Super Lemonade

Ingredients:

(1 serving)

- ½ cup (120 ml) water
- 2 tbsp (30 ml) lemon juice
- 1 tbsp (15 ml) lemon syrup
- Pinch of salt
- Ice

Instructions:

- In a glass add lemon juice, salt and syrup. Stir until salt dissolves.
- Then add water and ice.
- Enjoy!



Lemon Syrup Instructions

Ingredients:

- 1 cup sugar | 250 ml
- 1 cup water | 250 ml
- Peels from 2 lemons (avoid the white pith for less bitterness)

Directions:

- Peel lemons with a peeler, avoiding the bitter white pith.
- Combine peels, sugar, and water in a small saucepan.
- Simmer over medium heat, stirring until the sugar dissolves.
- Reduce heat and simmer for 5–10 minutes to infuse the lemon flavor.
- Remove from heat and let cool completely.
- Strain out the peels and pour syrup into a clean jar.
- Store in the refrigerator for up to 2 weeks.

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