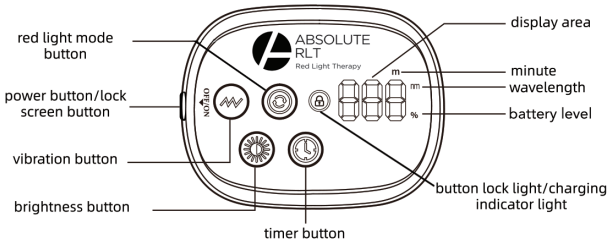
IMPORTANT PRECAUTIONS BEFORE USE

- Please read the instruction manual carefully before use to ensure correct operation.
- Do not use on skin for more than 20 minutes at a time to avoid skin injuries.
- To avoid damaging internal components, do not use this device in a damp environment.
- This device is intended for relief purposes only and should not be used as a substitute for medical equipment, medication, or medical advice.
- Discontinue use immediately if you experience any discomfort.

PARAMETERS

Working Voltage	Battery Capacity
5V	1800mAh

CONTROLLER

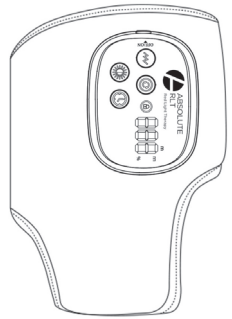


ABSOLUTE RLT
Red Light Therapy

ABSOLUTE RLT - FOOT/ANKLE WRAP
USER MANUAL

MODEL: 102361

Thank you for choosing our product. Please read this manual carefully before use.
After reading, please keep this manual for future reference.



660NM and 850NM Infrared Light Therapy | Heat | Compression | Massage

USAGE

1. **Inspection**
   Before use, inspect the device to ensure there is no damage or obvious defects.
2. **Wearing**
   Ensure the device is properly worn on the targeted massage area and adjust for a snug fit.
3. **Power On**
   Long press the power button to turn on the device.
   Default Settings: ALL red light mode, L2 brightness, L3 vibration massage and 20-minute timer.
   If the device fails to power on, it may be due to low battery. Please recharge and try again.
4. **Vibration Massage**
   Default vibration massage level: L3.
   Touch the vibration button to cycle through intensity levels: 0 (OFF) → 1 → 2 → 3.
   The display shows "0" when the vibration massage is turned off.
5. **Red Light Function**
   Default red light mode: ALL
   Touch the red light mode button to cycle through mode
   OFF → 660nm → 850nm → F10 → ALL
   The display shows "OFF" when the red light mode is turned off.
   Note: When the red light function is activated, the red light beads will generate heat.
6. **Brightness Adjustment**
   Operate only after enabling the red light mode.
   Default brightness: L2
   Touch the brightness button to cycle through levels: L3 → L1 → L2.
   Note: The brightness setting is memorized and retained when changing red light mode. If you do not intend to adjust the brightness, there is no need to touch this button after changing the red light mode. This setting affects the heat level of the device.
7. **Timer Function**
   Default timer: 20 minutes. Touch the timer button to cycle through options:
   30 → 45 → 20 minutes.
8. **Screen Lock**
   After set up, briefly press the power button. The button lock light will turn from green to red, and the display will show the battery level for two seconds and then lock. To unlock, press the power button again and the lock light will turn from red to green.
9. **Power Off**
   The device automatically shuts down when the timer ends. To manually power off, long press the power button until "OFF" appears on the display.
10. **Storage**
    After use, safely store the device and accessories in a dry, ventilated place away from direct sunlight or moisture.

⚠

- **Do not use on skin for more than 20 minutes at a time to avoid skin injuries.**
- **Avoid direct eye contact with red light beads.**
- **Start vibration massage at L1 and increase intensity gradually.**
- **Discontinue use immediately if you experience any discomfort.**

CHARGING

- When the device is powered on, short press the power button, and the display area will show the current battery level.
- When the screen shows that the power is less than 20%, please charge the device.
- Make sure the device is turned off before charging.
- Connect the charging cable to the controller and the charging adapter. The display screen of the controller lights up, indicating that the device has started charging, and the numbers shown represent the current power level. During the charging process, the number will slowly increase.
- The controller display shows "100%," indicating that the device is fully charged.

Note: When charging, please use original charging cable. To avoid damage to the controller, do not operate while charging.

PRECAUTIONS

- When not in use, please turn off the device and keep it in a dry safe place.
- Irregular operation may lead to injury or damage to the device.
- Make sure the device is completely dry before use.
- This device is not waterproof and cannot be used in damp environments.
- It is recommended to keep this device in direct contact with the skin when in use.
- Avoid direct eye contact with the red light beads.
- Optimal red light exposure is 20 minutes per use.
- Discontinue use immediately if you experience any discomfort.
- During use, please avoid bending or pulling the device excessively to avoid damaging the internal circuit.
- Do not disassemble or modify the device to avoid damage.
- Do not expose the device to sunlight or fire to avoid damaging the thermal conductor of the insulator.

WARNING

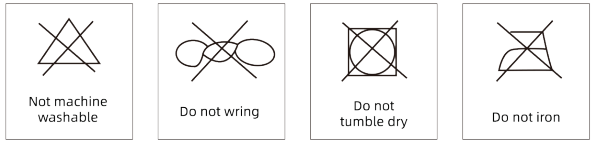
INDIVIDUALS WHO SHOULD CONSULT A DOCTOR OR HEALTHCARE PROFESSIONAL BEFORE USE INCLUDE:

- Pregnant and lactating mothers
- Individuals with photo sensitivity
- Individuals with active cancer or suspicious lesions
- Individuals with seizure disorders
- Individuals with eye conditions or who have had recent eye surgery
- Individuals with thyroid conditions
- Individuals with open wounds, infections, or areas of severe inflammation
- Individuals with bleeding tendencies or those on strong immunosuppressants or anticoagulants
- Individuals recovering from illness or undergoing other medical treatments
- Individuals with severe neurological disorders
- Incapacitated persons

Please consult your doctor or healthcare professional before use.
Discontinue use immediately if you experience any discomfort.

CLEANING AND MAINTENANCE

1. Before cleaning, please make sure to disconnect the power.
2. When cleaning, wipe the device with a damp cloth. Do not use strong cleaners or hard brushes.
3. Do not submerge device in water.
4. Lay flat to dry.
5. Do not machine wash or dry clean.



CUSTOMER SUPPORT

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