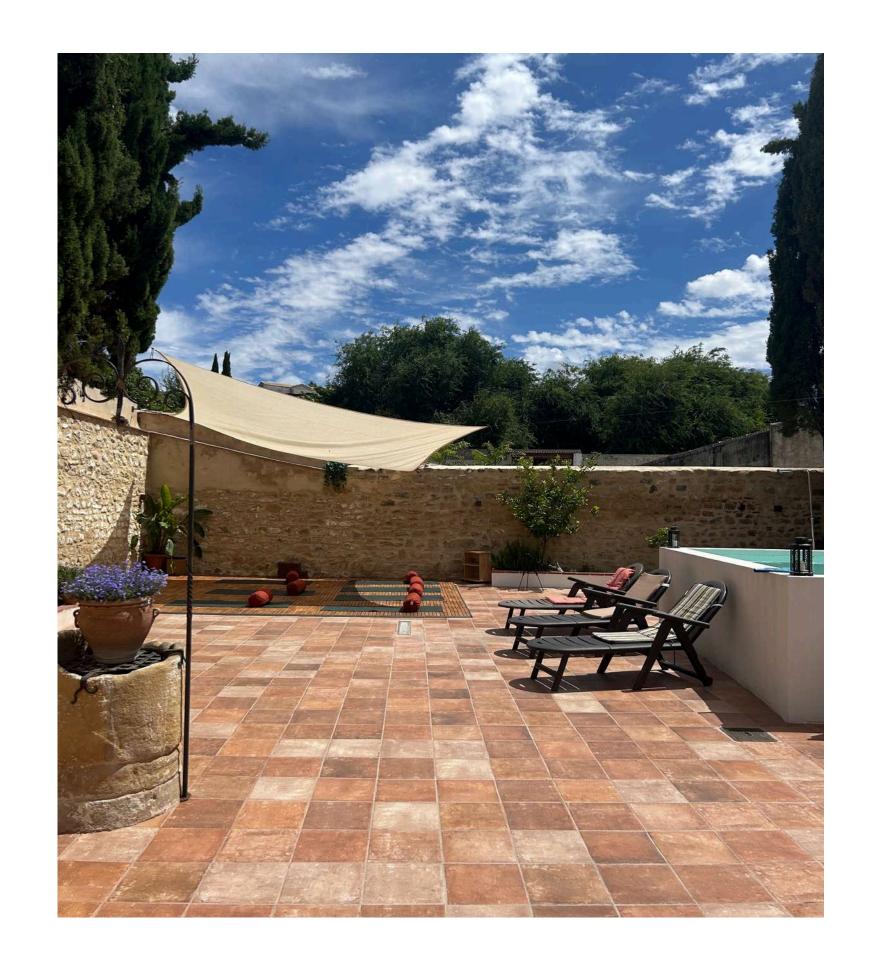
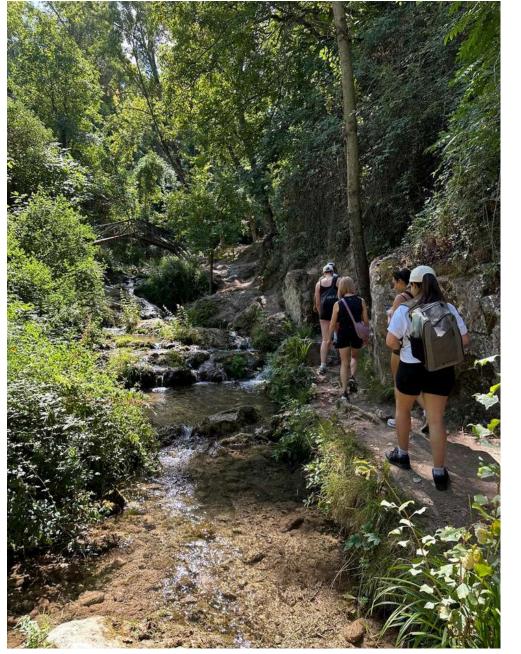
#### Casa Caminata

Retreats & holidays

Casa Caminata was born with the intention to facilitate a serene environment where to relax, grow and embark on a self-discovery and healing journey. It's founders, Alba and Alhu Lara, have been for years on the path of wellbeing and healing through yoga, meditation, and various therapies, interest that they inherited from their mum, Isabel, the original founder of the house. Located in the UNESCO world heritage town of Úbeda and surrounded by mountains and olive trees fields, Casa Caminata is also the perfect place to discover the charms of the southern Spanish culture, gastronomy and nature.



#### Location





Nestled among olive tree fields and mountains, our beautiful UNESCO world heritage town is well known not only for being a unique example of a Renaissance town of the Italianate style of the 15th and 16th centuries, but also for its restaurants and tapas bars and excellent gastronomy. Olive oil is, of course, the star product of the area.

Ubeda's tranquil atmosphere will set us for a relaxing holiday, giving us almost a sense of traveling back in time to a moment where only the sunrise and the sunset would mark the beginning and the end of our days.

Nearest airports:
Malaga 149 miles
Granada 77 miles

We can help you arrange transfer from the airport to the

venue.

# Ubeda, Andalusia

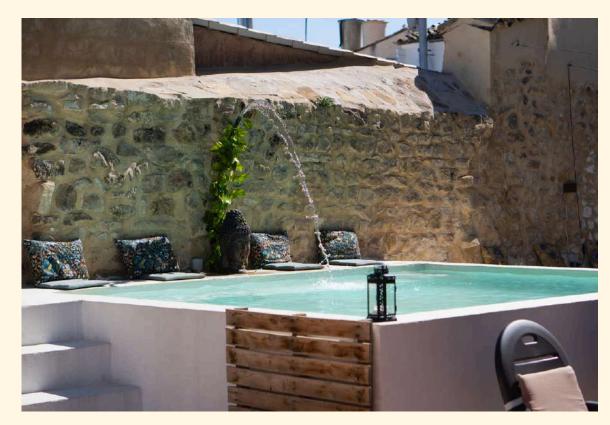


## Shared spaces

- Spacious and secluded garden.
- Plunge pool fed with natural water from our well.
- Yoga deck that can fit up to 12 yoga mats.
- Indoor living room with open fire.
- Fully equipped kitchen.
- 2 bathrooms.



Yoga space







**Outdoor dining area** 



Living room with open fire

## Rooms

1 private bedroom, double bed for single or double occupancy. With private terrace.

1 triple bedroom with 3 single beds

1 double or quadruple bedroom with two double beds

1 private bedroom, double bed for single or double occupancy

1 rpivate bedroom with a single large bed



One triple bedroom with 3 single beds



private with terrace



2 double beds in double room



private



#### PRIVATE CHEF

#### Marieta

Our private chef, Marieta, is a professional, experienced and talented chef that can provide with a carefully curated, balanced homemade menu. Marieta uses only local ingredients on season. She can adjust to your group's needs and dietary requirements.

Marieta is truly the star of every retreat hosted at Casa Caminata. Her presence in the house adds a sense of calmness and authenticity to the whole experience.

Pricing:

£340 (+VAT) per full day

Includes: breakfast, brunch and dinner.

Materials are roughly calculated in the price but this might vary depending on the menu. This also includes shopping, serving and cleaning.

### Popular Activities



### Town walks and tours (free)

Exploring the beautiful old town, enjoying it's unique Italian renaissance style architecture and it's ancient history. Worth visiting the Water Synagogue located in the jew district or Salvador Chapel, a private mausoleum owned by the Spanish royalty.

#### **Olive oil tasting (free)**

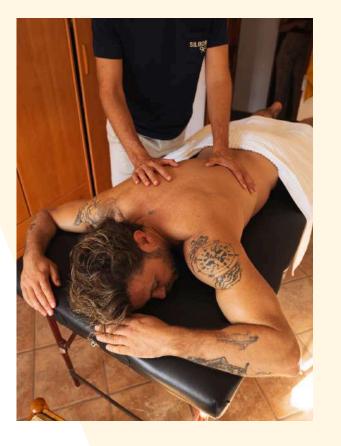
Join us at the olive oil museum for tasting more than 50 different types of olive oil and to learn about it's importance, production and history.



## Hiking trips (£50/£70 pp depending on group size)

Ubeda is located only 30 kilometres to the largest protected natural park in Europe. Endless hiking routes, through mountains, rivers, natural pools and waterfalls awaiting to be explored. Fee covers transport and picnic.





## Masages (£50/60min treatment)

We have a range of therapist that offer different treatmens, from myofascia release, to acupuncture and deep tissue or relaxing massages.

Ubeda offers a wide variety of choices in terms of activities, from a dinner out in one of the popular restaurants, to reiki sessions, flamenco shows, etc. We can help you design the perfect experience for your group.

## HOST YOUR RETREAT WITH US

Pricing £380/per night Check in from 3 pm/ check out 1 pm

This includes the exclusive use of the facilities and equipment, and the assist and guidance of Alhu to curate the perfect experience for you and your group.

\*\*MÍNIMUM STAY IS 4 NIGHTS/PRICES SHOWN FOR A 4 NIGHT RETREAT

#### How to book

There is a deposit required of 15% for us to block the dates. This deposit is refundable only up to 3 weeks after it's payment.

35% of the remaining price needs to be paid 12 weeks prior the date of booking.

The rest (50%) will be paid the latest, 5 weeks before the date of booking.

A security deposit of £300 is require to cover damages. This will be refunded after 10 days.



#### **Enquires to**

hellocasacaminata@gmail.com www.casacaminata.com