



facilities of the Fort Defiance Indian Hospital Board, Inc.

TSÉHOOTSOOÍ NIHIDINE'É BÁ NAHATA'DZIIL
Medical Center Wellness Center Health Center
Health. Wellness. Tradition.

WELLNESS & FITNESS DEPARTMENT - REQUEST FOR SERVICES

Thank you for your interest in the Wellness & Fitness Departmental services. To begin the request for services process, submit the completed form to Nihi Dine'é Bá Wellness Center front desk or email to Naudaya.Clyde@fdihb.org. All requests must be submitted at least 4 weeks in advance prior to event. If you have any questions, please do not hesitate to contact us.

TODAY'S DATE:

NAME OF ORGANIZATION:

CONTACT PERSON:

PHONE NUMBER:

DATE OF EVENT:

TIME OF EVENT:

LOCATION OF EVENT:

EXPECTED NUMBER OF PARTICIPANTS:

TARGET AUDIENCE:

REQUESTED STAFF MEMBER:

SERVICES REQUESTED:

☐ Group Fitness Class ☐ Fitness/Exercise Education ☐ Interactive Booth ☐ Training/In-service

☐ Team Building Activity ☐ Other:

TOPICS OF INTEREST: (Please provide at least 2 specific topics you would like presented)

- 1.
- 2.

Does the event location have any of the following?

☐ Electrical Outlets ☐ Computer Projector ☐ Projector Screen ☐ Tables & Chairs ☐ Dry Erase Board

Special Instructions/Comments:

Office Use Only: ☐ Approved ☐ Denied

Date Received:

Staff assigned:

Comments: