



IOWA
UNITED
B A S K E T B A L L

UNITE. DEVELOP. ACHIEVE.

IOWA UNITED PREP

UNITE. DEVELOP. ACHIEVE.

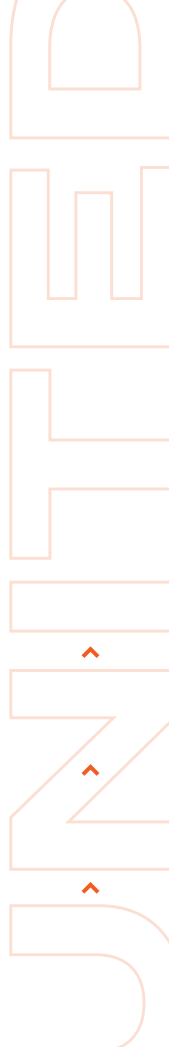
At Iowa United Prep, we are committed to developing the next generation of basketball talent—on and off the court. Our elite training facilities, experienced coaching staff, and tailored strength and skill development programs create the ideal environment for student-athletes to grow, compete, and thrive. With state-of-the-art equipment and dedicated training spaces, we provide the resources needed to perform at the highest level. We emphasize skill development, teamwork, sportsmanship, and character while supporting academic and personal success.

With a limited roster of just 24 athletes, Iowa United Prep offers a highly selective and competitive environment. This allows for personalized coaching, individualized development plans, and a structured training approach focused on building athleticism, endurance, and overall performance.

Led by a passionate and experienced coaching staff, our program fosters a positive, supportive atmosphere where athletes are challenged to reach their full potential. We strive to build a united basketball family where every player has the opportunity to grow, compete, and succeed.

OUR MISSION

At Iowa United Basketball, we are driven by our mission to Unite. Develop. Achieve. We believe in fostering a community that goes beyond just winning games. Our focus is on instilling values of hard work, discipline, and integrity in every student-athlete, preparing them for success both on the court and in life. We prioritize academic excellence, encouraging our players to balance their athletic commitments with their education, ensuring they develop as well-rounded individuals ready to achieve their goals.





THE UNITED APPROACH

ONE TEAM. ONE FAMILY.

At the heart of our program is a simple yet powerful philosophy: **Talent x Discipline = Success**. We believe that raw talent is just the beginning. True achievement comes from harnessing that potential with unwavering discipline, dedication, and hard work.

Our approach is designed to cultivate both individual skills and collective strength. We provide the environment, coaching, and resources needed to transform promise into performance, shaping athletes who are not only skilled but also disciplined in their pursuit of greatness.

This philosophy is the foundation of everything we do, driving us to develop well-rounded individuals who excel both on and off the court.

AS IRON SHARPENS IRON, SO ONE PERSON SHARPENS ANOTHER.

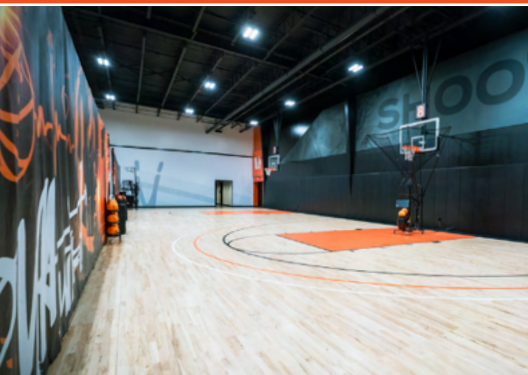
PROVERBS 27:17

“

DO YOU NOT KNOW
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”

1 CORINTHIANS 9:24



SCHEDULE

DESIGNED FOR GROWTH & SUCCESS

Our schedule reflects a perfect balance between preparation, competition, and recovery, ensuring our athletes maximize their potential without burnout. With a philosophy centered on meaningful games and top-tier competition, we provide 35 prep games and 35 AAU games per year, delivering an ideal blend of challenge and growth.

This year-round program integrates both PREP and AAU seasons, offering a comprehensive vision for athlete development. Our teams compete at premier events like the Grind Session, Nike invite-only tournaments, and 3SSB, giving players unmatched exposure and experience.

Every detail of our schedule is carefully curated to prepare athletes for success—both on the court and in life.

TRAVEL

We believe our athletes deserve the best travel experience. Whether it's a Sprinter van, charter bus, or private jet, every journey is smooth, comfortable, and efficient.

To prioritize rest and recovery, we arrive a night early and provide nutritious meals on the road. With two players per room in quality hotels, athletes get the rest they need to perform at their peak. Our travel is all about comfort, convenience, and arriving ready for the next big game.



ELITE TRAINING FACILITIES

BUILT FOR EXCELLENCE

Our High Major Division 1 facility sets the standard for elite athletic training. Designed with cutting-edge technology and top-tier equipment, every aspect of the space is tailored to meet the needs of high-performing athletes. From advanced performance analysis tools to premium training materials, our facility provides everything required to push boundaries and achieve greatness.

What sets us apart?

This facility is fully dedicated to our program—no outside rentals or distractions—ensuring athletes have uninterrupted access to the resources they need to excel. It's more than a training center; it's where champions are made.

2

FULL COURTS

4

HALF COURTS

8

NOAH BALL SYSTEMS





STRENGTH & CONDITIONING

BUILDING CHAMPIONS

Our state-of-the-art strength and conditioning equipment is designed to help athletes unlock their full physical potential. From advanced weightlifting systems to cutting-edge recovery tools, we provide everything needed for peak performance. Each piece of equipment is carefully selected to enhance strength, speed, agility, and endurance while minimizing the risk of injury.

Paired with personalized training programs, expert coaching, and a supportive environment, our setup ensures that every athlete is empowered to reach their goals and excel on and off the court. Here, we don't just build athletes, we build champions.

POWER



HEALTH & WELLNESS

PRIORITIZING PEAK PERFORMANCE

Athletic success starts with a strong foundation. Our full-time therapist keeps athletes in peak shape with expert care and resources like Plankt and MRI services. From injury prevention to recovery, we've got them covered.

Beyond physical care, we promote wellness through healthy habits—quality sleep, less screen time, and personal growth. By strengthening both body and mind, we prepare athletes for the game and life.



WORK HARD PLAY HARD

ONE TEAM. ONE FAMILY.

We know pursuing excellence requires dedication, but our athletes still have fun. We create an environment where kids can enjoy exciting activities and team-building events. With top-tier training and a full lineup of experiences, there's always something to look forward to. At Prep, we build a culture where athletes connect, unwind, and create lifelong memories. Success is all about enjoying the journey.

PERSONALIZED LEARNING

At Iowa United Prep, we're reimagining education to better serve today's learners through personalized learning, whole-child development, and a dedicated focus on student-athletes. Iowa United Prep operates as Oakmoor Academy's second campus and primary in-person location. In partnership with Oakmoor Academy, our accredited academic provider based in Florida, we deliver a flexible, high-quality educational experience that supports both athletic and academic success.

We believe every student is unique, and their education should reflect that. Our approach tailors learning to each individual's strengths, interests, and goals, challenging and supporting them every step of the way. By combining Iowa United Prep's in-person support with Oakmoor Academy's established academic framework, student-athletes are empowered to excel in the classroom and in their sport without having to choose between the two.

PREP PHILOSOPHY

At Iowa United Prep, we are reimagining education to meet the needs of today's learners:

- 1 ENHANCE COMMUNICATION**
- 2 WHOLE-CHILD DEVELOPMENT**
- 3 STUDENT ATHLETE FOCUS**

STUDENT AVERAGE

3.46 GPA

At the end of the Fall 2024 semester, players maintained an average GPA of 3.46 or higher.



ELITE LIVING CONDITIONS

PLAYER RESIDENCIES

We believe that a comfortable and restful environment is essential for an athlete's success. Our elite living conditions are thoughtfully designed with every detail in mind, ensuring that athletes experience the highest level of rest and recovery. Featuring spacious, high-quality beds and a generous player-to-bathroom ratio, comfort is never compromised.

To enhance sleep quality, we also provide noise-canceling clocks to help athletes achieve deep, restorative rest so they can perform at their best. Every detail is designed to create a quiet, distraction-free environment where athletes can fully recharge, stay focused, and thrive at Prep.

COMMUNITY & CONNECTIONS

Our program thrives on a boutique, family like environment where every athlete is seen, supported, and valued. With a top tier staff to player ratio, we build meaningful relationships that extend beyond coaching and foster a tight knit community.

Beyond the court, athletes connect with the wider community through games, local events, and shared experiences. It's more than competition, it's about lifelong bonds and lasting memories.





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