

Material List:

- ☐ Whiskey (cocktail)
 - ☐ Vodka or Gin (cocktail)
 - ☐ Apple Cider Vinegar (mocktail)
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- ☐ 1 Rocks glass
 - ☐ 1 Highball glass
 - ☐ Cocktail Shaker (jar, mug or protein shaker also work)
 - ☐ Cutting Board
 - ☐ Knife
 - ☐ Tablespoons
 - ☐ Jigger
 - ☐ Way to boil hot water
 - ☐ Small bowl
 - ☐ Mug
 - ☐ Spoon
 - ☐ Zester
 - ☐ Citrus Press
 - ☐ Whisk, matcha whisk, electric milk frother or blender
 - ☐ Water
 - ☐ Ice





Matcha Strawberry Spritz

Mocktail (1 serving)

- ☐ ½ tsp matcha powder
- ☐ 2 tbsp hot water
- ☐ 2 tbsp lime juice
- ☐ 1 tbsp strawberry jam
- ☐ 5-6 oz sparkling water
- ☐ Zest from ½ lime
- ☐ Ice

Cocktail (1 serving)

- ☐ ½ tsp matcha powder
- ☐ 2 tbsp hot water
- ☐ 2 tbsp lime juice
- ☐ 1 tbsp strawberry jam
- ☐ 1-1.5 oz. vodka or gin
- ☐ 5-6 oz sparkling water
- ☐ Zest from ½ lime
- ☐ Ice



Instructions

○ Prepare the Matcha Shot:

- In a small bowl, add 1 tbsp hot water and whisk vigorously until the matcha is fully dissolved and forms a smooth shot. You can use a traditional bamboo whisk, small whisk or electric frother for this step.
- In a separate bowl, combine the strawberry jam and 1 tbsp hot water. Mix thoroughly until the jam is smooth. This may take a minute or so of stirring.
- Add lime juice and lime zest to the strawberry jam mixture.
- Pour strawberry-lime mixture to the bottom of your glass.
- Add ice.
- Add spirit (cocktail), sparkling water and top with the matcha shot
- Garnish with a slice of lime.
- Before you drink, stir to mix.
- Enjoy!



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Spiced Ginger Lemon Drop

Mocktail (1 serving)

- ☐ 1/2 cup ginger tea concentrate (mix full packet with 1/2 cup water)
- ☐ ½ tsp apple cider vinegar (optional)
- ☐ 2 tbsp | 1oz lemon juice
- ☐ Pinch of five spice powder
- ☐ 2 dashes of [All the Bitter Orange Bitters](#)
- ☐ Ice

Cocktail (1 serving)

- ☐ 1/2 cup ginger tea concentrate (mix full packet with 1/2 cup water)
- ☐ 1-1.5oz whiskey
- ☐ 2 tbsp | 1oz lemon juice
- ☐ Pinch of five spice powder
- ☐ 2 dashes of [All the Bitter Orange Bitters](#)
- ☐ Ice

Adaptogenic Sugar Rim

- ☐ 2 tbsp sugar
- ☐ 1 tsp lemon peel powder or lemon zest
- ☐ 1/8 tsp maca powder



Instructions

- Spread sugar mixture onto a small plate.
- Use a lemon wedge to moisten the edge of a glass, then place the glass upside-down into the sugar mixture. Move the glass in a small circular motion to coat with sugar mixture.
- In a cocktail shaker add ginger tea concentrate, whiskey OR apple cider vinegar, lemon juice, five spice powder, bitters and ice.
- Shake vigorously for 10 seconds, strain and pour carefully into your sugar rimmed glass.
- Garnish with a slice of lemon and enjoy.



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