

# **Auralink Pro**

## **Confidential Clinical Findings**

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Date: July 18, 2025

### **Clinical Findings for Natalie Brooks and Tyler Brooks**

#### **Attachment Withdrawal Cycle**

Natalie and Tyler exhibit classic patterns of attachment withdrawal, where small acts of care (coffee preparation, cooking dinner) gradually disappeared without communication about their significance. Their relationship devolved through mutual withdrawal triggered by perceived slights—Natalie not sharing job news, Tyler responding minimally—creating a reinforcing cycle where both assumed the other's disinterest. This pattern has manifested as emotional armor they've both independently described, where neither feels safe being vulnerable. Their parallel experiences of feeling 'alone together' and describing each other as 'ghosts' indicate severe attachment disconnection, though both recognize these patterns with remarkable clarity. The synchronized timeline and emotional experiences suggest potential for reconnection if the accumulated hurts can be addressed.

#### **Emotional Roommate Syndrome**

Natalie and Tyler demonstrate profound mutual emotional disengagement while maintaining physical proximity—a phenomenon I'd characterize as 'emotional roommate syndrome.' They inhabit different areas of their home, prepare separate meals, and actively avoid meaningful interaction, creating parallel lives under one roof. Both describe feeling more isolated in each other's presence than when alone, with Natalie finding home 'suffocating' rather than comforting. Their shared perception of being 'ghosts' to each other reveals how emotional disconnection transforms physical spaces. Most striking is their recognition that this arrangement is actively chosen rather than circumstantial, as Tyler observed, 'we choose to stay apart at home.' This chosen isolation has eroded their fundamental sense of home as

sanctuary, with profound implications for psychological wellbeing.

### **Synchronous Insight Recognition**

Natalie and Tyler demonstrate remarkable insight convergence—independently identifying identical relationship patterns, emotional experiences, and reconnection barriers. Both recognized the anniversary skipping as pivotal, described reconnection attempts as 'performative,' and articulated near-identical metaphors for emotional barriers ('armor,' 'walls'). This parallel understanding extends to their solution approach—both identifying the need for vulnerability about accumulated hurts before surface reconnection attempts. Their mutual recognition of these patterns indicates advanced self-awareness and potential readiness for therapeutic intervention. However, their shared skepticism about reconnection feasibility ('I'm still hesitant to have hope,' 'I think it would be really hard') suggests fear of vulnerability remains a significant barrier despite intellectual understanding of necessary steps forward.