UPDATED NOVEMBER 2026

Guidelines for Guests

baskretreatcenter.com/guidelines/guests

Welcome to Bask. Whether you're here for an overnight stay or attending a retreat, these guidelines help keep Bask a peaceful, safe sanctuary for every guest, for our neighbors and for the land.

Substances

Bask is a place for clarity, rest and healing in nature. To protect our guests, our neighbors and the land, we keep a clear policy on substances.

- **Illegal substances are strictly prohibited** anywhere on the Bask Retreat Center premises. This includes psychedelics and traditional or plant-medicine ceremonies (for example psilocybin, ayahuasca, MDMA and similar).
- Retreats may not advertise, offer, facilitate or include the use of any illegal substance, even when it's framed as ceremony, medicine or optional.
- **Alcohol:** Bask allows guests to bring and enjoy their own alcoholic beverages; however, Bask does not provide, serve, or sell alcohol. Guests are expected to drink responsibly and respectfully, keeping the safety and comfort of others in mind.
- **Cannabis, THC products, smoking and vaping:** Bask is committed to maintaining a clean, healthy, and peaceful environment for all guests. Smoking and vaping are prohibited inside all buildings, accommodations, and shared gathering spaces and are only permitted in designated outdoor areas. All smoking materials must be properly extinguished and disposed of to protect the land and prevent fire hazards. The use, possession, or distribution of marijuana, THC, or other illegal substances is prohibited on Bask property. Guests are expected to respect these guidelines to ensure a safe and welcoming environment for everyone. Bask reserves the right to ask guests to leave if these policies are violated.
- Bask reserves the right to end a retreat without a refund if this policy is violated.

Respect & Conduct

Bask is a shared sanctuary. Please help us keep it peaceful for everyone.

- Treat fellow guests, staff and neighbors with kindness and respect.
- Sexual activity is not permitted in shared or outdoor spaces.

- Harassment, discrimination and disruptive behavior are not tolerated.
- **Quiet hours:** 10pm to 7am. Please keep voices and music low so others can rest.
- If you're attending a retreat, please also follow the guidelines set by your retreat leader.
- If these guidelines aren't followed, or if anyone's safety is at risk, Bask staff may ask a guest to leave the property without a refund.

Your Stay

A few practical details to help your stay go smoothly.

- **Check-in and check-out:** Check-in is 3pm and check-out is 11am.
- **Guests:** only registered guests may stay overnight. Day visitors must be approved in advance, and all guests on the property must sign a waiver.
- **Children:** Children are welcome but must be supervised by an adult at all times.
- **Pets:** Pets are allowed in the Cabins and Domes only. There is a $150 fee for each pet, and pets must be approved in advance.
- Please leave your cabin or dome as you found it, and let staff know about any damage or maintenance issues.

Caring for the Land

Bask is a wildlife sanctuary and 42 acres of protected land in active restoration. Thank you for helping us care for it.

- Stay on marked trails, and keep out of restoration areas and closed areas.
- Please don't pick plants or fungi, remove stones, or disturb wildlife.
- Fires only in designated fire pits, and never during a burn ban.
- Pack out what you bring, and use the recycling and compost stations.
- Drive slowly on Bask roads, and watch for wildlife and walkers.
- Drones are allowed only with prior approval from Bask.

Safety

Bask is a rural property. A little preparation keeps everyone safe.

- Carry a light after dark. Paths and terrain are uneven.
- Check for ticks after walks, wear sturdy shoes, and stay hydrated in summer heat.
- Give wildlife space, and never feed animals.
- In severe weather, follow Bask staff instructions.
- Report any injury, illness or incident to Bask staff right away. See Emergency Contacts below.

Frequently Asked Questions

Can I bring or use psychedelics or other substances during my stay?

No. We strictly forbid the use of any illegal substances, including psychedelics, anywhere on the Bask Retreat Center premises.

Is alcohol allowed?

Yes, but please drink responsibly.

Can I bring my dog?

Yes. All pets must be approved in advance. There is a $150 pet fee per pet.

Are children welcome?

Yes. All children must be supervised by an adult at all times.

Is there cell service and Wi-Fi?

Cell service is spotty. Wi-Fi instructions will be provided prior to your arrival.

Are meals included?

Meals are not included with overnight stays.

Can I have a campfire?

Yes, in designated fire pits only, and never during a burn ban. Firewood is provided.

What's your cancellation policy?

Please refer to our booking page to view all policies.

How do I get there, and where do I check in?

See Location & Directions below. We offer contactless check-in. Check-in details are provided prior to arrival.

Contact Us

Questions about these guidelines, your booking or your stay? We're happy to help.

- **Email:** info@baskretreatcenter.com
- **Office hours:** Monday to Friday, 9am to 4pm CT.
- Or send us a message at baskretreatcenter.com/contact.

Emergency Contacts

In a life-threatening emergency, call 911 first, then let Bask staff know.

- **Emergency services: call 911.** Give the address: 609 Wades Branch Rd, Centerville, TN 37033.
- **Nearest emergency room:** Ascension Saint Thomas Hickman Hospital, 135 E Swan St, Centerville, TN 37033. Open 24/7. (931) 729-4271
- **Urgent care (non-emergency):** Ascension Saint Thomas Medical Partners Hickman Express Care, 1518 Highway 100, Centerville, TN 37033. (629) 888-5117. Open Monday to Friday, 8am to 6pm, and Saturday, 8am to 2pm.
- **Poison Control:** 1-800-222-1222

Location & Directions

Bask Retreat Center
609 Wades Branch Rd, Centerville, TN 37033 (Hickman County). About 90 minutes west of Nashville.

Open in Google Maps

Directions from Nashville (about 1.5 hours)

1. From downtown Nashville, take I-40 West toward Memphis.
2. Take Exit 172 for TN-46 toward Dickson and Centerville. Turn left (south) onto TN-46.
3. Continue about 6 miles to the stoplight at the TN-46, TN-100 and TN-7 intersection in Bon Aqua. Turn right onto TN-100 West.
4. Follow TN-100 West about 17 miles into Centerville.
5. Turn right on E Beaverdam Rd.
6. Turn left on W Beaverdam Rd.
7. Turn left on Wades Branch Rd.
8. Turn left into Bask.
9. Parking details are shared directly based on your reservation.

Prefer a scenic drive? Take TN-100 West from Nashville through Fairview all the way to Centerville.