

# 7 Ways Dementia Changes the Brain

Behind these changes is still the same person.



## Memory becomes difficult

Forgets recent events & repeats questions.



## Words are hard to find

Struggles to remember simple words.



## Time & place confusion

Loses track of dates & gets disoriented.



## Poor judgment

Makes risky or odd decisions.



## Trouble recognising people

Can't recognise familiar faces.



## Mood & emotions shift

Anxious, irritable, or sudden mood swings.



## Daily tasks get harder

Difficulty with routine activities.

