



Canada National Polling Survey

Survey Results — March 2026 · Public Edition

Field Dates: March 1–2, 2026 | N = 1,087 Canadian adults (18+)

Weighted by region × gender × age · MoE ±3.0 pts, 19 times out of 20

Survey Methodology

Sample & Fieldwork

This survey was conducted by Mainstreet Research using IVR (Interactive Voice Response) technology among n=1,087 Canadian adults 18 years of age or older. Fieldwork was completed March 1–2, 2026.

Margin of Error

A probability sample of this size would carry a margin of error of ± 3.0 percentage points, 19 times out of 20. Results for sub-groups carry larger margins of error.

Weighting

Results have been weighted by region (Alberta, Atlantic Canada, British Columbia, Prairies, Ontario, Quebec), gender (Male, Female), and age group (18–34, 35–49, 50–64, 65+) using 2021 Census population targets. Weights are normalized so that the weighted total equals the unweighted total (n=1,087) in every table.

Federal Vote Intention — Three Reporting Standards

The federal vote intention question is reported three ways: (1) All Voters — raw distribution including all Undecideds; (2) Decided + Leaners — respondents who selected Undecided were asked a leaning follow-up; those who expressed a lean are folded into the corresponding party, while hard undecideds (no lean) remain as Undecided; (3) Decided + Leaners, Undecided Removed — same as (2) but hard undecideds are excluded from the base so percentages reflect only those with a vote direction.

Note on Public Edition

This is the public edition of the report. Topline results, weighted and unweighted frequencies, and the federal vote intention trendline are shown. Crosstab breakout data by gender, age, region, education, and income is available exclusively to Mainstreet Research subscribers. Visit mainstreetresearch.ca/subscribe to access the full report.

Key Insights

Highlights of findings outside the margin of error · Sub-groups with n < 50 excluded

Liberals lead nationally at 43% among all voters: Mark Carney's Liberals hold a clear 8-point lead over the Conservatives (43% vs 35%) among all voters. Among decided and leaning voters the Liberal lead widens to 46% vs 36%. The Liberal advantage holds across most regions, with the exception of Alberta (41% Con) and the Prairies (49% Con).

Conservative support concentrated regionally and among younger men: Conservatives lead in Alberta (41%) and the Prairies (49%) among all voters, and are strongest among males (45%) and 18–34-year-olds (44%). Among college/trade-educated respondents, Conservatives poll at 42%, their highest educational sub-group nationally.

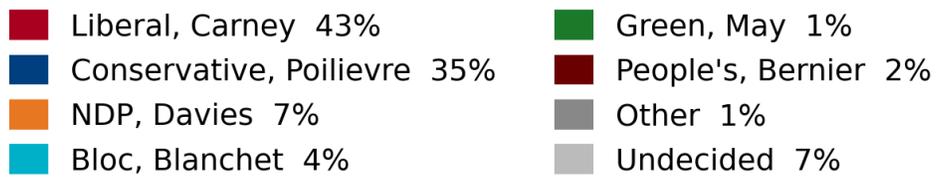
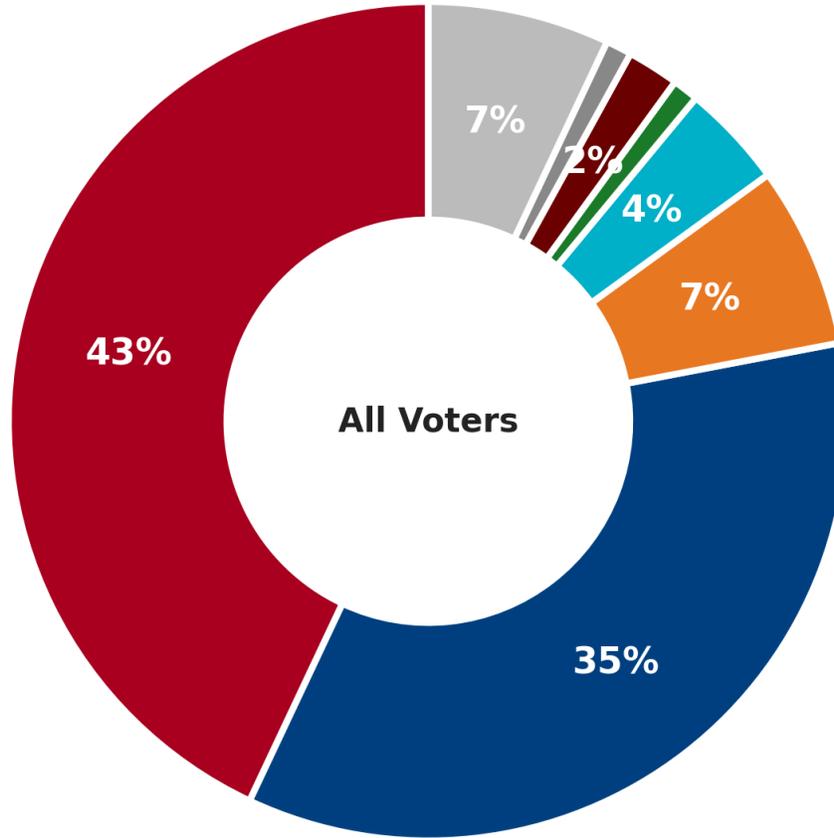
Carney holds a net-positive favourability rating; Poilievre net-negative: Mark Carney's combined favourable rating stands at 58% (35% strongly + 23% somewhat), versus 38% combined unfavourable. Pierre Poilievre records 44% combined favourable but 51% combined unfavourable — with 36% strongly unfavourable, the highest intensity-negative reading in the survey.

Canada perceived as heading in the right direction — narrowly: 48% of voters say Canada is going in the right direction versus 42% who say the wrong direction. The positive reading is driven by Liberal voters, women (52% right direction), and seniors 65+ (66%). Among 18–34-year-olds, a majority (53%) say wrong direction.

Broad support for Carney's stated position on Iran — 68% agree: 68% of voters agree (39% strongly, 29% somewhat) with Mark Carney's stated support for the US/Israeli strike against Iran, combined with calls for civilian protection. Disagreement is highest among non-binary respondents (36%) and 18–34-year-olds (31%).

Q1 — Federal Vote Intention: All Voters

If the federal election were held today, how would you vote? (all voters)



n=1,087 (weighted n=1,087) · All respondents including undecided

Q1 — Federal Vote Intention: All Voters — Crosstab Results

Results broken out by gender and age

Response	Total	Male	Female	Non-binary	18–34	35–49	50–64	65+
Liberal, Carney	43%	—	—	—	—	—	—	—
Conservative, Poilievre	35%	—	—	—	—	—	—	—
NDP, Davies	7%	—	—	—	—	—	—	—
Bloc, Blanchet	4%	—	—	—	—	—	—	—
Green, May	1%	—	—	—	—	—	—	—
People's, Bernier	2%	—	—	—	—	—	—	—
Other	1%	—	—	—	—	—	—	—
Undecided	7%	—	—	—	—	—	—	—
Weighted Frequency	1087	529	545	12	244	265	285	292
Unweighted Frequency	1087	609	416	62	117	233	296	441

Results broken out by region

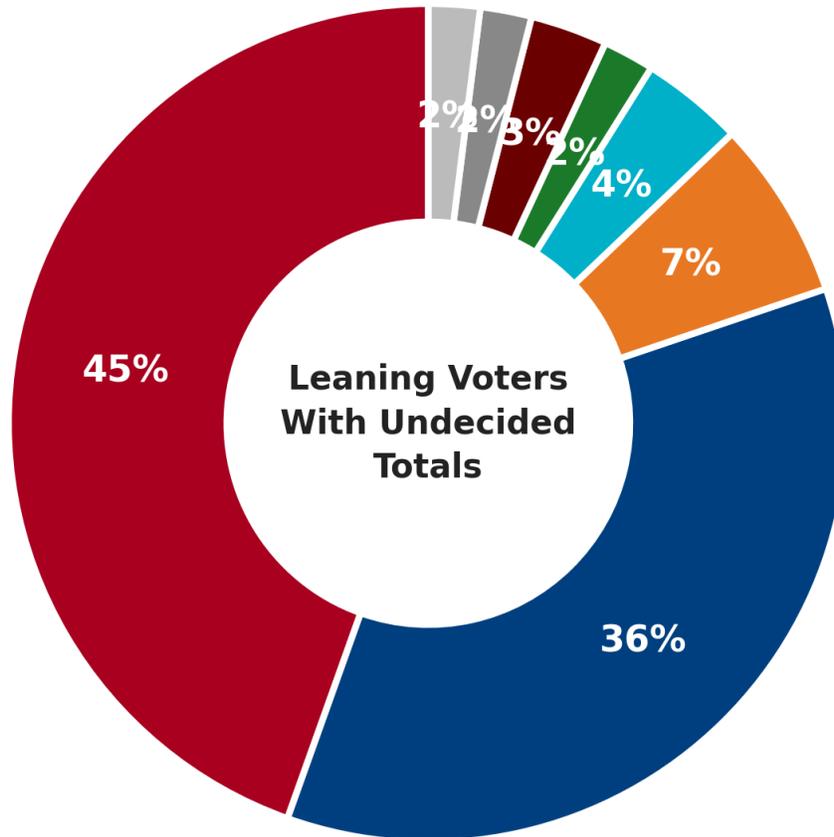
Response	Total	AB	ATL	BC	Prairies	ON	QC
Liberal, Carney	43%	—	—	—	—	—	—
Conservative, Poilievre	35%	—	—	—	—	—	—
NDP, Davies	7%	—	—	—	—	—	—
Bloc, Blanchet	4%	—	—	—	—	—	—
Green, May	1%	—	—	—	—	—	—
People's, Bernier	2%	—	—	—	—	—	—
Other	1%	—	—	—	—	—	—
Undecided	7%	—	—	—	—	—	—
Weighted Frequency	1087	136	63	155	68	463	203
Unweighted Frequency	1087	145	51	165	62	478	186

Results broken out by education and income

Response	Total	HS or Less	College/CEGEP	University	<\$50K	\$50-75K	\$75-100K	>\$100K
Liberal, Carney	43%	—	—	—	—	—	—	—
Conservative, Poilievre	35%	—	—	—	—	—	—	—
NDP, Davies	7%	—	—	—	—	—	—	—
Bloc, Blanchet	4%	—	—	—	—	—	—	—
Green, May	1%	—	—	—	—	—	—	—
People's, Bernier	2%	—	—	—	—	—	—	—
Other	1%	—	—	—	—	—	—	—
Undecided	7%	—	—	—	—	—	—	—
Weighted Frequency	1087	379	346	362	260	188	149	351
Unweighted Frequency	1087	149	373	565	223	185	171	362

Q1 — Federal Vote Intention: Leaning Voters With Undecided Totals

Leaning follow-up folded in; hard undecideds (no lean) remain as Undecided



- Liberal, Carney 45%
- Conservative, Poilievre 36%
- NDP, Davies 7%
- Bloc, Blanchet 4%
- Green, May 2%
- People's, Bernier 3%
- Other 2%
- Undecided 2%

n=1,087 (weighted n=1,087) · Leanners folded into party totals; hard undecided remain as Undecided

Q1 — Federal Vote Intention: Leaning Voters With Undecided Totals — Crosstab Results

Results broken out by gender and age

Response	Total	Male	Female	Non-binary	18–34	35–49	50–64	65+
Liberal, Carney	45%	—	—	—	—	—	—	—
Conservative, Poilievre	36%	—	—	—	—	—	—	—
NDP, Davies	7%	—	—	—	—	—	—	—
Bloc, Blanchet	4%	—	—	—	—	—	—	—
Green, May	2%	—	—	—	—	—	—	—
People's, Bernier	3%	—	—	—	—	—	—	—
Other	2%	—	—	—	—	—	—	—
Undecided	2%	—	—	—	—	—	—	—
Weighted Frequency	1087	529	545	12	244	265	285	292
Unweighted Frequency	1087	609	416	62	117	233	296	441

Results broken out by region

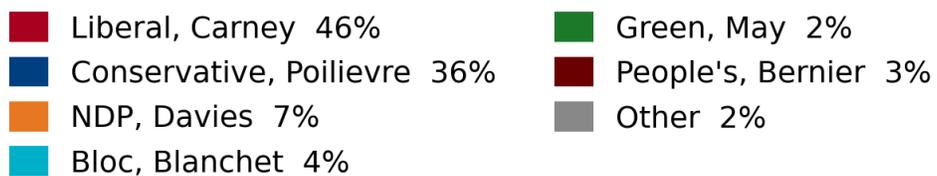
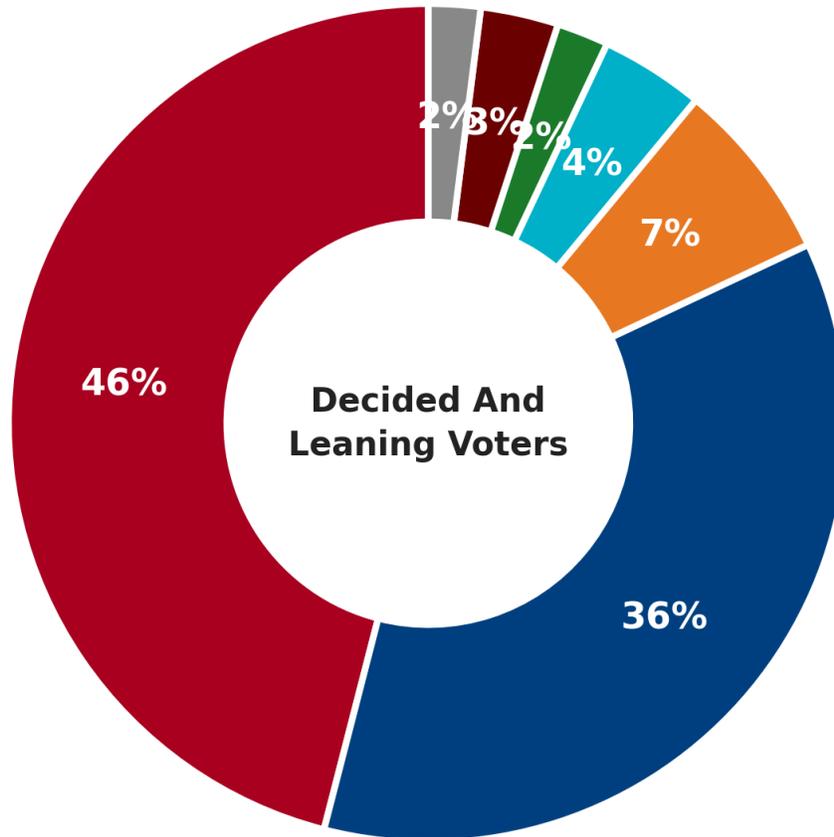
Response	Total	AB	ATL	BC	Prairies	ON	QC
Liberal, Carney	45%	—	—	—	—	—	—
Conservative, Poilievre	36%	—	—	—	—	—	—
NDP, Davies	7%	—	—	—	—	—	—
Bloc, Blanchet	4%	—	—	—	—	—	—
Green, May	2%	—	—	—	—	—	—
People's, Bernier	3%	—	—	—	—	—	—
Other	2%	—	—	—	—	—	—
Undecided	2%	—	—	—	—	—	—
Weighted Frequency	1087	136	63	155	68	463	203
Unweighted Frequency	1087	145	51	165	62	478	186

Results broken out by education and income

Response	Total	HS or Less	College/CEGEP	University	<\$50K	\$50-75K	\$75-100K	>\$100K
Liberal, Carney	45%	—	—	—	—	—	—	—
Conservative, Poilievre	36%	—	—	—	—	—	—	—
NDP, Davies	7%	—	—	—	—	—	—	—
Bloc, Blanchet	4%	—	—	—	—	—	—	—
Green, May	2%	—	—	—	—	—	—	—
People's, Bernier	3%	—	—	—	—	—	—	—
Other	2%	—	—	—	—	—	—	—
Undecided	2%	—	—	—	—	—	—	—
Weighted Frequency	1087	379	346	362	260	188	149	351
Unweighted Frequency	1087	149	373	565	223	185	171	362

Q1 — Federal Vote Intention: Decided and Leaning Voters

Base: decided voters and leaners only — hard undecideds excluded from base



n=1,061 (excl. hard undecideds) · Base: decided voters and leaners only; hard undecided excluded

Q1 — Federal Vote Intention: Decided and Leaning Voters — Crosstab Results

Results broken out by gender and age

Response	Total	Male	Female	Non-binary	18–34	35–49	50–64	65+
Liberal, Carney	46%	—	—	—	—	—	—	—
Conservative, Poilievre	36%	—	—	—	—	—	—	—
NDP, Davies	7%	—	—	—	—	—	—	—
Bloc, Blanchet	4%	—	—	—	—	—	—	—
Green, May	2%	—	—	—	—	—	—	—
People's, Bernier	3%	—	—	—	—	—	—	—
Other	2%	—	—	—	—	—	—	—
Weighted Frequency	1061	516	533	12	240	259	275	287
Unweighted Frequency	1061	597	407	57	115	228	288	430

Results broken out by region

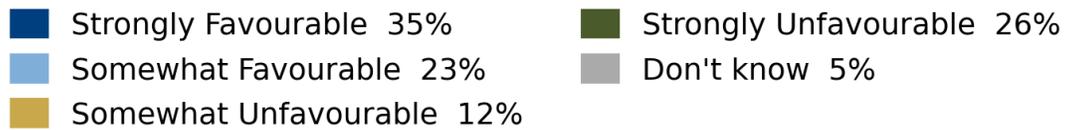
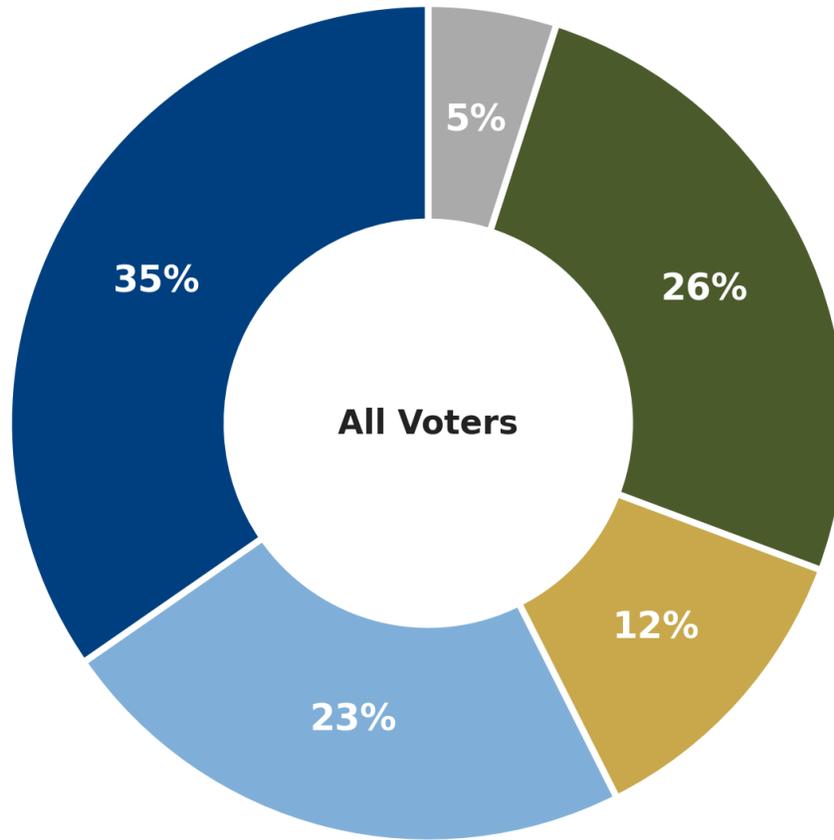
Response	Total	AB	ATL	BC	Prairies	ON	QC
Liberal, Carney	46%	—	—	—	—	—	—
Conservative, Poilievre	36%	—	—	—	—	—	—
NDP, Davies	7%	—	—	—	—	—	—
Bloc, Blanchet	4%	—	—	—	—	—	—
Green, May	2%	—	—	—	—	—	—
People's, Bernier	3%	—	—	—	—	—	—
Other	2%	—	—	—	—	—	—
Weighted Frequency	1061	133	61	154	67	454	192
Unweighted Frequency	1061	142	49	164	61	468	177

Results broken out by education and income

Response	Total	HS or Less	College/CEGEP	University	<\$50K	\$50-75K	\$75-100K	>\$100K
Liberal, Carney	46%	—	—	—	—	—	—	—
Conservative, Poilievre	36%	—	—	—	—	—	—	—
NDP, Davies	7%	—	—	—	—	—	—	—
Bloc, Blanchet	4%	—	—	—	—	—	—	—
Green, May	2%	—	—	—	—	—	—	—
People's, Bernier	3%	—	—	—	—	—	—	—
Other	2%	—	—	—	—	—	—	—
Weighted Frequency	1061	373	337	351	251	187	145	343
Unweighted Frequency	1061	147	365	549	213	184	168	357

Q2 — Favourability: Mark Carney (all voters)

Do you have a favourable or unfavourable view of Mark Carney?



n=1,087 (weighted n=1,087) · All respondents

Q2 — Favourability: Mark Carney — Crosstab Results

Results broken out by gender and age

Response	Total	Male	Female	Non-binary	18–34	35–49	50–64	65+
Strongly Favourable	35%	—	—	—	—	—	—	—
Somewhat Favourable	23%	—	—	—	—	—	—	—
Somewhat Unfavourable	12%	—	—	—	—	—	—	—
Strongly Unfavourable	26%	—	—	—	—	—	—	—
Don't know	5%	—	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	529	545	12	244	265	285	292
<i>Unweighted Frequency</i>	1087	609	416	62	117	233	296	441

Results broken out by region

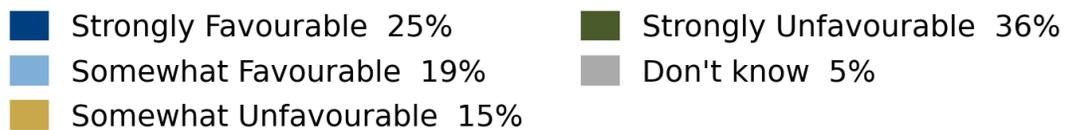
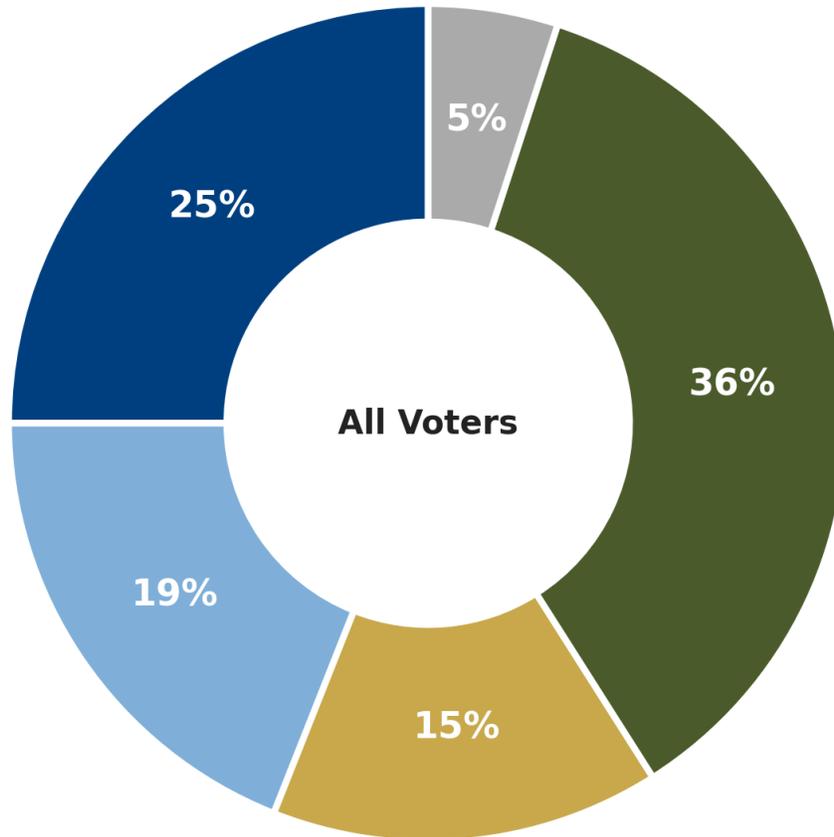
Response	Total	AB	ATL	BC	Prairies	ON	QC
Strongly Favourable	35%	—	—	—	—	—	—
Somewhat Favourable	23%	—	—	—	—	—	—
Somewhat Unfavourable	12%	—	—	—	—	—	—
Strongly Unfavourable	26%	—	—	—	—	—	—
Don't know	5%	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	136	63	155	68	463	203
<i>Unweighted Frequency</i>	1087	145	51	165	62	478	186

Results broken out by education and income

Response	Total	HS or Less	College/CEGEP	University	<\$50K	\$50-75K	\$75-100K	>\$100K
Strongly Favourable	35%	—	—	—	—	—	—	—
Somewhat Favourable	23%	—	—	—	—	—	—	—
Somewhat Unfavourable	12%	—	—	—	—	—	—	—
Strongly Unfavourable	26%	—	—	—	—	—	—	—
Don't know	5%	—	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	379	346	362	260	188	149	351
<i>Unweighted Frequency</i>	1087	149	373	565	223	185	171	362

Q3 — Favourability: Pierre Poilievre (all voters)

Do you have a favourable or unfavourable view of Pierre Poilievre?



n=1,087 (weighted n=1,087) · All respondents

Q3 — Favourability: Pierre Poilievre — Crosstab Results

Results broken out by gender and age

Response	Total	Male	Female	Non-binary	18–34	35–49	50–64	65+
Strongly Favourable	25%	—	—	—	—	—	—	—
Somewhat Favourable	19%	—	—	—	—	—	—	—
Somewhat Unfavourable	15%	—	—	—	—	—	—	—
Strongly Unfavourable	36%	—	—	—	—	—	—	—
Don't know	5%	—	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	529	545	12	244	265	285	292
<i>Unweighted Frequency</i>	1087	609	416	62	117	233	296	441

Results broken out by region

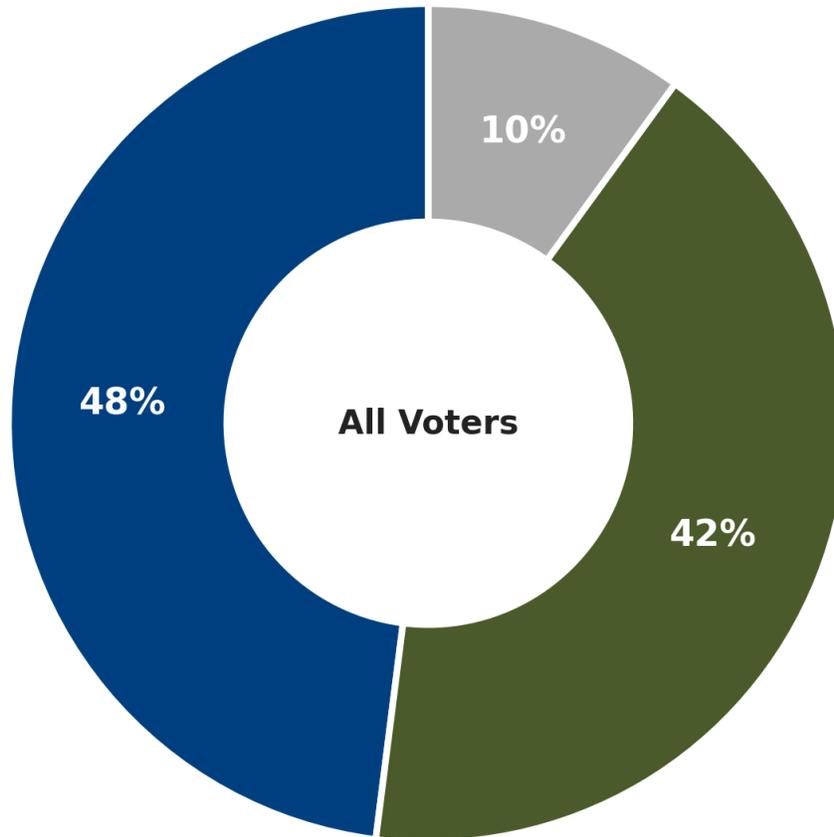
Response	Total	AB	ATL	BC	Prairies	ON	QC
Strongly Favourable	25%	—	—	—	—	—	—
Somewhat Favourable	19%	—	—	—	—	—	—
Somewhat Unfavourable	15%	—	—	—	—	—	—
Strongly Unfavourable	36%	—	—	—	—	—	—
Don't know	5%	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	136	63	155	68	463	203
<i>Unweighted Frequency</i>	1087	145	51	165	62	478	186

Results broken out by education and income

Response	Total	HS or Less	College/CEGEP	University	<\$50K	\$50-75K	\$75-100K	>\$100K
Strongly Favourable	25%	—	—	—	—	—	—	—
Somewhat Favourable	19%	—	—	—	—	—	—	—
Somewhat Unfavourable	15%	—	—	—	—	—	—	—
Strongly Unfavourable	36%	—	—	—	—	—	—	—
Don't know	5%	—	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	379	346	362	260	188	149	351
<i>Unweighted Frequency</i>	1087	149	373	565	223	185	171	362

Q4 — Canada: Right Direction or Wrong Direction? (all voters)

Do you think Canada is going in the right direction or wrong direction?



■ Right Direction 48% ■ Don't know 10%
■ Wrong Direction 42%

n=1,087 (weighted n=1,087) · All respondents

Q4 — Canada: Right Direction or Wrong Direction? — Crosstab Results

Results broken out by gender and age

Response	Total	Male	Female	Non-binary	18–34	35–49	50–64	65+
Right Direction	48%	—	—	—	—	—	—	—
Wrong Direction	42%	—	—	—	—	—	—	—
Don't know	10%	—	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	529	545	12	244	265	285	292
<i>Unweighted Frequency</i>	1087	609	416	62	117	233	296	441

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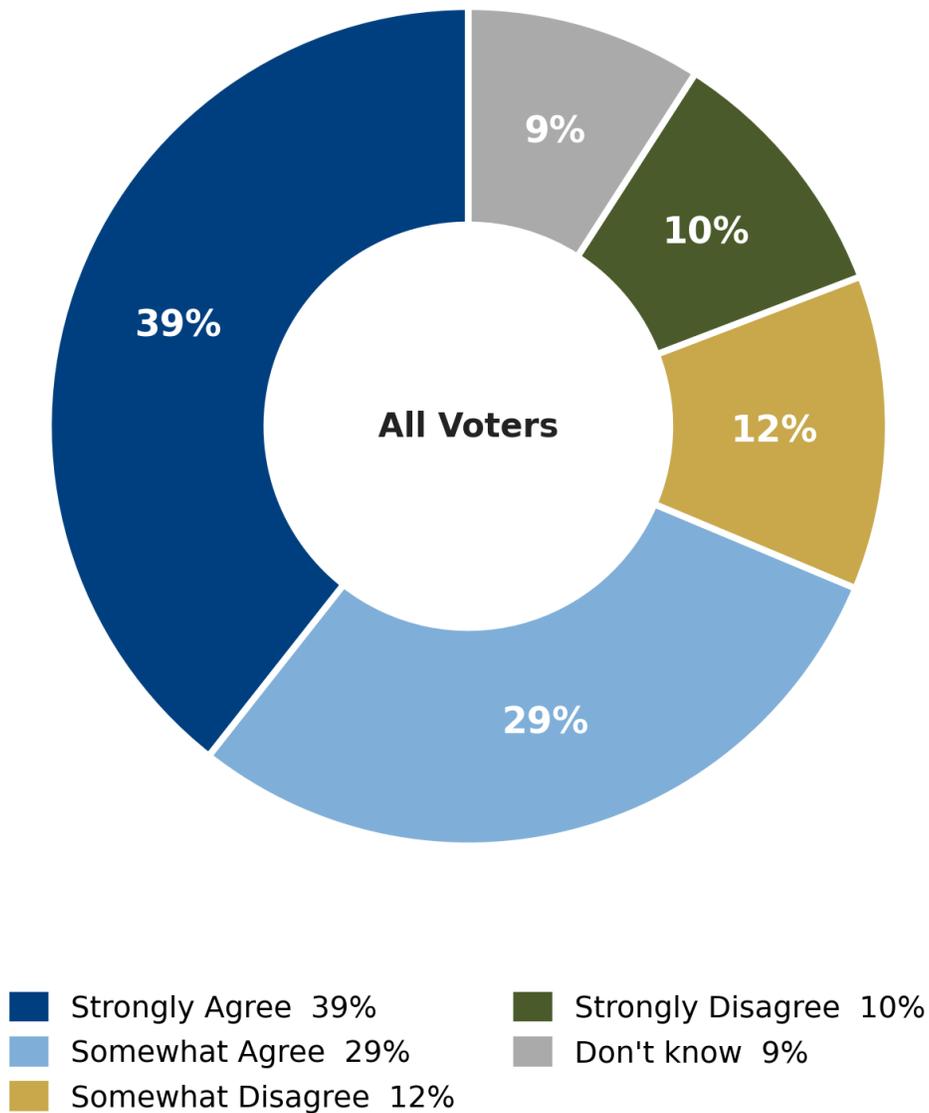
Response	Total	AB	ATL	BC	Prairies	ON	QC
Right Direction	48%	—	—	—	—	—	—
Wrong Direction	42%	—	—	—	—	—	—
Don't know	10%	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	136	63	155	68	463	203
<i>Unweighted Frequency</i>	1087	145	51	165	62	478	186

Results broken out by education and income

Response	Total	HS or Less	College/CEGEP	University	<\$50K	\$50-75K	\$75-100K	>\$100K
Right Direction	48%	—	—	—	—	—	—	—
Wrong Direction	42%	—	—	—	—	—	—	—
Don't know	10%	—	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	379	346	362	260	188	149	351
<i>Unweighted Frequency</i>	1087	149	373	565	223	185	171	362

Q5 — Carney's Position on the US/Israeli Strike Against Iran (all voters)

Mark Carney has stated that he supports the US/Israeli strike against Iran... Do you agree or disagree?



n=1,087 (weighted n=1,087) · All respondents

Q5 — Carney's Position on Iran — Crosstab Results

Results broken out by gender and age

Response	Total	Male	Female	Non-binary	18–34	35–49	50–64	65+
Strongly Agree	39%	—	—	—	—	—	—	—
Somewhat Agree	29%	—	—	—	—	—	—	—
Somewhat Disagree	12%	—	—	—	—	—	—	—
Strongly Disagree	10%	—	—	—	—	—	—	—
Don't know	9%	—	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	529	545	12	244	265	285	292
<i>Unweighted Frequency</i>	1087	609	416	62	117	233	296	441

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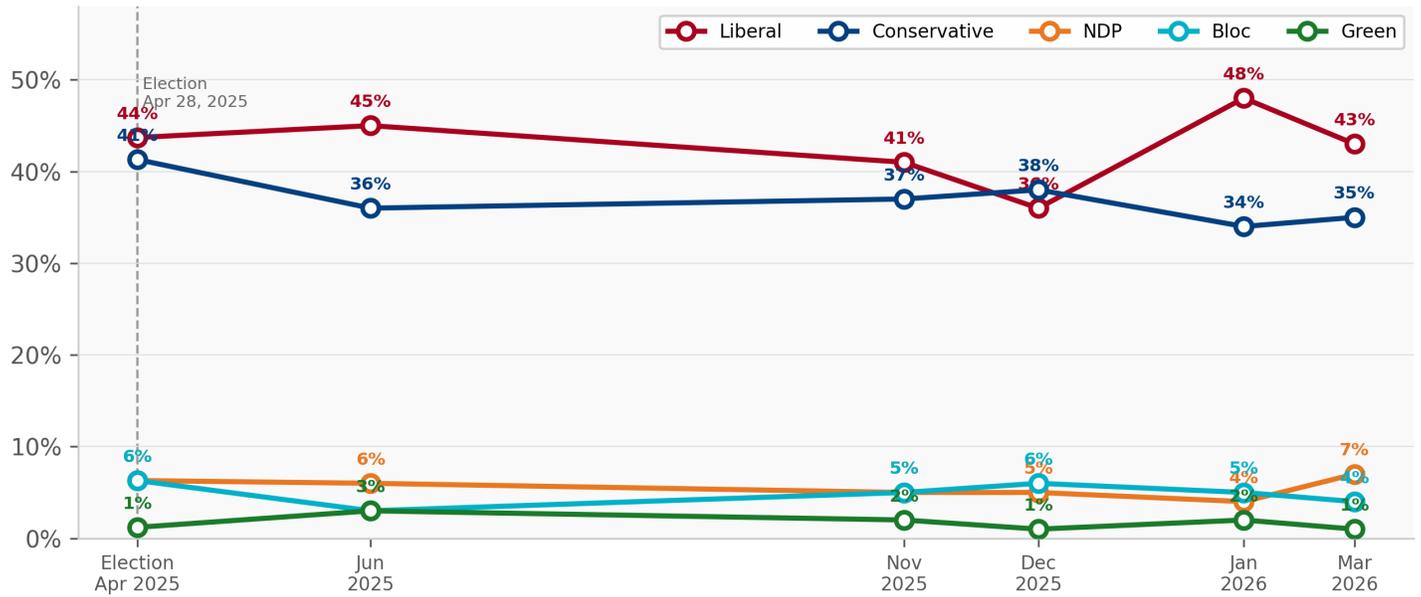
Response	Total	AB	ATL	BC	Prairies	ON	QC
Strongly Agree	39%	—	—	—	—	—	—
Somewhat Agree	29%	—	—	—	—	—	—
Somewhat Disagree	12%	—	—	—	—	—	—
Strongly Disagree	10%	—	—	—	—	—	—
Don't know	9%	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	136	63	155	68	463	203
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Somewhat Agree	29%	—	—	—	—	—	—	—
Somewhat Disagree	12%	—	—	—	—	—	—	—
Strongly Disagree	10%	—	—	—	—	—	—	—
Don't know	9%	—	—	—	—	—	—	—
<i>Weighted Frequency</i>	1087	379	346	362	260	188	149	351
<i>Unweighted Frequency</i>	1087	149	373	565	223	185	171	362

Federal Vote Intention — Trendline

Mainstreet Research national surveys · All-voter VI (decided + leaners) · Sources: mainstreetresearch.ca/polling



Sources: Mainstreet Research Canada National Surveys (Jun 2025–Mar 2026) + 2025 Federal Election result. All-voter VI reported. Mar 2026 = this report.

Party	Election Apr 2025	Jun 2025	Nov 2025	Dec 2025	Jan 2026	Mar 2026
Liberal, Carney	44%	45%	41%	36%	48%	43%
Conservative, Poilievre	41%	36%	37%	38%	34%	35%
NDP, Davies	6%	6%	5%	5%	4%	7%
Bloc, Blanchet	6%	3%	5%	6%	5%	4%
Green, May	1%	3%	2%	1%	2%	1%