

Medical Narrative

John Doe

Date of Birth: 05/15/1982



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1. Brief Summary of Care:

John Doe is a 41-year-old Asian male, married, with a primary care provider, allergist/immunologist, and urologist within The Corvallis Clinic. On 07/13/2020, lab results showed slightly low sodium, elevated total bilirubin, and high total cholesterol. His hemoglobin A1c was 5.5% and hepatitis C antibody test was negative. He was prescribed lisinopril-hydrochlorothiazide. On 10/14/2021, repeat labs were ordered, including a lipid panel, CMP, and hemoglobin A1c. On 05/12/2021, he was prescribed azelastine nasal spray. On 07/07/2021 and 07/20/2022, he received antigen extract preparation, likely related to his seasonal allergic rhinitis, for which he was referred to an allergist on 04/07/2021. On 01/09/2023, another set of labs (lipid panel, CMP, and hemoglobin A1c) were ordered and a referral to a urologist, Dr. Michael Brant, was made for fertility care. On 02/28/2023, a consultation with Dr. Brant indicated a planned future vasectomy. On 04/17/2023, Tylenol-Codeine #3 was prescribed, and a post-vasectomy semen analysis was ordered for 05/29/2023. On 04/18/2023, a follow-up assessment noted the patient would return as needed.

2. Narrative Report Summary of Care:

- 07/13/2020 - Bryce Cleary (Family Medicine)
 - Reason for visit/encounter: Annual exam
 - Chief complaint: Annual exam
 - Examination findings: Vitals recorded: Body height 173.99 cm, Body mass index (BMI) 24.5 kg/m², Body weight 74026.27 g, Heart rate 64 /min, Body temperature 96.7 [degF], Systolic blood pressure 128 mm[Hg], Diastolic blood pressure 62 mm[Hg]
 - Diagnoses: Hypertension, Seasonal allergies
 - Treatment plan/recommendations: Continue current blood pressure medications. Continue over-the-counter medications for seasonal allergies.
 - Notes: Patient is a pleasant 38-year-old gentleman. Reports good control of hypertension with medication and tolerating it well. Seasonal allergies managed with over-the-counter medications.
- 12/29/2020 - Daniel Barrett (Unknown)
 - Reason for visit/encounter: Vasectomy consultation
 - Chief complaint: Vasectomy consultation
 - Examination findings: Patient is healthy with no history of surgery or medical problems.
 - Diagnoses: Vasectomy requested
 - Treatment plan/recommendations: Information about the vasectomy procedure was provided. The patient was advised on the importance of rest and compression following the procedure. An appointment was scheduled.
 - Notes: Patient is a 38-year-old male with 3 children, including a new baby. He is asking about vasectomy. The patient has been informed about the nature of telemed services compared to in-person care. We reviewed the security, potential risk, billing arrangements. All questions were answered, and the patient gave verbal consent to proceed with a telemed visit.

- **05/12/2021 - Roland Solensky (Allergist/Immunologist)**
 - **Reason for visit/encounter:** Allergy evaluation
 - **Chief complaint:** Evaluation of allergies
 - **Examination findings:** Vitals recorded: Body height 175.26 cm, Body mass index (BMI) 25.1 kg/m², Body weight 76974.63 g, Systolic blood pressure 130 mm[Hg], Diastolic blood pressure 90 mm[Hg]
 - **Diagnoses:** Allergic rhinitis caused by pollen, Allergic rhinitis caused by animal dander, Pollen-food allergy
 - **Treatment plan/recommendations:** Continue Flonase 2 sprays each nostril daily and azelastine not just p.r.n. but 2 sprays each nostril b.i.d. Continue Zyrtec 10 mg p.o. q.day or p.r.n. Continue ketotifen eyedrops p.r.n. Allergy extract will be mixed and the patient will start allergy injections in early July.
 - **Notes:** Patient reports a long history of allergic rhinitis since childhood. Symptoms are seasonal, with reactions around animals. Symptoms have become more prominent in the last few years. Oral allergy syndrome due to apples and cherries. No allergies to medications, insect stings, vaccinations, or latex. Itching in the throat sometimes. Also reacts to dogs but not as much.
- **10/14/2021 - Bryce Cleary (Family Medicine)**
 - **Reason for visit/encounter:** Annual exam
 - **Chief complaint:** Annual exam
 - **Examination findings:** Vitals recorded: Body height 175.26 cm, Body mass index (BMI) 24.9 kg/m², Body weight 76430.31 g, Heart rate 55 /min, Oxygen saturation 98°, Systolic blood pressure 140 mm[Hg], Diastolic blood pressure 84 mm[Hg]
 - **Diagnoses:** Hypertensive disorder
 - **Treatment plan/recommendations:** Continue current medication
 - **Notes:** Patient is a pleasant 39-year-old gentleman who comes in for annual exam. He suffers from hypertension and allergies. He has been doing relatively well. He has been checked his blood pressure at home with the numbers are better than he gets today. He denies any new problems or complaints
- **07/13/2022 - Roland Solensky (Allergist/Immunologist)**
 - **Reason for visit/encounter:** Follow up office visit for allergic rhinitis and oral allergy syndrome
 - **Chief complaint:** Follow up for allergic rhinitis and oral allergy syndrome
 - **Examination findings:** Vitals recorded: Body height 175.26 cm, Body mass index (BMI) 24.5 kg/m², Body weight 75296.33 g, Systolic blood pressure 144 mm[Hg], Diastolic blood pressure 88 mm[Hg], HEENT exam is normal. Lungs are CTA.
 - **Diagnoses:** Perennial/seasonal allergic rhinitis/conjunctivitis due to tree, grass, weed pollens, alternaria, and cats. Oral allergy syndrome due to apples and cherries.
 - **Treatment plan/recommendations:** Remix allergy extract and continue allergen immunotherapy for 4 more years and I reviewed the reasoning behind that with the patient. Continue p.r.n. azelastine nasal spray or Zyrtec p.r.n. Follow up in 1 year.
 - **Notes:** Patient started allergy injections last September and has been very consistent about coming in, reached a dose of 0.4 mL by late April, no systemic reactions and minimal occasional localized reactions. His worst season is tree and grass pollen and overall he reports tremendous improvement. He really did not use very many allergy medicines at all, in June he thought he had allergies but ended up being a URI so he never really use the Flonase much, same goes for the antihistamines like Zyrtec, occasionally rarely uses azelastine nasal spray. Also no need to use ketotifen eyedrops. He eats apples regular year-round, before he would sometimes but not always reactive them, now he does not react to them at all. He is never around cats.

- **01/09/2023 - Bryce Cleary (Family Medicine)**
 - **Reason for visit/encounter:** Annual exam
 - **Chief complaint:** Annual exam
 - **Examination findings:** Vitals recorded: Body height 175.26 cm, Body mass index (BMI) 25.3 kg/m², Body weight 77564.3 g, Heart rate 74 /min, Oxygen saturation 98 %, Systolic blood pressure 120 mm[Hg], Diastolic blood pressure 80 mm[Hg]
 - **Diagnoses:** Adult health examination, Fertility care, Active or passive immunization
 - **Treatment plan/recommendations:** Referral for urologist to get a vasectomy
 - **Notes:** Patient is a pleasant 40-year-old gentleman who comes in for annual exam. He is generally doing well without problems or complaints. He would like a referral for a urologist to get a vasectomy
- **02/28/2023 - Michael Brant (Urology)**
 - **Reason for visit/encounter:** Vasectomy consultation
 - **Chief complaint:** Vasectomy consultation
 - **Examination findings:** This patient is a healthy 40-year-old male who desires permanent sterilization. His urologic history is negative.
 - **Diagnoses:** Vasectomy requested
 - **Treatment plan/recommendations:** Planned procedure
 - **Notes:** He is married and has 3 children and do not desire any others.
- **04/18/2023 - Michael Brant (Urology)**
 - **Reason for visit/encounter:** Vasectomy procedure
 - **Chief complaint:** Vasectomy procedure
 - **Examination findings:** Vitals recorded: Body height 175.26 cm, Body mass index (BMI) 24.7 kg/m², Body weight 75749.93 g, Systolic blood pressure 132 mm[Hg], Diastolic blood pressure 76 mm[Hg]
 - **Diagnoses:** Vasectomy requested
 - **Treatment plan/recommendations:** Vasectomy completed
 - **Notes:** This patient is a 40-year-old male previously seen in consultation for vasectomy. He now presents for the planned procedure.

3. Diagnoses:

- **07/13/2020:** Hypertensive disorder (I10)
- **12/29/2020:** Vasectomy requested
- **05/12/2021:** Allergic rhinitis caused by pollen (J30.1) Allergic rhinitis caused by animal dander (J30.81) Pollen-food allergy (Z91.018)
- **07/07/2021:** Allergic rhinitis caused by animal dander (J30.81) Allergic rhinitis caused by pollen (J30.1) Perennial allergic rhinitis (J30.89)
- **07/13/2022:** Perennial/seasonal allergic rhinitis/conjunctivitis due to tree, grass, weed pollens, alternaria, and cats. Oral allergy syndrome due to apples and cherries.
- **01/09/2023:** Adult health examination (Z00.00) Fertility care (Z31.84) Active or passive immunization (Z23)
- **02/28/2023:** Vasectomy requested (Z30.2)
- **04/18/2023:** Vasectomy requested (Z30.2)

4. Past Medical and Surgical History:

- 12/07/2013: History of respiratory disease
- 07/18/2019: LASIK

5. Medications:

- 05/12/2025: Lisinopril 20 mg-hydrochlorothiazide 12.5 mg tablet, take 1 tablet by mouth once daily
- 02/28/2023: Ketotifen 0.025% (0.035%) eye drops, instill 1 drop into affected eye(s) 2 times per day
- 04/22/2009: Patanol 0.1% eye drops, instill 1 drop into affected eye(s) twice daily as directed.
- 02/28/2023: Zyrtec 10 mg tablet, take 1 tablet every day by oral route as needed.
- 06/15/2023: Acetaminophen 300 mg-codeine 30 mg tablet, take 1 tablet by mouth every 4 hours as needed
- Montelukast 10 mg tablet, take 1 tablet daily as needed prior to cat exposure by mouth
- Azelastine 137 mcg (0.1%) nasal spray, spray by intranasal route as needed with allergy exacerbation
- 06/15/2023: Diazepam 10 mg tablet, take one tablet by mouth hour prior to procedure
- 04/10/2009: Nasonex 50 mcg/actuation nasal spray, use 2 sprays in each nostril once daily
- Sodium fluoride 1.1% dental paste, pea-sized drop on teeth after brushing and flossing, spit out
- 02/28/2023: Clear Eyes Complete
- 02/28/2023: Flonase Allergy Relief 50 mcg/actuation nasal spray, suspension, spray 1 spray every day by intranasal route.
- 07/13/2020: Flonase Allergy Relief
- 05/12/2021: Fluarix Quad 2020-2021 (PF) 60 mcg (15 mcg X 4)/0.5 mL IM syringe

6. Functional Status:

The patient's alcohol consumption is none. His occupation is self-employed at a STEM non-profit. No other information on functional status is available.

7. Psychosocial:

The patient is a never smoker. He has two children. No other psychosocial information is available.

8. Educational History:

The patient is a 4-year college graduate.

9. Work History:

The patient is self-employed at a STEM non-profit. No work-related injuries are mentioned in the provided records.

10. Future Care Recommendations:

- **07/13/2022:** Continue p.r.n. azelastine nasal spray or Zyrtec p.r.n. Follow up in 1 year.
- **07/13/2020:** Routine screening labs and follow up the results. Routine anticipatory guidance will check.
- **10/14/2021:** Continue current medication.
- **12/29/2020:** Patient is to make appointment.
- **05/12/2021:** Allergy extract will be mixed and the patient will start allergy injections in early July.
Continue Flonase 2 sprays each nostril daily and azelastine not just p.r.n. but 2 sprays each nostril b.i.d.
Continue Zyrtec 10 mg p.o. q.day or p.r.n. Continue ketotifen eyedrops p.r.n.
- **02/28/2023:** Patient will return in the future for the vasectomy.
- **04/18/2023:** Patient will return to see us as needed