

ALLIANCE NEWSLETTER

September 2024



CHILD AND FAMILY SERVICES ALLIANCE
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[If you would prefer not to receive The Alliance newsletter please email \[zvale@familycare.net.au\]\(mailto:zvale@familycare.net.au\)](#)

Childhood Trauma and Healing Symposium

Join us at our one day symposium in Shepparton exploring the broad themes of childhood trauma and healing. Hear from local and international experts and spend time networking with colleagues across the sector.

19 November 2024

9am - 4pm

**The Parklake
481 Wyndham St
Shepparton**



SHE IS NOT YOUR REHAB

Matt and Sarah Brown

[Register here](#)

\$55 pp - Morning tea and lunch included



PROF. DARYL HIGGINS

Childhood Maltreatment Study



DR WENDY BUNSTON

Infant health and well-being expert



AUNTY SUE NELSON

GV Health - AOD clinician and grief and loss expert



**Goulburn
Child &
Family
Services
Alliance**

Training and Professional Development

OPEN Symposium 2024

Online | October 23 & 24 | Early bird tickets onsale now!



Outcomes Practice
Evidence Network
Child and Family
Services

Transforming futures: Improving the lives of children and their families.

Early Bird Tickets for OPEN Symposium 2024 – On Sale now!

Get your tickets here: 2024.opensymposium.com.au

We're thrilled to announce that early bird tickets for the **OPEN Symposium 2024** will be available starting **September 5th**! This year's theme, "**Transforming Futures Improving the Lives of Children and Their Families**," promises to bring together leading voices in the sector for a day of insightful presentations, dynamic discussions and invaluable networking opportunities.

Ticket Sale Schedule:

✳️ **Centre Members - \$60***: Get exclusive early access to early bird tickets from **September 5th**. Secure your spot at a special discounted rate before tickets open to the general public. Not sure if your organisation is a Centre Member? Take a look [here](#)

✳️ **Non-Centre Members - \$90***: Early bird tickets will be available from **September 9th**. Don't miss out on this opportunity to attend at a reduced price!

With this Symposium shaping up to be our most impactful yet, we encourage you to take advantage of the early bird offer. Join us as we explore innovative approaches and collaborative solutions that will help transform the futures of children and families.

SHORT COURSE



MONASH
University

Develop knowledge, skills and principles required to work across sectors, including, Alcohol and other Drugs (AOD), child protection, mental health, family violence and criminal/youth justice.

7 October - 8 November 2024

Registration is now open.

[Register here](#)



Register for free MARAM – Adults Using Family Violence Training

The Family Violence Multi-Agency Risk Assessment and Management Framework (MARAM) supports professionals across the service system to better understand their responsibilities to undertake risk assessment and management, including information sharing and working collaboratively.

The training is free and helps build skills and knowledge on how to identify and manage risks when working with adults using family violence.

Sessions are available now until June 2025

Who needs to complete this training?

Professionals who work directly with individuals and families that may be experiencing or using family violence within MARAM 'prescribed' organisations.

Identification

– 1 day training for professionals who may come in contact with family violence victim survivors or adults using family violence while providing universal services.

[Safe and Equal training registration](#) or [No to Violence training registration](#)

Intermediate

1.5 day training for professionals who may have contact with people experiencing or using family violence in their work, however responding to family violence is not their core role or function

[No to Violence training registration](#)

Comprehensive

2 day training for professionals whose core role is to respond to people experiencing or using family violence.)

[No to Violence training registration](#)

STEPPING STONES TO KINDER

This free online training supports practitioners to understand, enrol and engage children and families with quality early childhood education and care in the years before school.



BOOK YOUR SPOT NOW



NORTH WEST REGION

Monday 7th October
1pm - 3pm



SOUTH WEST REGION

Monday 21st October
1pm - 3pm



SOUTH EAST REGION

Wednesday 30th October
10am - 12pm



NORTH EAST REGION

Thursday 31st October
10am - 12pm

If you are unable to attend the session for your region, you can register for a different region.

WHAT WE COVER

- The kinder pathway including Early Start Kinder and Free Kinder.
- Child Care Subsidy and Additional Child care Subsidy
- Identity and immunisation requirements for kinder and child care.
- Practical tips to overcome common barriers
- Resources to add to your professional toolkit

Free on-line



CaFS Alliance Professionals Information Sessions

The Goulburn Child and Family Services Alliance invite you to our monthly information session where professionals present up to date information on our local services and happenings in the Child and Family Services space. Occurs the fourth Wednesday of the month from 12.30pm
[Register here](#)

Webinar

Early Start, Bright Future | Early Years Forum:

Exploring collaborative practice across Early Childhood Education, Child and Family Services and other allied sectors
September 17th | 9.30 AM - 12.30 PM |
Online | [Register here](#)

This session will delve into successful cross-sectoral collaborations across Early Childhood Education, Child and Family Services and other allied services. Best practice examples achieving excellent outcomes for under-supported children and families will be explored.

Violence against pets in the context of intimate partner violence: supporting victim-survivors

**Presenters: Kylie Butler,
Jen Howard, Monique Dam
and Dr Jasmine B.
MacDonald**

**Date & time: Wednesday 9
October 2024, 1:00 – 2:00PM
(AEDT).**

[Register here](#)



Have a listen

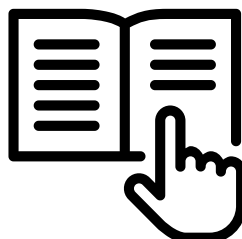
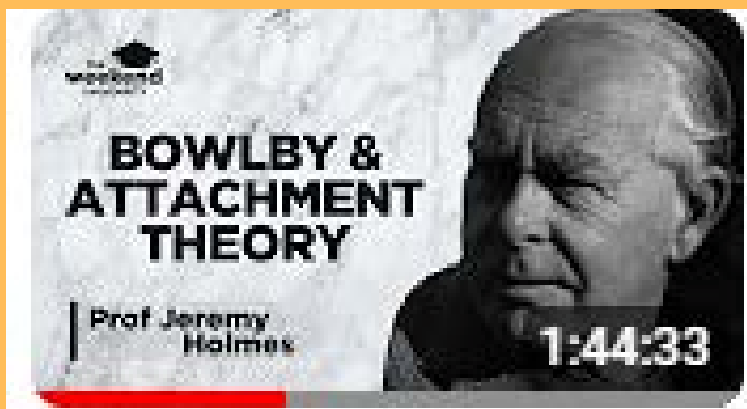


Stories from **BERRY STREET**

Stories from Berry Street explores the current crisis facing children and families in Australia. More than ever they're being exposed to violence, abuse and neglect, and the fall out of this can have devastating long-term impacts on our whole community.

Join our host Richelle Hunt - who you may know from The Conversation Hour on ABC Radio - as she talks to staff from front line services at Berry Street, highlights the innovative work that's being done to address the increasing rates of harm and violence, and uncovers what we can all do to help.

John Bowlby, Attachment Theory and Psychotherapy - Professor Jeremy Holmes - YouTube



Have a Read

Rapid Review of Prevention Approaches
On 1 May 2024, following a meeting of the National Cabinet, the Prime Minister announced the Commonwealth would undertake an expert led rapid review of best practice, evidence-based approaches to prevent gender-based violence.

Read the final report here:
Unlocking the Prevention Potential: accelerating action to end domestic, family and sexual violence | PM&C (pmc.gov.au).

Support and Education for Community Members



WE HAVE A NEW OFFICE IN WALLAN!



PROVIDING FREE LEGAL
SUPPORT TO COMMUNITIES
IN MITCHELL SHIRE

- Family violence
- Visa abuse
- Child contact arrangements

- Consumer law
- Criminal matters
- Victims of crime

- Debt
- Tenancy issues
- Employment issues

- Infringements
- Motor vehicle accidents

Ph: (03) 9310 4376

Wallan Community Services Hub
42/80 Bentinck Street, Wallan

9am-5pm Mondays-Fridays

All Abilities

Pathways Expo

For Inclusive Ed school leavers and families living with disabilities

Seymour Family & Children's Centre

29 Stewart Street, Seymour



Services include:

Yooralla
Intereach
Goulburn Options
Nexus Primary Health
GOTafe, and MORE

September 19th

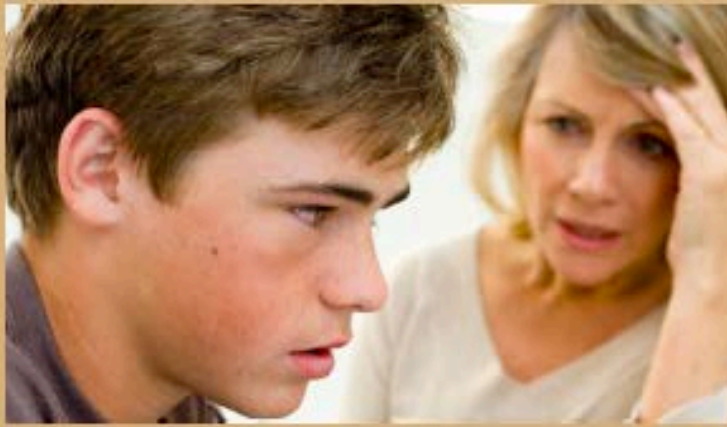
2.30pm - 4.30pm

Light afternoon tea provided

Lucky door prize available

Tuning in to Teens

A six session program for
parents of 12-18 year olds



Would you like to learn how to:

Be better at talking with your teen?

Be better at understanding your teen?

Help your teen learn to manage their emotions?

Help to prevent behaviour problems in your teen?

Teach your teen to deal with conflict?

***Tuning in to Teens* shows you how to help your teen develop emotional intelligence. Adolescents with higher EQ:**

- Are more aware, assertive, and strong in situations of peer pressure
- Have greater success with making friends
- Better at managing conflict with peers
- Are more able to cope when upset or angry
- Have fewer mental health and substance abuse difficulties
- Have more stable and satisfying relationships as adults and have greater career success

Thursdays 17th October – 21st November 2024

10am – 12pm

FamilyCare 19 Welsford Street Shepparton



Register Here or scan the QR Code

Call Central Intake 1800 161 306

This workshop is for parents and/or carers in the Goulburn Region
Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi



Are you a woman looking for a leadership opportunity?

Become a Peer Educator and
help stop family violence in
Mitchell Shire.

Northern Community Legal Centre, in partnership with Mitchell Shire Council, is looking for women from diverse cultural backgrounds who live in Mitchell Shire to join our Inno family violence peer education project, Take the First Step, which develops innovative ways to reach isolated women in the community who need support.

WHAT WOULD I BE DOING?

Participants will attend training sessions to learn about the signs and effects of family violence and how to help someone experiencing family violence. They will also design and distribute messaging to the community, and participate in awareness-raising events and activities. Meetings will run for two hours, once a month. Participants will receive a \$25 gratuity voucher for each in-person session they attend.

Register your interest via the QR code or at the Greater Beveridge Community Center.

For more information, email
tmkenna@northernclc.org.au



Take the first step.

“

The peer education program...has made a massive difference in how I feel about contributing back to society. I now have the tools and the network of people to support me...It has made me confident enough to be able to put my hand up, to reach out to people who are wanting for help.

Hasimran, Peer Educator 2023

I had a truly transformative experience being part of the Northern Community Legal Centre's Take the First Step Program as a Peer Educator... Throughout this journey, I was fortunate to meet an incredible group of women... These connections have fuelled my passion for spreading positivity and providing support to all women in need.

Bushra, Peer Educator 2024

”





LITTLE BODIES BIG FEELINGS

An under 7s program

LAST CAMP IN 2024!

Is your young person under seven?

We would love for them to be able to come to camp with peers their age

11th - 13th October

**ALL FEELINGS ARE OK
NOT ALL BEHAVIOURS ARE OK**



SAD



SCARED



EXCITED

All these feelings might look like behaviours that are hard to manage at home, in school or with friends.

Little bodies big feelings camp will introduce some regulation strategies

Our final LBBF camp for 2024 we are taking the feelings monsters to the Circus! We would love to see some new campers join our feelings circus, ready for the new year!!

[Enquire here](#)



**A FREE six session program for parents and carers of
2-12 year old children**

Would you like to learn how to

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

**Tuesdays 12.30pm – 2.30pm
starting 29th October – 3rd December 2024**



Click here to register now
or call Central Intake
1800 161 306



QR Code to Register

This workshop is for parents and/or carers in the Goulburn Region
(Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi)



FamilyCare familycare.net.au

The Bridge Youth Services thebridge.org.au

Rumbalara rumbalara.org.au

OZ Child ozchild.org.au

The Orange Door orangedoor.vic.gov.au

DFFH www.dffh.vic.gov.au