

Job seekers please note, we hire strong candidates directly out of our classes based off applications and interviews.

Lifeguard Certification Course

2026



American Red Cross

\$285/MEMBER, \$315/NON-MEMBER

APRIL 24-26 | **FRIDAY 5-10PM**, SATURDAY, SUNDAY 10AM-5PM

MAY 23-25 | SATURDAY, SUNDAY, MONDAY 10AM-5PM

JUNE 19-21 | FRIDAY, SATURDAY, SUNDAY 10AM-5PM

JULY 10-12 | FRIDAY, SATURDAY, SUNDAY 10AM-5PM

SEPTEMBER 4-6 | **FRIDAY 5-10PM**, SATURDAY, SUNDAY 10AM-5PM

OCTOBER 2-4 | **FRIDAY 5-10PM**, SATURDAY, SUNDAY 10AM-5PM

NOVEMBER 27-29 | FRIDAY, SATURDAY, SUNDAY 10AM-5PM

DECEMBER 28-30 | MONDAY, TUESDAY, WEDNESDAY 10AM-5PM

THROUGH VIDEOS, GROUP DISCUSSION AND HANDS-ON PRACTICE, YOU'LL LEARN WATER RESCUE, FIRST AID, CPR AND OTHER SKILLS NEEDED TO WORK AS A PROFESSIONAL LIFEGUARD. UPON SUCCESSFUL COMPLETION, PARTICIPANTS WILL RECEIVE A 2-YEAR CERTIFICATION BY AMERICAN RED CROSS. COURSE IS LOCATED IN THE MULTI-PURPOSE POOL.

PREREQUISITES: MUST BE AT LEAST 15 YEARS OLD AND PASS A PRELIMINARY SWIMMING TEST. THIS TEST INCLUDES SWIMMING 150 YARDS, TREADING WATER FOR TWO MINUTES WITHOUT HANDS, IMMEDIATELY SWIMMING AN ADDITIONAL 50 YARDS; RETRIEVING A TEN-POUND BRICK FROM A DEPTH OF SEVEN FEET, AND SWIMMING 20 YARDS USING LEGS ONLY WHILE HOLDING BRICK ABOVE WATER. MINIMUM OF 4 ENROLLEES REQUIRED FOR COURSE TO BE HELD.

REGISTRATION: 425.885.5566 | MORE INFO: (425) 861-6274 | AQUATICSINFO@PROCLUB.COM | PROCLUB.COM
AGES 15 AND OLDER. PRICES DO NOT INCLUDE SALES TAX. REGISTRATION DEADLINE IS ONE-WEEK PRIOR TO THE PROGRAM START DATE.

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