to be their best self.



### Who It's For:

- ♥ **Girls ages 8-14**
- ♥ **Moms and Guardians** or trusted mentors who want to grow alongside them
- ♥ **Families seeking support, mentorship and connection.**
- ♥ **Preteens navigating friendship, identity, and self-confidence**



### What is included?

- ♥ **Monthly gatherings** in local areas such as Queen Creek, Maricopa, Mesa and Chandler
- ♥ **Invitations to all RTH Mother Daughter Events** such as our 'Dream Big Lead Boldly Event, and EmpowerHer Showcase'
- ♥ **Mentorship for You and Your Daughter** also offering 'Giving Back Opportunity to serve as mother and daughter in your community'
- ♥ **A Network of Moms and Daughters just like you**
- ♥ **Welcome Goody Bag, Snacks** and fun activity centered around proven curriculum
- ♥ **Daily Inspirational Text Messages (M-F)**



Reaching Teen Hearts  
2875 W. Ray Rd. Suite 101,  
Chandler AZ 85224

[reachingteenhearts.org](http://reachingteenhearts.org)



[instagram/reachingteenhearts](https://www.instagram.com/reachingteenhearts)



# EmpowerHer Community



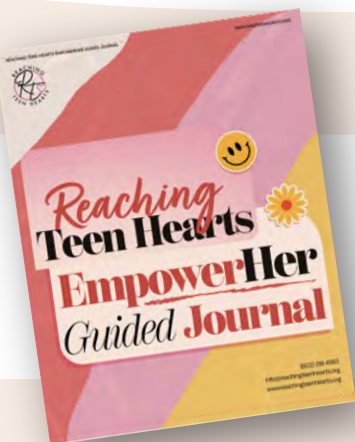
## EmpowerHer Annual Schedule

<b>AUG</b> * 'Super You' Carnival Back to School Event Aug, 28th Introductory/Team Building Activities	<b>RSVP</b> 	<b>FEB</b> * Dream Event (Reaching Teen Hearts) Module 6: Dream It, Believe It, Become It
<b>SEP</b> Chapter Launch Module 1: Who Am I? (Identity & Purpose)		<b>MAR</b> Module 7: Speak Up!
<b>OCT</b> Module 2: Lead with Confidence!		<b>APR</b> Module 8: Healthy Habits, Happy Life
<b>NOV</b> Module 3: Friendship Goals		<b>MAY</b> * EmpowerHer Showcase Module 9: Strong Emotions, Safe Expression
<b>DEC</b> * Giving Back Event ( Reaching Teen Hearts) Module 4: Respect, Responsibility & Rising to the Challenge		<b>JUN</b> Module 10: Mindset Matters
<b>JAN</b> Module 5: Stand Strong   Morals, Boundries and Values		<b>JUL</b> <b>AUG</b> <b>Bonus!</b> Module 11: Beauty Redefined <b>Bonus!</b> Module 12: Reflect Elevate and Step Forward

\* Indicates: Mother and Daughter Event (additional Mom and Daughter activities will be planned by local chapter leaders.)

*"My daughter went from shy and withdrawn to excitedly asking when the next meeting is. EmpowerHer has given her a safe space to be herself—and I've found mine too."*

Sign-Up Before  
August 28th and  
Receive a Digital  
copy of the  
EmpowerHer  
Guided Journal  
(\$30 value!)



EmpowerHer  
Community  
\$40  
Annual FEE

\$400  
VALUE



SIGN UP  
HERE



Reaching Teen Hearts, Inc. is a 501c3 non-profit organization dedicated to educating and guiding teen girls to help them grow spiritually, emotionally, and mentally. All contributions are fully tax deductible under the Internal Revenue Code using our EIN #88-3405201 for charitable intent.