



**UPCOMING TRAININGS** 

Health Promotion/Disease Prevention

The variety of trainings will empower and encourage participants to recognize these signs and provide life-saving support. Trainings will promote the tier levels of Suicide Prevention competency and awareness for alert helpers/first aiders. Anyone, regardless of background or experience, can learn these skills to keep a person with thoughts of suicide and/or mental health crisis safe.

#### safeTALK

**September 10th** | 8:30 AM - 12:00 PM

**ASIST** (Applied Suicide Intervention Skills Training)

October 2nd & 3rd | 8:30 AM - 5:00 PM

**QPR** (Question, Persuade, Refer)

**November 12th** | 8:30 AM - 10:00 AM

#### safeTALK

**December 10th** | 8:30 AM - 12:00 PM

## WHO MAY ATTEND WORKSHOP

- Teachers/School Staff
- Healthcare Providers
- Law Enforcement
- Community Members
- Coaches/Parents

# FOR INFORMATION AND REGISTRATION CONTACT:

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## REGISTRATION REQUIRED SCAN HERE



LINK:
HTTPS://SHORTURL.AT/AEQ45



### TRAINING LOCATION

Nihi Dine'é Bá Wellness Center - Fort Defiance, AZ