

User manual for the Health Care Provider(HCP)



moveUP

A personalized treatment, with more insight and involvement
in the care pathway.

App version : 2.3.0 and later

Tradename: moveUP

Manual version : 2.0

Data of release manual : 06/03/2026



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1. Product description

1. Intended Use

For healthcare providers, moveUP provides efficient clinical management of pathologies and treatments. With the use of moveUP, valuable insights are given to the HCP/care team about the status of the patient condition and its progression. The HCP/care team can provide targeted therapy advice & adapt treatment (exercise) schemes based on the needs of the patient through the use of the moveUP app.

For patients, moveUP gives insights about their progress, provides instructions related to their disease or treatment and helps them manage their symptoms. Based on the patients' needs and timepoint in the patient pathway, patients can be followed up intensively and receive active therapy advice through the moveUP app.

moveUP is intended for the clinical follow-up on adult patients who underwent (postoperative) or will undergo (preoperative) a Total Knee Arthroplasty (TKA), Total Hip Arthroplasty (THA), Chronic obstructive pulmonary disease (COPD) or Bariatric surgery.

2. Intended Users

moveUP is intended to be used by patients and healthcare providers.

Patient

The main user of the mobile app and patient website is the patient. Patient users should be alert, mentally competent and capable of operating a tablet or smartphone.

Inclusion:

- Age: minimum 18 years / maximum no limit
- Health & condition: capable of performing basic activities of daily living
- Language: understanding one of the available languages of the app (Dutch, French, German, English)

Exclusion:

- Patients who are mentally incompetent or having troubles to express what they are feeling (for instance, mentally diseased people, people staying in elderly care centres, ...) are excluded.
- Patients who are not capable of operating a tablet/smartphone.
- Patients who can't understand one of the available languages of the app (Dutch, French, German, English)

Health Care Provider

The main user of the medical web interface is a healthcare practitioner (group) or clinical researcher (group), named the care team. The care team is able to operate a web interface via web browser on PC/tablet/smartphone. The healthcare practitioner needs to understand one of the available languages of the web interface (today only available in English)

Only qualified HCP with a diploma or certificate in the healthcare domain or qualified clinical researchers can access the platform and complete the moveUP e-learning trainings.



3. Target population / indication for use

moveUP is used by patients:

- Who underwent or will undergo a Knee (Resurfacing) arthroplasty
- Who underwent or will undergo a Hip (Resurfacing) arthroplasty
- Who underwent or will undergo a gastric sleeve or gastric bypass surgery
- Patients with COPD.

4. Claims

- Patients using moveUP are highly satisfied.
- Patients using moveUP show a high adherence/compliance level to their therapy.
- The use of moveUP is more cost-effective than standard of care for hip & knee arthroplasty
- The length of stay for Knee & hip arthroplasty can be reduced with the use of moveUP
- Patients can rehabilitate without the need to leave the home environment & without receiving F2F physical therapy session for TKA and THA
- Using moveUP is as effective as standard of care
- Using moveUP is as safe as standard of care

5. moveUP app & devices

The moveUP app runs on:

- iPhones/iPads (iOS 11.0 or newer)
- Android systems (Android 7.0.0 and newer).

If the patient has no compatible tablet/smartphone, moveUP can lease these devices to the patient.

- Lenovo Tab 3 - Android 6.0.1 or Higher
- Huawei MediaPad T3 - Android 7.0.0 or higher

The moveUP application needs an internet connection when in use.

The moveUP application is compatible with the following browsers:

- Chrome
- Safari
- Edge
- Firefox

We strongly recommend to use the latest version of the browser.

For your data safety please enable the 2-factor authentication(2FA) and use a safe network



6. Warnings and precautions



moveUP is not an emergency tool. In case of emergency please contact your doctor or call 112.



moveUP is not intended to monitor/treat vital parameters of critical diseases.



Patients need to be aware if questionnaires are not filled out on frequent basis or not filled out in a trustworthy, the care team has more difficulty to know their health situation & evolution.



moveUP is not a replacement of any treatment you need to follow, but is used as an addition.



The moveUP App offers personalized healthcare based on the patient's profile and therefore can not be shared, borrowed or traded between users. The information and advice of the moveUP application do not apply to a patient other than the one whose profile is stored in the application. The patient may not grant access to the moveUP App to third parties. Any other person can, even accidentally, send wrong information or change the profile of the patient, with the result that the moveUP-guided advice no longer corresponds to the needs of the patient.



The platform includes modules displaying wellness data. These data are not part of the medical device and are not intended to be used for clinical decision making

* This data originates from a non-medical device product & may not be validated as such and the data shown in the wellness module cannot be used for medical purposes. The wellness module information is not part of the CE certificate of moveUP.

7. Contra-indications and potential side effects

There are no contra-indications or known side effects

8. Notification of serious incidents

A serious incident means any incident that directly or indirectly led, might have led or might lead to any of the following:

- the death of a patient, user or another person,
- the temporary or permanent serious deterioration of a patient's, user's or other person's state of health that resulted in any of the following:
 - life-threatening illness or injury,
 - permanent impairment of a body structure or a body function, hospitalization
 - prolongation of patient hospitalization, medical or surgical intervention to prevent life-threatening illness or injury
 - permanent impairment to a body structure or a body function,
 - chronic disease,
- a serious public health threat;

If you detect any of these cases please send an email to info@moveUP.care and your competent authority:

- Netherlands: meldpunt@igj.nl
- Belgium: meddev@fagg.be
- France: dedim.ugsv@ansm.sante.fr
- Germany: zlg@zlg.nrw.de



9. Human body contact

No human body contact with the patient or user, due to the nature of the product (software).

10. Accessories/products used in combination

There are no accessories.

11. Device lifetime

2-years, depending on the willingness of the user to update the app. We sent out a notification with the recommendation to update the app, to make sure the app will keep the performance & recently included features.

12. Company details

Tel: +32 800 88 008



UDI: +G166MOVEUP230MDR0P



(01) G166MOVEUP230MDR0P

(10) +\$7230MDR

(11) /16D2026030

(21) P-

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If you have any questions about the App or the tablet, you can contact moveUP via the following channels
- in order of priority: Via the message system of the App. Via email to support@moveup.care - Via phone during office hours: +32 800 88 008

moveUP guarantees delivery of the eIFU within seven (7) days upon request. Please contact info@moveUP.care if you want to obtain a free copy.



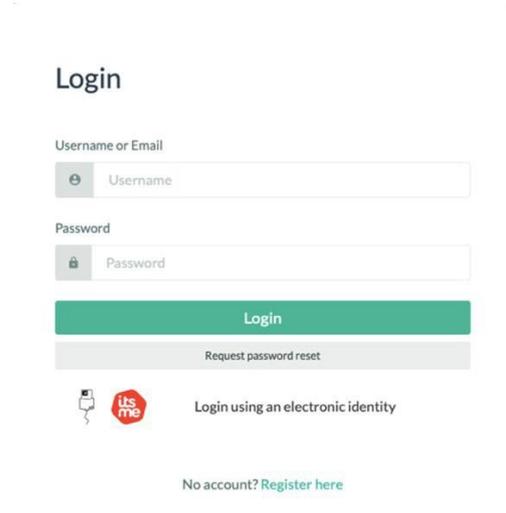
2. Patient app

Please read the user manual for patients on www.moveup.care/appinfo to view the functionalities of the patient app.

3. Medical module

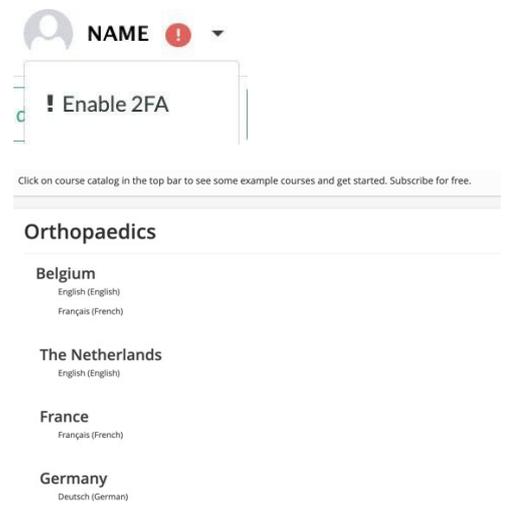
1. Healthcare platform account creation

Step 1: The HCP registers on the healthcare platform on <https://v1.medical.moveup.care/>



Step 2: moveUP will contact the HCP to add his/her profile to the correct organization.

Step 3: Security measures: It is important to enable 2FA as you have access to sensitive health data.



E-learning: For HCPs who will provide care through the use of the healthcare platform it is recommended to follow the e-learning courses for the indications listed on <https://moveup.talentlms.com>. We ask the HCPs to register for the e-learning course in their applicable language.



2. Onboarding of patients

Onboarding is the process of registering a new patient in the healthcare platform.

A crucial part is adding a care plan to the patient's profile. A care plan determines what will be visible for the patient in the application, e.g.: type of exercises, information modules, message functionality, etc. A care plan usually consists out of an intervention, a treatment and (a) care team(s).

The onboarding dashboard is easy retrievable in the health care platform in the upper left corner when clicking 'Onboarding'. It is also accessible through <https://patient-onboarding-admin-moveup.care> using the HCP credentials of the health care platform.

Click on 'new patient' to onboard a new patient and fill out the patient information.

After the patient information is filled out, press 'Save'.

Important note: Only one account can be coupled to an e-mail address. It is not possible to reuse an e-mail address that is already known within our database, e.g.: reusing the same e-mail address for the account of a partner or parent.

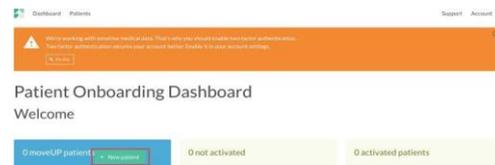
Next up, the care plan needs to be selected: press 'Start new care plan'. Drag and drop an intervention and treatment to the care plan and fill out the dates, name of the treating doctor and care team.

Drag and drop a study if applicable. Click Save.

A mail template is shown. The HCP reviews the e-mail variables and clicks on 'send selected mails'.

An invitation mail will be sent to the patient with all the needed information to install and activate the application.

Patients Onboarding



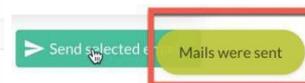
New patient

Patient's care plans



Email variables

```
{{ firstname }}
{{ lastname }}
{{ code }}
{{ registrationlink }}
{{ organizationName }}
{{ surgeonName }}
{{ hosp_spec_par_start_HL }}
{{ organizationName }}
{{ bodyStructure }}
```





3. Healthcare platform general functions

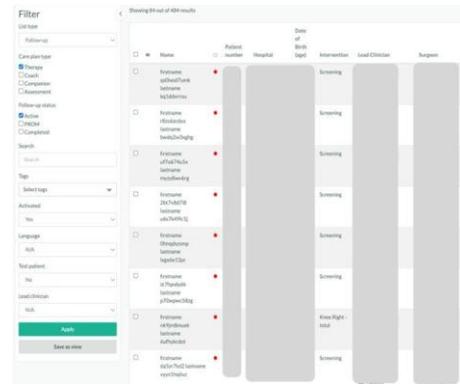
Below the HCP can retrieve all functions of the healthcare platform. The applicable functions will be shown based on the HCPs subscription. The extent of the available patient information is based on the patients subscription & his/her compliancy rate.

3.1. Patient overview

Patient overview

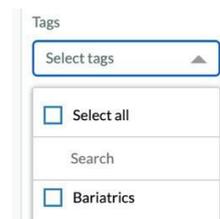
The health care platform gives a clear overview of the HCPs patients.

In the top bar the relevant categories are shown that identify the patient and show relevant health parameters, unread messages, the lead clinician and patient compliance. By default, when opening the healthcare platform, the patient overview is sorted based on intervention date



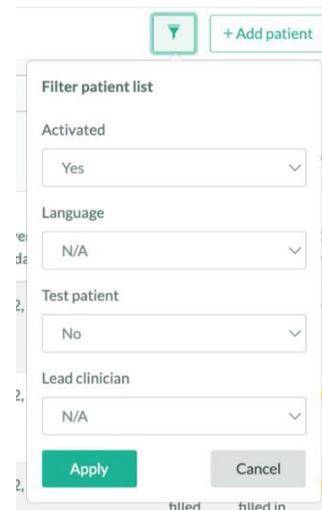
Tags

Select patients related to a specific pathology by using tags.



Filters

Select patients based on language, test patient, lead clinician or being activated or not. Activated can mean 2 things: either the patient registered him/herself with a code through the app or he has been marked as immediately activated in onboarding. Non activated: patients who haven't registered themselves through the app yet and haven't been marked as immediately activated.



Color codes

Color codes indicate which patients need closer attention.

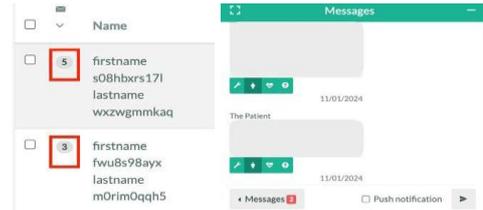
Pain	Feeling ^	Pain v	Feeling
1.3	1	8.7	2
1.6	1.4	8.5	7.7
3	1.9	8.2	4.1

VS



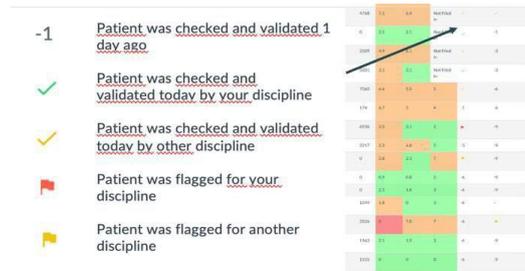
Messaging

The number of unread messages are displayed in the overview



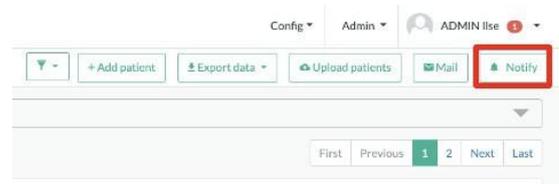
Review / Flags

With the use of review flags it is known when the patient was checked or who needs to check the patient. See more info in Patient details – Review / Flags.



Notifications

Notifications can be sent directly to the patient's device home screen.



User management

Only limited HCPs of an organization have the permission to add users. In case a HCP has this permission, they can add users by clicking the 'New' button, fill out the credentials, select

the applicable role and press 'Register'. A mail will be sent to the newly created user to follow the account creation steps, see above.

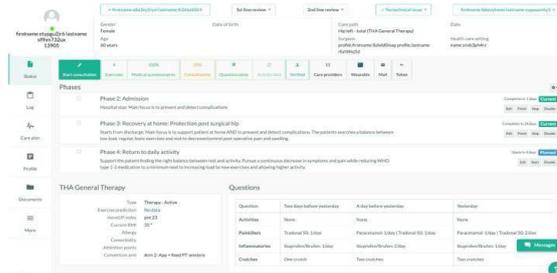




3.2. Patient details

Overview

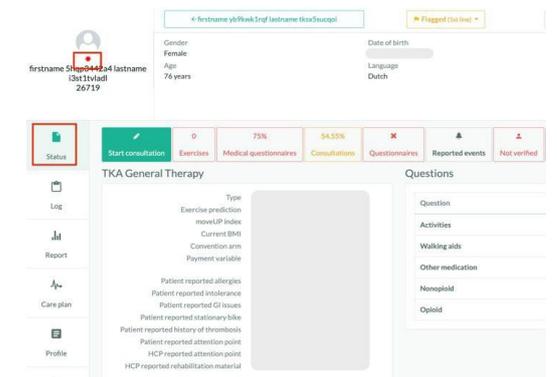
In the patient details overview all relevant (health) information of the individual patient can be retrieved. With the use of the previous and next patient buttons the HCP can easily switch to another patient. In the left side bar, the HCP can navigate between status, log, care plan, profile, documents and more.



Status

The reported healthcare data are retrievable in the 'Status' section. From there it is possible to navigate to the recurring and medical questionnaire results, exercises and many more.

A GREEN, YELLOW or RED status dot shows how compliant the patient is to the care plan, for example filling out all the suggested recurring and medical questionnaires and performing the suggested exercises will result in a GREEN status dot.



- Compliance OK for today or yesterday
- Non compliant > 2 days
- Non compliant > 7 days

Medical questionnaires

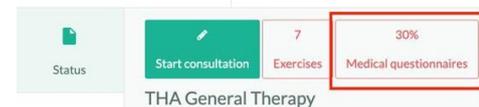
Via the 'medical questionnaire' button it is shown:

Which medical questionnaires are active for a patient.

How many of these are completed or not.

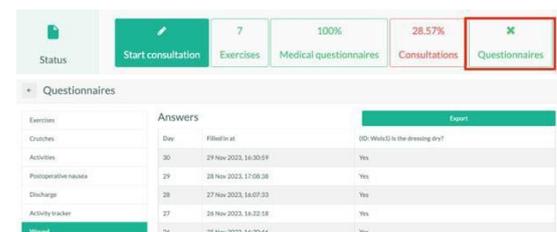
What the reported results are on the individual questions within the medical questionnaire.

What the sub scores and total scores are to be able to see a quick indication on how the patient is progressing.



Recurring questionnaires

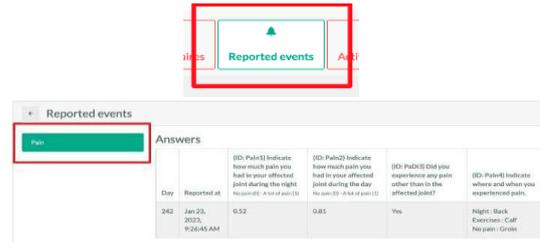
With this patient reported answers it is possible to follow the progress of important health parameters frequently





Reported events

The reported events are categorized per event. For each reported event you can view: (1) The date when the event was reported (+day in care plan) (2) The answers to all questions asked to the patient.



Review / Flags

1st line review is for the HCP that is not the lead clinician (e.g. physical therapist), 2nd line review is for the lead clinician (e.g. surgeon)



Click validate when a patient has been monitored. Monitoring can mean:

- Questions answered – Advice given
- Adjusted or checked exercises
- Adjusted or checked step goal
- Checked daily parameters: pain, swelling, activity....
- Checked postoperative protocol: use of crutches/walker, medication....



Same principle for 2nd line review.

Flag someone from first line

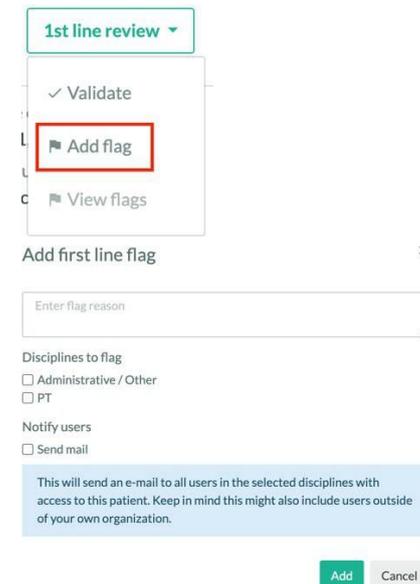
Patient needs to be checked by someone from first line (e.g. a physical therapist)

Give a reason for flag

Select the discipline to flag

Optional: add an e-mail notification to flag. Flagged discipline will receive an email about the flag.

A flag will add a new line in the patient log with the reason for flagging (see further).



Flag someone from second line

- Patient needs to be checked by someone from second line (e.g. a surgeon)
- Give a reason to flag.
- Select the discipline to flag.

Optional: add an e-mail notification to flag. The flagged discipline will receive an email about that flag.





Add second line flag ✕

Enter flag reason

Disciplines to flag

PT 2nd line

Surgeon

Notify users

Send mail

This will send an e-mail to all users in the selected disciplines with access to this patient. Keep in mind this might also include users outside of your own organization.

Add
Cancel

Report a technical issue.

✓ No technical issue
▼

✓ No technical issue

🚩 Technical issue

🔍 Under investigation

Log

Flags and technical updates automatically appear in the log of the patient.

In case of flagging:

- GREEN : solved flag
- RED : Unsolved flag for discipline of logged in user (e.g. PT)
- YELLOW : Unsolved flag for other discipline than logged in user (e.g. Surgeon)

Other important information can be added to the log manually. The applicable tags are added to the log in view of easy log searches

Patient log

Care plan: ALL | Type: MEDICAL

Showing 1 out of 2 total log messages.

Date	Type	Log	User
16/01/2024, 14:43	MEDICAL	This patient has an inflammation	

Patient log

Care plan: ALL | Type: MEDICAL

Showing 2 out of 424 total log messages.

Date	Type	Log
25/09/2023, 02:11	FLAG (red line)	TRIGGER: The patient provided an improvement suggestion in medical score: Satisfaction @ 1 week
16/04/2023, 14:26	FLAG (red line)	TRIGGER: The patient contacted for issue of app index

Report

This report is used to visualize the main milestones and medical questionnaires of the patient, as well as the progression of the patient.

Stream open

Patient's report - 17/03/2022

📄 Surgery information

Region: CH44 - Hout

Specialist: CH44 - Surgeon

Specialist (Phone): 045 24 24 24

Specialist (Email): A.J. de Vries

Specialist (Address): P.O. Box 1234

👤 Personal information

Patient number: 12345

Age: 37

Gender: Female

Report date: 17/03/2022

📊 Patient-reported outcomes

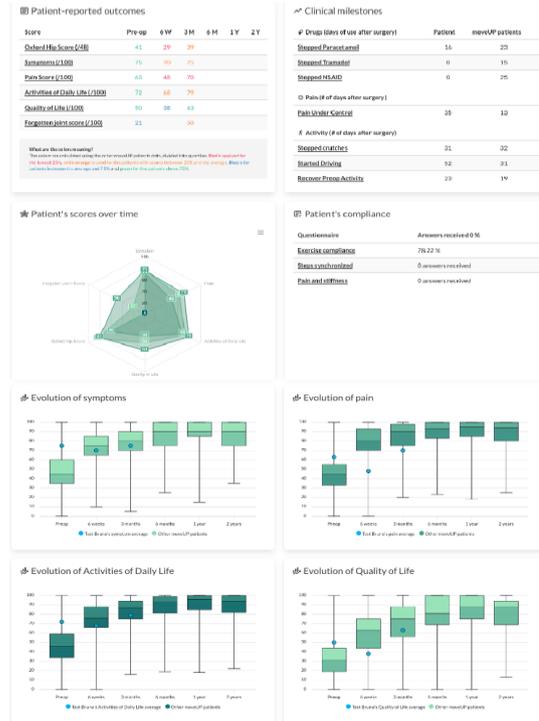
Score	Per op	1W	3M	6M	1Y	2Y
Satisfaction (CSQ)	10	10	10	10	10	10
Health-related QOL	10	10	10	10	10	10
Health-related QOL (CSQ)	10	10	10	10	10	10
Health-related QOL (CSQ)	10	10	10	10	10	10
Health-related QOL (CSQ)	10	10	10	10	10	10

📈 Clinical milestones

#	Step	of steps after surgery	Return	medical pathway
1	Step 1	1	10	10
2	Step 2	2	10	10
3	Step 3	3	10	10
4	Step 4	4	10	10
5	Step 5	5	10	10



The report can be downloaded in pdf form by clicking the 'Download report' button. This way the HCP can send the report to the patient. It's also possible to share the link directly to the report, using the button 'Copy report link'.



Profile

The HCP can view, edit or add all relevant basic, clinical, administrative or care plan specific data in the patient profile

Basic information

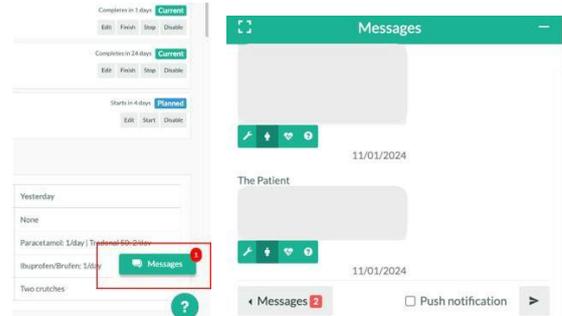
National health insurance
Corona information
Bariatrics information

Basic information

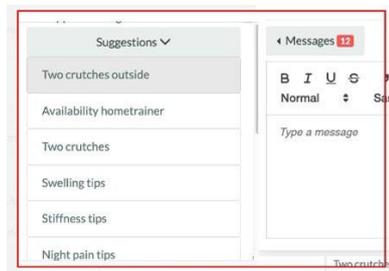
First Name *
firstname zn2toao9srk
Surname *
lastname ix0nrvk25fh

Messaging

The message popup (which can be enlarged) is closed by default and the number of new messages is visible in the floating button. This functionality is used to give advice to patients and answer their questions. It can also be used to ask for pictures, for example to follow-up on wound healing, swelling, redness etc...



When clicking 'messages', a set of prescribed personal messages is shown wherefrom the HCP can select an applicable message for that particular patient.



Click on the "1st line symbol" to mark the question as read.





Messages that are submitted by a HCP can be edited or removed. When hovering over a message, a button to edit or delete the message will become visible.



Documents

Documents can be uploaded in the 'Documents' section. Chat images and video recordings are automatically collected in this section in view of easy access to these materials.

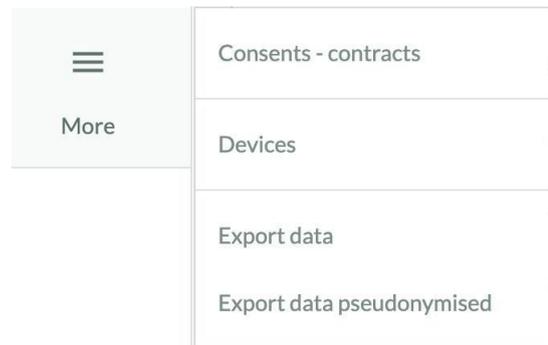


More

See which documents / contracts the patient has signed.

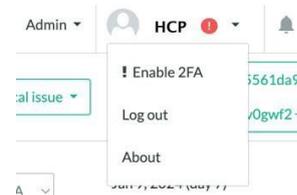
See on which device the patient is using the application and when the application was first and last seen.

Export data is only possible for limited HCPs due to security reasons and to protect data integrity.



3.3. Log out

In the upper right corner the HCP can log out. Know that the automatic log out time is 14 days, therefore it is recommended to log out more frequently to avoid unauthorized access.



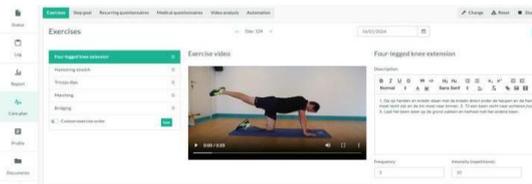
3.4. Support

Reach out via support@moveup.care for questions or use the '?' button on the platform.



3.5. Care plan management

In care plan management it is possible to navigate between multiple functions that are applicable to the indication of the patient, such as exercises, step goal, recurring questionnaires, video analysis, automation, etc... For more information see further.





4. Healthcare platform care plan functions

4.1. Exercise management

The exercise management module includes the following possibilities of adaptation:

- Adapt description, frequency, and intensity of the exercises of the day.
- Adapt the daily message.
- Adapt the exercise scheme:
 - Blue check marks indicate active exercises, accompanied with frequency and intensity of these active exercises.
 - Schedule exercises over a longer period of time.

Extend the standard exercise scheme with a set of exercises that are not part of the exercises defined in the care plan

The screenshot shows the 'Exercises' management interface. On the left, there's a 'Customize' panel with a list of exercises like 'Glutes contraction', 'Iliopsoas Hip', and 'Soleus leg'. The main area features an 'Exercise video' player showing a person performing a leg exercise. To the right, the 'Circulation' section includes a description, a 'Repeat question' (30 or 40 or 50 or 60 or 70 or 80 or 90 or 100 or 110 or 120 or 130 or 140 or 150 or 160 or 170 or 180 or 190 or 200 or 210 or 220 or 230 or 240 or 250 or 260 or 270 or 280 or 290 or 300 or 310 or 320 or 330 or 340 or 350 or 360 or 370 or 380 or 390 or 400 or 410 or 420 or 430 or 440 or 450 or 460 or 470 or 480 or 490 or 500 or 510 or 520 or 530 or 540 or 550 or 560 or 570 or 580 or 590 or 600 or 610 or 620 or 630 or 640 or 650 or 660 or 670 or 680 or 690 or 700 or 710 or 720 or 730 or 740 or 750 or 760 or 770 or 780 or 790 or 800 or 810 or 820 or 830 or 840 or 850 or 860 or 870 or 880 or 890 or 900 or 910 or 920 or 930 or 940 or 950 or 960 or 970 or 980 or 990 or 1000 or 1010 or 1020 or 1030 or 1040 or 1050 or 1060 or 1070 or 1080 or 1090 or 1100 or 1110 or 1120 or 1130 or 1140 or 1150 or 1160 or 1170 or 1180 or 1190 or 1200 or 1210 or 1220 or 1230 or 1240 or 1250 or 1260 or 1270 or 1280 or 1290 or 1300 or 1310 or 1320 or 1330 or 1340 or 1350 or 1360 or 1370 or 1380 or 1390 or 1400 or 1410 or 1420 or 1430 or 1440 or 1450 or 1460 or 1470 or 1480 or 1490 or 1500 or 1510 or 1520 or 1530 or 1540 or 1550 or 1560 or 1570 or 1580 or 1590 or 1600 or 1610 or 1620 or 1630 or 1640 or 1650 or 1660 or 1670 or 1680 or 1690 or 1700 or 1710 or 1720 or 1730 or 1740 or 1750 or 1760 or 1770 or 1780 or 1790 or 1800 or 1810 or 1820 or 1830 or 1840 or 1850 or 1860 or 1870 or 1880 or 1890 or 1900 or 1910 or 1920 or 1930 or 1940 or 1950 or 1960 or 1970 or 1980 or 1990 or 2000 or 2010 or 2020 or 2030 or 2040 or 2050 or 2060 or 2070 or 2080 or 2090 or 2100 or 2110 or 2120 or 2130 or 2140 or 2150 or 2160 or 2170 or 2180 or 2190 or 2200 or 2210 or 2220 or 2230 or 2240 or 2250 or 2260 or 2270 or 2280 or 2290 or 2300 or 2310 or 2320 or 2330 or 2340 or 2350 or 2360 or 2370 or 2380 or 2390 or 2400 or 2410 or 2420 or 2430 or 2440 or 2450 or 2460 or 2470 or 2480 or 2490 or 2500 or 2510 or 2520 or 2530 or 2540 or 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7550 or 7560 or 7570 or 7580 or 7590 or 7600 or 7610 or 7620 or 7630 or 7640 or 7650 or 7660 or 7670 or 7680 or 7690 or 7700 or 7710 or 7720 or 7730 or 7740 or 7750 or 7760 or 7770 or 7780 or 7790 or 7800 or 7810 or 7820 or 7830 or 7840 or 7850 or 7860 or 7870 or 7880 or 7890 or 7900 or 7910 or 7920 or 7930 or 7940 or 7950 or 7960 or 7970 or 7980 or 7990 or 8000 or 8010 or 8020 or 8030 or 8040 or 8050 or 8060 or 8070 or 8080 or 8090 or 8100 or 8110 or 8120 or 8130 or 8140 or 8150 or 8160 or 8170 or 8180 or 8190 or 8200 or 8210 or 8220 or 8230 or 8240 or 8250 or 8260 or 8270 or 8280 or 8290 or 8300 or 8310 or 8320 or 8330 or 8340 or 8350 or 8360 or 8370 or 8380 or 8390 or 8400 or 8410 or 8420 or 8430 or 8440 or 8450 or 8460 or 8470 or 8480 or 8490 or 8500 or 8510 or 8520 or 8530 or 8540 or 8550 or 8560 or 8570 or 8580 or 8590 or 8600 or 8610 or 8620 or 8630 or 8640 or 8650 or 8660 or 8670 or 8680 or 8690 or 8700 or 8710 or 8720 or 8730 or 8740 or 8750 or 8760 or 8770 or 8780 or 8790 or 8800 or 8810 or 8820 or 8830 or 8840 or 8850 or 8860 or 8870 or 8880 or 8890 or 8900 or 8910 or 8920 or 8930 or 8940 or 8950 or 8960 or 8970 or 8980 or 8990 or 9000 or 9010 or 9020 or 9030 or 9040 or 9050 or 9060 or 9070 or 9080 or 9090 or 9100 or 9110 or 9120 or 9130 or 9140 or 9150 or 9160 or 9170 or 9180 or 9190 or 9200 or 9210 or 9220 or 9230 or 9240 or 9250 or 9260 or 9270 or 9280 or 9290 or 9300 or 9310 or 9320 or 9330 or 9340 or 9350 or 9360 or 9370 or 9380 or 9390 or 9400 or 9410 or 9420 or 9430 or 9440 or 9450 or 9460 or 9470 or 9480 or 9490 or 9500 or 9510 or 9520 or 9530 or 9540 or 9550 or 9560 or 9570 or 9580 or 9590 or 9600 or 9610 or 9620 or 9630 or 9640 or 9650 or 9660 or 9670 or 9680 or 9690 or 9700 or 9710 or 9720 or 9730 or 9740 or 9750 or 9760 or 9770 or 9780 or 9790 or 9800 or 9810 or 9820 or 9830 or 9840 or 9850 or 9860 or 9870 or 9880 or 9890 or 9900 or 9910 or 9920 or 9930 or 9940 or 9950 or 9960 or 9970 or 9980 or 9990 or 10000. Below the description, there are fields for 'Frequency' (set to 3) and 'Intensity (repetitions)' (set to 10).

The screenshot shows the 'Manage patient scheme' interface. It features a grid of exercises with their frequency and intensity settings. The exercises are: Iliopsoas Hip, Circulation, Heel raises, and Glutes contraction. The grid shows the following settings:

Exercise	Frequency	Intensity (repetitions)
Iliopsoas Hip	6x 20 minutes	3x 15 repetitions
Circulation	6x 3 minutes	3x 10 repetitions
Heel raises	6x 3 minutes	3x 10 repetitions
Glutes contraction	6x 3 minutes	3x 10 repetitions

The screenshot shows the 'Plan exercise' dialog box for 'Glutes contraction' on Day 5. The settings are:

- Start day / End day: 5 / 5
- Repeat: Daily
- Intensity start (repetitions): 10
- Intensity target (repetitions): 10
- Frequency start: 3
- Frequency target: 3

4.2. Recurring questionnaire

Recurring questionnaires can be removed, reordered or a new recurring questionnaire can be added. The default list of recurring questionnaires, including their start day, end day, frequency and reminders is predetermined in the care plan.

The screenshot shows the 'Recurring questionnaires' interface. It features a list of questionnaires with their start day, end day, frequency, and reminders. The questionnaires are: Discharge, Postoperative status, Activities, and Exercises. The dialog box to add a new questionnaire is open, showing the following settings:

- Questionnaire: (empty)
- Start date: (empty)
- End date: (empty)
- Frequency: Daily
- Activation hour: 16
- Activation minutes: 0



4.3. Medical questionnaire

Medical questionnaires can also be removed or added to the default scheme. The default list of medical questionnaires, including their start and end day is predetermined in the care plan.

Name	Start day	End day
HIP PROM collection month 6	170	250
HIP PROM collection Year 1	340	500
Discharge Questionnaire HIP	0	15

4.4. Video analysis

With the use of video requests, it is possible to gain more objective information, for example about the gait analysis or range of motion of an operated joint. The default list of video requests is predetermined in the care plan. A video request can be added directly by using the 'Add request' button or a video request can be scheduled for a longer period of time by using the 'Add' button and by adding a start and end day to put the video request active.

Name	Start day	End day
Gait analysis	-7	-1
Gait analysis	21	30
Gait analysis	-40	45

4.5. Goal manager

The HCP can enable and disable a behavioral change tool which enables patients to set their personal goal, define barriers and solutions in order to reach a healthy lifestyle. The HCP can see the progress on the patient's goals that are defined by the patient.

Activities [Select all]

- Jogging In the park
- Exercises (fitness, agility, etc.) at work In de polyvalente zaal
- Running In the forest

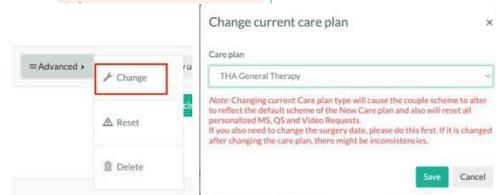
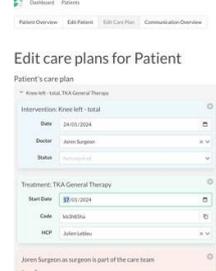
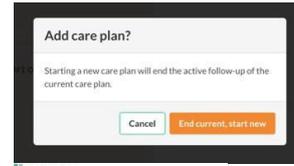
Jogging In the park

- Selected month: 8/20
 - Activities done: 8/20
 - Hours recorded: 13h10m
 - Success rate: 53%
- Selected week: 2/5
 - Activities done: 2/5
 - Hours recorded: 4h10m
 - Success rate: 100%
- Planned: Mon, Tue, Wed, Thu, Fri
- Patient's notifications: The day before at 11:39, The day it self at 11:40
- See barriers and solutions
- See report logs
- Start date of this activity: 02-10-23



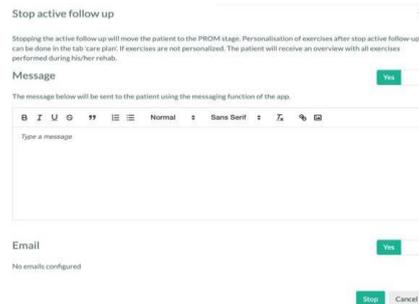
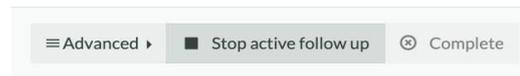
4.6. Change of care plan

The care plan can be adapted based on the patient's interventions, needs and wishes. This can be done via the onboarding tool or via the healthcare platform via the button 'Advanced'. Instructions how to change a care plan are clearly indicated within the tools.

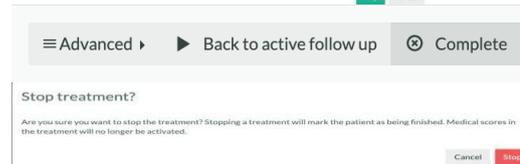


4.7. Stop active follow up

When the active follow-up is finished (what falls under active follow-up is predetermined in the care plan), press 'Stop active follow-up'. This will redirect the patient to a passive long term follow-up if applicable (also predetermined in the care plan if long term follow-up is needed).



When no actions are required anymore from the HCP or the patient, the patient can be redirected to the 'Completed' status.





4. WELLNESS MODULE

The wellness module is an optional non-medical device module and therefore the data shown is not intended to be used for clinical decision making.

This data gives an overview of the general wellbeing of the patient.

The wellness module by default is blurred and needs to be activated to check the patient's wellness data.

1. WELLNESS MODULE ACTIVATION

To activate the wellness module you need to enter your profile settings and activate the option:

Enable wellness data

Upon activation, a mandatory acknowledgment pop-up is displayed. It informs you that the data from the Wellness Module must not be used to support clinical decision-making.

The screenshot shows a user profile form for 'Laurens Baes'. The 'Wellness module' checkbox is checked, and the 'Data wellness module' checkbox is also checked. The form includes fields for name, email, phone number, and other personal information.

Once acknowledged, you gain access to the wellness data. This activation allows you to view the wellness data and export the wellness reports.

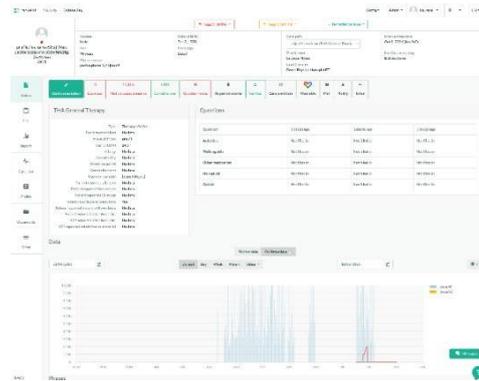
The screenshot shows a 'Platform notice' dialog box titled 'Wellness module terms of use'. The text explains that the wellness module provides additional data about general wellbeing and activity levels, but this data is not intended for clinical decision-making. It also provides information on how to recognize wellness data and how to enable/disable the module. At the bottom, there is an 'I agree' checkbox and 'Sign' and 'Cancel' buttons.



2. WELLNESS MODULE OVERVIEW

Wellness module overview

In this tab you'll be able to see the step data from the patient and see their evolution.



Wellness report

You can see the wellness reports when needed.

