

# From Pasture to Package: How Alexandre Family Farm Turned Belief into Verified Truth

A year-long collaboration transforming regenerative ideals into measurable nutritional proof.



Alexandre Family Farm has always believed that healthy soil makes healthy food. With Edacious, they set out to prove it.

Over a full year, Edacious conducted nutrition testing across five Alexandre farms, sampling milk monthly to capture seasonal and management differences. The data revealed a clear connection between regenerative practices and nutritional outcomes: milk from fully grass-fed herds showed significantly improved omega-6:omega-3 balance and a higher concentration of health promoting compounds nutrient density.

Armed with verified data, AFF became one of the first U.S. dairies to feature a verified omega balance claim, updating labels and publishing results through Edacious' public transparency platform.

Now, every bottle tells the full story, from pasture to package, with proof behind every claim.